

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Girls 100 Meter Dash

6 Advance: Top 1 Each Heat plus Next 3 Best Times

| Section X: | | 11.90 | R | 1984 | Tracy Darmstadt, Potsdam | | | | |
|----------------------|------|-------------------|------|---------------------------|--------------------------|-------|---|--|---|
| Name | Yr | School | Seed | Prelims | H# | | | | |
| Preliminaries | | | | | | | | | |
| 1 | #413 | Manson, Makenna | 11 | Salmon River | 12.08 | 12.72 | Q | | 2 |
| 2 | #87 | Lilloock, Ava | 10 | Franklin Academy | 12.70 | 13.01 | Q | | 1 |
| 3 | #32 | White, Olivia | 9 | Canton Central School | 13.20 | 13.26 | Q | | 3 |
| 4 | #367 | McKnight, Jasmine | 9 | Potsdam Sandstoners | 13.63 | 13.04 | q | | 1 |
| 5 | #473 | Cupps, Meadow | | Norwood-Norfolk Girls | 13.60 | 13.53 | q | | 2 |
| 6 | #356 | El Labban, Sarah | 9 | Potsdam Sandstoners | 13.59 | 13.56 | q | | 2 |
| 7 | #468 | Brothers, Ayzia | | Norwood-Norfolk Girls | 13.40 | 13.65 | | | 3 |
| 8 | #474 | Daniels, Sadie | | Norwood-Norfolk Girls | 13.90 | 13.85 | | | 1 |
| 9 | #91 | Powers, JoAnne | | Franklin Academy | 13.50 | 13.88 | | | 1 |
| 10 | #295 | Curtis, Autumn | 10 | Ogdensburg Free Academy | 14.20 | 14.08 | | | 2 |
| 11 | #131 | Greenhill, Meadow | 11 | Gouverneur Central School | 13.70 | 14.31 | | | 3 |
| 12 | #138 | Smith, Emily | 10 | Gouverneur Central School | 13.80 | 14.43 | | | 3 |
| 13 | #73 | Ashlaw, Natalie | | Franklin Academy | 14.00 | 14.67 | | | 2 |
| 14 | #8 | Lawton, Lynzie | 12 | Canton Central School | 14.40 | 14.75 | | | 3 |
| 15 | #18 | Perrin, Haley | 10 | Canton Central School | 14.60 | 14.76 | | | 2 |
| 16 | #447 | Tarbox, Lacey | 8 | Tupper Lake Lumberjacks | 14.30 | 14.88 | | | 1 |
| 17 | #312 | Mix, Kadence | 11 | Ogdensburg Free Academy | 14.50 | 14.95 | | | 3 |
| 18 | #302 | Ives, Kaylee | 7 | Ogdensburg Free Academy | 14.56 | 15.23 | | | 1 |

Girls 100 Meter Dash Unseeded

| Name | Yr | School | Seed | Finals | | | | | |
|---------------|------|-------------------|------|-------------------------|-------|-------|--|--|--|
| Finals | | | | | | | | | |
| 1 | #363 | Houston, Kaitlyn | 10 | Potsdam Sandstoners | 14.67 | 14.68 | | | |
| 2 | #193 | Warriner, Ayla | 10 | Massena | 14.70 | 15.21 | | | |
| 3 | #186 | Coffin, Lily | 9 | Massena | 15.20 | 15.74 | | | |
| 4 | #435 | Flagg, Caydence | 9 | Tupper Lake Lumberjacks | 16.20 | 16.19 | | | |
| 5 | #428 | Bissonette, Emily | JR | Tupper Lake Lumberjacks | 15.90 | 16.88 | | | |

Girls 100 Meter Dash

| Section X: | | 11.90 | R | 1984 | Tracy Darmstadt, Potsdam | | | | |
|---------------|------|-------------------|---------|-----------------------|--------------------------|-------|--|--|----|
| Name | Yr | School | Prelims | Finals | Points | | | | |
| Finals | | | | | | | | | |
| 1 | #413 | Manson, Makenna | 11 | Salmon River | 12.72 | 12.76 | | | 10 |
| 2 | #87 | Lilloock, Ava | 10 | Franklin Academy | 13.01 | 12.90 | | | 8 |
| 3 | #367 | McKnight, Jasmine | 9 | Potsdam Sandstoners | 13.04 | 13.16 | | | 6 |
| 4 | #32 | White, Olivia | 9 | Canton Central School | 13.26 | 13.24 | | | 4 |
| 5 | #473 | Cupps, Meadow | | Norwood-Norfolk Girls | 13.53 | 13.55 | | | 2 |
| 6 | #356 | El Labban, Sarah | 9 | Potsdam Sandstoners | 13.56 | 13.63 | | | 1 |

Girls 200 Meter Dash

6 Advance: Top 1 Each Heat plus Next 3 Best Times

| Section X: | | 25.20 | R | 1984 | Tracy Darmstadt, Potsdam | | | | |
|----------------------|------|-------------------|------|---------------------|--------------------------|-------|---|--|---|
| Name | Yr | School | Seed | Prelims | H# | | | | |
| Preliminaries | | | | | | | | | |
| 1 | #413 | Manson, Makenna | 11 | Salmon River | 25.67 | 26.54 | Q | | 1 |
| 2 | #367 | McKnight, Jasmine | 9 | Potsdam Sandstoners | 27.84 | 27.21 | Q | | 3 |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

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Preliminaries ... (Girls 200 Meter Dash)

| Name | Yr | School | Seed | Prelims | H# |
|--------------------------|----|---------------------------|-------|---------|----|
| 3 #87 Lilloock, Ava | 10 | Franklin Academy | 26.90 | 27.53 Q | 2 |
| 4 #32 White, Olivia | 9 | Canton Central School | 27.70 | 27.22 q | 3 |
| 5 #356 El Labban, Sarah | 9 | Potsdam Sandstoners | 28.22 | 28.24 q | 1 |
| 6 #473 Cupps, Meadow | | Norwood-Norfolk Girls | 28.50 | 29.12 q | 2 |
| 7 #91 Powers, JoAnne | | Franklin Academy | 28.90 | 29.14 | 3 |
| 8 #131 Greenhill, Meadow | 11 | Gouverneur Central School | 28.46 | 29.27 | 1 |
| 9 #474 Daniels, Sadie | | Norwood-Norfolk Girls | 29.60 | 29.29 | 3 |
| 10 #295 Curtis, Autumn | 10 | Ogdensburg Free Academy | 30.17 | 29.82 | 1 |
| 11 #138 Smith, Emily | 10 | Gouverneur Central School | 29.60 | 30.51 | 2 |
| 12 #18 Perrin, Haley | 10 | Canton Central School | 30.04 | 30.53 | 1 |
| 13 #8 Lawton, Lynzie | 12 | Canton Central School | 30.60 | 30.82 | 3 |
| 14 #440 Meade, Livia | 11 | Tupper Lake Lumberjacks | 30.20 | 31.30 | 2 |
| 15 #73 Ashlaw, Natalie | | Franklin Academy | 31.20 | 32.15 | 3 |
| 16 #193 Warriner, Ayla | 10 | Massena | 32.00 | 33.14 | 2 |
| 17 #186 Coffin, Lily | 9 | Massena | 32.20 | 33.36 | 1 |
| --- #468 Brothers, Ayzia | | Norwood-Norfolk Girls | 27.90 | FS | 2 |

Girls 200 Meter Dash Unseeded

| Name | Yr | School | Seed | Finals |
|-------------------------|----|-------------------------|-------|--------|
| Finals | | | | |
| 1 #302 Ives, Kaylee | 7 | Ogdensburg Free Academy | 32.30 | 31.89 |
| 2 #312 Mix, Kadence | 11 | Ogdensburg Free Academy | 32.60 | 31.92 |
| 3 #363 Houston, Kaitlyn | 10 | Potsdam Sandstoners | 32.39 | 32.63 |

Girls 200 Meter Dash

| Section X: 25.20 R 1984 | | | | Tracy Darmstadt, Potsdam | | | |
|--------------------------|----|-----------------------|-------|--------------------------|--------|--------|--|
| Name | Yr | School | Seed | Prelims | Finals | Points | |
| Finals | | | | | | | |
| 1 #413 Manson, Makenna | 11 | Salmon River | 26.54 | 26.09 | | 10 | |
| 2 #87 Lilloock, Ava | 10 | Franklin Academy | 27.53 | 27.24 | | 8 | |
| 3 #32 White, Olivia | 9 | Canton Central School | 27.22 | 27.56 | | 6 | |
| 4 #367 McKnight, Jasmine | 9 | Potsdam Sandstoners | 27.21 | 27.57 | | 4 | |
| 5 #356 El Labban, Sarah | 9 | Potsdam Sandstoners | 28.24 | 28.38 | | 2 | |
| 6 #473 Cupps, Meadow | | Norwood-Norfolk Girls | 29.12 | 28.95 | | 1 | |

Girls 400 Meter Dash

| Section X: 57.00 R 1983 | | | | Sue Hutchins, Malone | | | |
|-------------------------|----|---------------------------|---------|----------------------|----|--------|--|
| Name | Yr | School | Seed | Finals | H# | Points | |
| Finals | | | | | | | |
| 1 #82 King, Adyson | 9 | Franklin Academy | 59.20 | 58.95 | 3 | 10 | |
| 2 #340 Betrus, Lindy | 11 | Potsdam Sandstoners | 1:01.04 | 1:01.18 | 3 | 8 | |
| 3 #26 Shipman, Stella | 11 | Canton Central School | 1:03.00 | 1:02.30 | 3 | 6 | |
| 4 #359 Grainger, Aliena | 11 | Potsdam Sandstoners | 1:05.14 | 1:02.37 | 3 | 4 | |
| 5 #468 Brothers, Ayzia | | Norwood-Norfolk Girls | 1:06.00 | 1:04.74 | 3 | 2 | |
| 6 #19 Robert, Elaina | 10 | Canton Central School | 1:07.50 | 1:06.75 | 2 | 1 | |
| 7 #11 McCarthy, Rori | 12 | Canton Central School | 1:05.26 | 1:07.31 | 3 | | |
| 8 #344 Brosell, Emma | 12 | Potsdam Sandstoners | 1:07.70 | 1:08.77 | 2 | | |
| 9 #134 Lacks, Ameillia | 9 | Gouverneur Central School | 1:07.90 | 1:10.43 | 2 | | |
| 10 #440 Meade, Livia | 11 | Tupper Lake Lumberjacks | 1:10.40 | 1:11.02 | 2 | | |
| 11 #97 Winters, Katrina | 10 | Franklin Academy | 1:11.10 | 1:11.15 | 1 | | |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Finals ... (Girls 400 Meter Dash)

| Name | Yr | School | Seed | Finals | H# | Points |
|----------------------------|----|-------------------------|---------|---------|----|--------|
| 12 #467 Ashley, Madison | | Norwood-Norfolk Girls | 1:10.00 | 1:11.49 | 2 | |
| 13 #317 Scott, Shae | 12 | Ogdensburg Free Academy | 1:13.70 | 1:12.76 | 1 | |
| 14 #95 Sosa, Lillie | | Franklin Academy | 1:10.00 | 1:13.61 | 2 | |
| 15 #483 Lafleur, Reece | | Norwood-Norfolk Girls | 1:11.50 | 1:14.01 | 1 | |
| 16 #444 Safford, Sadie | SO | Tupper Lake Lumberjacks | 1:14.80 | 1:15.10 | 1 | |
| 17 #188 Hendricks, Madyson | 10 | Massena | 1:15.10 | 1:16.39 | 1 | |

Girls 800 Meter Run Unseeded

| Name | Yr | School | Seed | Finals | H# | Points |
|-----------------------------|----|---------------------------|---------|---------|----|--------|
| Finals | | | | | | |
| 1 #187 Farmer, Makayla | 11 | Massena | 2:51.86 | 2:42.25 | | |
| 2 #2 Burnett, Haley | 9 | Canton Central School | 2:59.90 | 2:50.88 | | |
| 3 #436 Flagg, Sammy | 10 | Tupper Lake Lumberjacks | 3:04.10 | 2:53.00 | | |
| 4 #84 Lawrence, Tye | 10 | Franklin Academy | 2:57.00 | 2:56.32 | | |
| 5 #137 Shippee, Lillianna | 10 | Gouverneur Central School | 2:51.18 | 2:56.81 | | |
| 6 #97 Winters, Katrina | 10 | Franklin Academy | 2:53.20 | 2:58.78 | | |
| 7 #188 Hendricks, Madyson | 10 | Massena | 3:00.90 | 3:02.42 | | |
| 8 #183 Boyce, Hailey | 12 | Massena | 3:02.60 | 3:05.76 | | |
| 9 #410 Brill, Adrienne | 11 | Salmon River | 3:09.90 | 3:11.63 | | |
| 10 #300 Honeywell, Kendall | 9 | Ogdensburg Free Academy | 3:12.00 | 3:15.74 | | |
| 11 #294 Curtis, Annabel | 8 | Ogdensburg Free Academy | 3:10.00 | 3:16.46 | | |
| 12 #126 Blaine, Llydia | 11 | Gouverneur Central School | 3:10.00 | 3:21.66 | | |
| --- #310 McRoberts, Brianna | 11 | Ogdensburg Free Academy | | DNF | | |

Girls 800 Meter Run

| Section X: 2:14.15 R 2013 | | Gemma Delrossi, Canton | | Seed | Finals | H# | Points |
|------------------------------------|----|---------------------------|---------|---------|--------|--------|--------|
| Name | Yr | School | Seed | Finals | H# | Points | |
| Finals | | | | | | | |
| 1 #82 King, Adyson | 9 | Franklin Academy | 2:20.60 | 2:20.20 | 2 | 10 | |
| 2 #472 Colbert, Sharon | | Norwood-Norfolk Girls | 2:25.20 | 2:24.38 | 2 | 8 | |
| 3 #469 Carista, Madison | | Norwood-Norfolk Girls | 2:27.00 | 2:25.57 | 2 | 6 | |
| 4 #359 Grainger, Aliena | 11 | Potsdam Sandstoners | 2:29.66 | 2:26.73 | 2 | 4 | |
| 5 #22 Schmitt, Bennett | 9 | Canton Central School | 2:42.97 | 2:37.73 | 1 | 2 | |
| 6 #489 Snell, Allie | | Norwood-Norfolk Girls | 2:37.10 | 2:39.08 | 2 | 1 | |
| 7 #358 Garcia, Alexis | 11 | Potsdam Sandstoners | 2:48.54 | 2:39.78 | 1 | | |
| 8 #377 Steinrotter, Mary Elizabeth | 9 | Potsdam Sandstoners | 2:42.47 | 2:40.19 | 1 | | |
| 9 #13 McDonough, Grace | 12 | Canton Central School | 2:40.30 | 2:43.17 | 2 | | |
| 10 #128 Bush, Meredith | 11 | Gouverneur Central School | 2:44.50 | 2:43.39 | 1 | | |
| 11 #133 Griffith, Rikki | 12 | Gouverneur Central School | 2:45.40 | 3:01.11 | 1 | | |
| --- #163 Durant, Reese | 9 | Madrid-Waddington | 2:42.94 | DNF | 1 | | |

Girls 1500 Meter Run Frosh

| Name | Yr | School | Seed | Finals | H# | Points |
|------------------------|----|-----------------------|---------|---------|----|--------|
| Finals | | | | | | |
| 1 #163 Durant, Reese | 9 | Madrid-Waddington | | 6:04.58 | | |
| 2 #5 Frank, Lena | 8 | Canton Central School | 5:59.60 | 6:04.96 | | |
| 3 #465 Hinckley, Kiera | 9 | Potsdam Sandstoners | 6:04.44 | 6:06.01 | | |
| 4 #88 Marlow, Rhyan | 9 | Franklin Academy | 6:17.30 | 6:10.14 | | |
| 5 #365 Kelson, Alison | 9 | Potsdam Sandstoners | 6:28.24 | 6:13.34 | | |
| 6 #357 Ewy, Emily | 9 | Potsdam Sandstoners | 6:18.06 | 6:25.25 | | |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Girls 1500 Meter Run

Section X: 4:38.50 R 1988

Katie Tyler, Potsdam

| Name | Yr | School | Seed | Finals | H# | Points |
|--------------------------|----|---------------------------|---------|---------|----|--------|
| Finals | | | | | | |
| 1 #472 Colbert, Sharon | | Norwood-Norfolk Girls | 4:58.40 | 5:04.00 | 2 | 10 |
| 2 #469 Carista, Madison | | Norwood-Norfolk Girls | 5:01.00 | 5:09.00 | 2 | 8 |
| 3 #374 Shatraw, Isabella | 12 | Potsdam Sandstoners | 5:15.74 | 5:21.00 | 2 | 6 |
| 4 #489 Snell, Allie | | Norwood-Norfolk Girls | 5:15.30 | 5:22.00 | 2 | 4 |
| 5 #415 Oakes, Krissy | 12 | Salmon River | 5:20.72 | 5:24.00 | 2 | 2 |
| 6 #22 Schmitt, Bennett | 9 | Canton Central School | 5:15.90 | 5:24.10 | 2 | 1 |
| 7 #85 LeRoy, Ellie | 11 | Franklin Academy | 5:19.80 | 5:26.00 | 2 | |
| 8 #27 Stuntz, Alexis | 10 | Canton Central School | 5:35.40 | 5:27.00 | 2 | |
| 9 #187 Farmer, Makayla | 11 | Massena | 5:30.46 | 5:31.00 | 2 | |
| 10 #358 Garcia, Alexis | 11 | Potsdam Sandstoners | 5:40.24 | 5:38.72 | 1 | |
| 11 #128 Bush, Meredith | 11 | Gouverneur Central School | 5:29.33 | 5:41.00 | 2 | |
| 12 #90 Perham, Emily | | Franklin Academy | 5:49.90 | 5:45.14 | 1 | |
| 13 #30 Tupper, Johanna | 10 | Canton Central School | 5:42.70 | 5:48.29 | 1 | |
| 14 #371 Seitzer, Parker | 10 | Potsdam Sandstoners | 5:40.31 | 5:49.36 | 1 | |
| 15 #133 Griffith, Rikki | 12 | Gouverneur Central School | 5:35.92 | 5:57.55 | 1 | |
| 16 #84 Lawrence, Tye | 10 | Franklin Academy | 5:58.40 | 6:13.44 | 1 | |
| 17 #414 Oakes, Jasmine | 11 | Salmon River | 5:49.12 | 6:26.23 | 1 | |
| 18 #183 Boyce, Hailey | 12 | Massena | 6:35.10 | 6:28.16 | 1 | |
| 19 #410 Brill, Adrienne | 11 | Salmon River | 6:25.40 | 6:55.81 | 1 | |

Girls 3000 Meter Run

Section X: 10:00.21 R 2013

Laura Pierce, Canton

| Name | Yr | School | Seed | Finals | Points |
|--------------------------|----|-----------------------|----------|----------|--------|
| Finals | | | | | |
| 1 #472 Colbert, Sharon | | Norwood-Norfolk Girls | 10:54.30 | 11:38.78 | 10 |
| 2 #22 Schmitt, Bennett | 9 | Canton Central School | 11:28.30 | 11:49.31 | 8 |
| 3 #489 Snell, Allie | | Norwood-Norfolk Girls | 12:13.00 | 12:19.54 | 6 |
| 4 #27 Stuntz, Alexis | 10 | Canton Central School | 12:24.40 | 12:23.83 | 4 |
| 5 #378 Williams, Sadie | 11 | Potsdam Sandstoners | 12:07.14 | 12:24.54 | 2 |
| 6 #90 Perham, Emily | | Franklin Academy | 12:42.30 | 12:43.73 | 1 |
| 7 #480 Gates, Brielle | | Norwood-Norfolk Girls | 12:22.00 | 12:52.13 | |
| 8 #30 Tupper, Johanna | 10 | Canton Central School | 12:23.80 | 13:30.12 | |
| 9 #88 Marlow, Rhyan | 9 | Franklin Academy | 13:16.00 | 13:42.87 | |
| 10 #348 Clark, Meridyth | 10 | Potsdam Sandstoners | 12:52.14 | 13:52.14 | |
| 11 #414 Oakes, Jasmine | 11 | Salmon River | 12:28.91 | 14:15.95 | |
| --- #353 Dean, Millicent | 10 | Potsdam Sandstoners | 12:57.24 | DNF | |

Girls 100 Meter Hurdles

Section X: 14.70 R 1984

Noreen Chamberlin, Gouverneur

| Name | Yr | School | Seed | Finals | H# | Points |
|----------------------------|----|-----------------------|-------|--------|----|--------|
| Finals | | | | | | |
| 1 #26 Shipman, Stella | 11 | Canton Central School | 16.90 | 17.05 | 3 | 10 |
| 2 #160 Armstrong, Maddison | 12 | Madrid-Waddington | 17.60 | 17.68 | 3 | 8 |
| 3 #484 Masuk, Autumn | | Norwood-Norfolk Girls | 17.50 | 17.92 | 3 | 6 |
| 4 #166 Marcellus, Hailey | 11 | Madrid-Waddington | 17.20 | 18.40 | 3 | 4 |
| 5 #1 Backus, Kailin | 9 | Canton Central School | 18.60 | 18.52 | 2 | 2 |
| 6 #370 Rutledge, Jaedyn | 12 | Potsdam Sandstoners | 18.60 | 18.61 | 2 | 1 |

Section X Championships - 5/31/2023 to 6/2/2023**Tupper Lake Central Schools****Results****Finals ... (Girls 100 Meter Hurdles)**

| Name | Yr | School | Seed | Finals | H# | Points |
|---------------------------|----|---------------------------|-------|--------|----|--------|
| 7 #490 Tebo, Kylie | | Norwood-Norfolk Girls | 18.00 | 19.19 | 3 | |
| 8 #164 Grandy, Phebe | 8 | Madrid-Waddington | 18.50 | 19.43 | 3 | |
| 9 #81 Funk, Darci | | Franklin Academy | 18.80 | 19.82 | 2 | |
| 10 #304 LaBella, Mia | 11 | Ogdensburg Free Academy | 19.60 | 19.88 | 2 | |
| 11 #125 Billings, Sierra | 11 | Gouverneur Central School | 19.90 | 20.19 | 2 | |
| 12 #480 Gates, Brielle | | Norwood-Norfolk Girls | 19.90 | 20.49 | 1 | |
| 13 #74 Benardot, Cora | | Franklin Academy | 19.90 | 20.75 | 2 | |
| 14 #293 Bouchey, Ellah | 8 | Ogdensburg Free Academy | 21.10 | 20.84 | 1 | |
| 15 #135 Nagy, Gabrielle | 9 | Gouverneur Central School | 21.00 | 21.83 | 1 | |
| 16 #17 Perretta, Isabella | 9 | Canton Central School | 21.39 | 22.11 | 1 | |
| 17 #299 Harper, Chloe | 7 | Ogdensburg Free Academy | 21.70 | 22.26 | 1 | |
| --- #96 Wells, Taylor | 11 | Franklin Academy | 20.30 | DQ | 1 | |

Girls 400 Meter Hurdles

Section X: 1:03.56 R 2011

Kayle Kenyon, Tupper Lake

| Name | Yr | School | Seed | Finals | H# | Points |
|--------------------------|----|---------------------------|---------|---------|----|--------|
| Finals | | | | | | |
| 1 #26 Shipman, Stella | 11 | Canton Central School | 1:07.89 | 1:08.90 | 3 | 10 |
| 2 #374 Shatraw, Isabella | 12 | Potsdam Sandstoners | 1:09.74 | 1:09.95 | 3 | 8 |
| 3 #1 Backus, Kailin | 9 | Canton Central School | 1:11.40 | 1:11.34 | 3 | 6 |
| 4 #370 Rutledge, Jaedyn | 12 | Potsdam Sandstoners | 1:12.78 | 1:12.16 | 3 | 4 |
| 5 #482 Hewey, Rachel | | Norwood-Norfolk Girls | 1:11.50 | 1:12.91 | 3 | 2 |
| 6 #437 Fritts, Raegan | 11 | Tupper Lake Lumberjacks | 1:13.30 | 1:13.90 | 3 | 1 |
| 7 #132 Griffith, Randi | 12 | Gouverneur Central School | 1:15.30 | 1:15.97 | 2 | |
| 8 #480 Gates, Brielle | | Norwood-Norfolk Girls | 1:18.20 | 1:17.21 | 2 | |
| 9 #348 Clark, Meridyth | 10 | Potsdam Sandstoners | 1:20.54 | 1:18.19 | 2 | |
| 10 #164 Grandy, Phebe | 8 | Madrid-Waddington | 1:20.20 | 1:18.58 | 2 | |
| 11 #490 Tebo, Kylie | | Norwood-Norfolk Girls | 1:18.30 | 1:19.46 | 2 | |
| 12 #74 Benardot, Cora | | Franklin Academy | 1:22.10 | 1:20.13 | 2 | |
| 13 #293 Bouchey, Ellah | 8 | Ogdensburg Free Academy | 1:25.30 | 1:22.99 | 1 | |
| 14 #96 Wells, Taylor | 11 | Franklin Academy | 1:23.30 | 1:23.36 | 1 | |
| 15 #81 Funk, Darci | | Franklin Academy | 1:23.00 | 1:25.21 | 1 | |
| 16 #190 Lannis, Molly | 11 | Massena | 1:30.50 | 1:29.44 | 1 | |

Girls 2000 Meter Steeplechase

Section X: 7:06.15 R 2007

Wendy Pavlus, Tupper Lake

| Name | Yr | School | Seed | Finals | Points |
|------------------------|----|---------------------------|---------|---------|--------|
| Finals | | | | | |
| 1 #85 LeRoy, Ellie | 11 | Franklin Academy | 8:20.60 | 8:02.70 | 10 |
| 2 #415 Oakes, Krissy | 12 | Salmon River | 8:17.19 | 8:09.00 | 8 |
| 3 #27 Stuntz, Alexis | 10 | Canton Central School | 8:20.10 | 8:20.40 | 6 |
| 4 #482 Hewey, Rachel | | Norwood-Norfolk Girls | 8:04.00 | 8:22.90 | 4 |
| 5 #132 Griffith, Randi | 12 | Gouverneur Central School | 8:07.21 | 8:24.10 | 2 |
| 6 #480 Gates, Brielle | | Norwood-Norfolk Girls | 8:24.00 | 8:28.40 | 1 |
| 7 #348 Clark, Meridyth | 10 | Potsdam Sandstoners | 8:46.45 | 8:35.50 | |
| 8 #353 Dean, Millicent | 10 | Potsdam Sandstoners | 9:02.64 | 8:53.30 | |
| 9 #378 Williams, Sadie | 11 | Potsdam Sandstoners | 8:58.87 | 8:58.50 | |
| 10 #484 Masuk, Autumn | | Norwood-Norfolk Girls | | 9:21.20 | |
| 11 #74 Benardot, Cora | | Franklin Academy | 9:22.60 | 9:30.30 | |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Girls 4x100 Meter Relay

| Section X: 50.30 R 1994 | | Potsdam, Potsdam | | Seed | Finals | H# | Points |
|-------------------------|---|----------------------------------|------------------------------|---------|---------|------------------------------|--------|
| Team | Relay | | | | | | |
| Finals | | | | | | | |
| 1 | Madrid-Waddington 1) #162 Blair, Hailee 12 | A 2) #163 Durant, Reese 9 | 3) #166 Marcellus, Hailey 11 | 52.85 | 50.93 | 2 | 10 |
| 2 | Potsdam Sandstoners 1) #340 Betrus, Lindy 11 | A 2) #370 Rutledge, Jaedyn 12 | 3) #356 El Labban, Sarah 9 | 52.70 | 51.45 | 2 | 8 |
| 3 | Franklin Academy 1) #73 Ashlaw, Natalie | A 2) #82 King, Adyson 9 | 3) #91 Powers, JoAnne | 53.30 | 52.70 | 2 | 6 |
| 4 | Norwood-Norfolk Girls 1) #473 Cupps, Meadow | A 2) #470 Charles, Sydney | 3) #474 Daniels, Sadie | 55.90 | 53.02 | 2 | 4 |
| 5 | Gouverneur Central School 1) #138 Smith, Emily 10 | A 2) #136 Sheen, Jacey 11 | 3) #131 Greenhill, Meadow 11 | 53.90 | 54.33 | 2 | 2 |
| 6 | Canton Central School 1) #18 Perrin, Haley 10 | A 2) #8 Lawton, Lynzie 12 | 3) #19 Robert, Elaina 10 | 55.30 | 54.94 | 2 | 1 |
| 7 | Ogdensburg Free Academy 1) #295 Curtis, Autumn 10 | A 2) #312 Mix, Kadence 11 | 3) #304 LaBella, Mia 11 | 58.20 | 58.29 | 1 | |
| 8 | Tupper Lake Lumberjacks 1) #428 Bissonette, Emily JR | A 2) #435 Flagg, Caydence 9 | 3) #441 Nadeau, Meika 12 | 1:01.30 | 1:01.36 | 1 | |
| 9 | Massena 1) #192 Richards, Chyler 12 | A 2) #183 Boyce, Hailey 12 | 3) #189 Kellogg, Alandra 9 | | 1:05.57 | 1 | |
| | | | | | | 4) #191 McMillan, Jadelyn 12 | |

Girls 4x400 Meter Relay

| Section X: 4:02.20 R 1983 | | Malone, Malone | | Seed | Finals | Points |
|---------------------------|--|--|---|---------|---------|--|
| Team | Relay | | | | | |
| Finals | | | | | | |
| 1 | Potsdam Sandstoners 1) #374 Shatraw, Isabella 12 5) #377 Steinrotter, Mary Elizabeth | A 2) #344 Brosell, Emma 12 6) #356 El Labban, Sarah 9 | 3) #359 Grainger, Aliena 11 | 4:16.41 | 4:17.16 | 10 |
| 2 | Canton Central School 1) #11 McCarthy, Rori 12 5) #1 Backus, Kailin 9 | A 2) #19 Robert, Elaina 10 6) #2 Burnett, Haley 9 | 3) #26 Shipman, Stella 11 7) #13 McDonough, Grace 12 | 4:26.80 | 4:17.75 | 8 |
| 3 | Franklin Academy 1) #82 King, Adyson 9 5) #91 Powers, JoAnne | A 2) #87 Lilliock, Ava 10 6) #96 Wells, Taylor 11 | 3) #97 Winters, Katrina 10 | 4:27.00 | 4:27.84 | 6 |
| 4 | Gouverneur Central School 1) #130 Gaines, Audrey 10 5) #138 Smith, Emily 10 | A 2) #131 Greenhill, Meadow 11 6) #126 Blaine, Llydia 11 | 3) #137 Shippee, Lillianna 10 7) #139 Winters, Evelyn 12 | 4:39.70 | 4:38.39 | 4 |
| 5 | Norwood-Norfolk Girls 1) #471 Colbert, Eliza 5) #477 Fisher, Cohlee | A 2) #467 Ashley, Madison 6) #487 Smith, Brielle | 3) #483 Lafleur, Reece | 4:59.00 | 4:40.34 | 2 |
| 6 | Tupper Lake Lumberjacks 1) #444 Safford, Sadie SO 5) #437 Fritts, Raegan 11 | A 2) #447 Tarbox, Lacey 8 6) #438 Kulzer, Gwen FR | 3) #441 Nadeau, Meika 12 | 4:58.25 | 4:46.03 | 1 |
| 7 | Salmon River 1) #414 Oakes, Jasmine 11 | A 2) #410 Brill, Adrienne 11 | 3) #415 Oakes, Krissy 12 | 4:47.50 | 4:47.87 | |
| 8 | Massena 1) #187 Farmer, Makayla 11 5) #190 Lannis, Molly 11 | A 2) #193 Warriner, Ayla 10 6) #189 Kellogg, Alandra 9 | 3) #186 Coffin, Lily 9 7) #191 McMillan, Jadelyn 12 | 4:55.20 | 4:59.37 | |
| 9 | Ogdensburg Free Academy 5) #313 Payne, Delia 11 | A 2) #300 Honeywell, Kendall 9 6) #293 Bouchey, Ellah 8 | 3) #294 Curtis, Annabel 8 7) #299 Harper, Chloe 7 | 5:15.00 | 5:22.79 | |
| | | | | | | 4) #317 Scott, Shae 12 8) #302 Ives, Kaylee 7 |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Girls 4x800 Meter Relay

| Section X: 9:08.51 R 2014 | | Canton, Canton | | Seed | Finals | Points |
|---------------------------|---|----------------|-------------------------------------|----------|-------------------------------|--------|
| Team | Relay | | | | | |
| Finals | | | | | | |
| 1 | Norwood-Norfolk Girls 1) #472 Colbert, Sharon | A | 2) #469 Carista, Madison | 10:13.00 | 10:35.55 | 10 |
| | | | 3) #489 Snell, Allie | | 4) #482 Hewey, Rachel | |
| 2 | Potsdam Sandstoners 1) #359 Grainger, Aliena 11 | A | 2) #374 Shatraw, Isabella 12 | 10:27.10 | 10:51.17 | 8 |
| | | | 3) #377 Steinrotter, Mary Elizabeth | | 4) #371 Seitzer, Parker 10 | |
| 3 | Canton Central School 1) #13 McDonough, Grace 12 | A | 2) #11 McCarthy, Rori 12 | 10:54.42 | 11:10.22 | 6 |
| | | | 3) #27 Stuntz, Alexis 10 | | 4) #22 Schmitt, Bennett 9 | |
| 4 | Gouverneur Central School 1) #133 Griffith, Rikki 12 | A | 2) #137 Shippee, Lillianna 10 | 10:57.10 | 11:33.77 | 4 |
| | | | 3) #128 Bush, Meredith 11 | | 4) #132 Griffith, Randi 12 | |
| 5 | Franklin Academy 1) #84 Lawrence, Tye 10 | A | 2) #85 LeRoy, Ellie 11 | 11:08.90 | 11:50.71 | 2 |
| | | | 3) #90 Perham, Emily | | 4) #97 Winters, Katrina 10 | |
| 6 | Ogdensburg Free Academy 1) #300 Honeywell, Kendall 9 | A | 2) #294 Curtis, Annabel 8 | 12:38.31 | 13:06.80 | 1 |
| | | | 3) #317 Scott, Shae 12 | | 4) #310 McRoberts, Brianna 11 | |

Girls High Jump

| Section X: 5-05.50 R 1976 | | Jen Abt, Canton | | Seed | Finals | Points |
|---------------------------|--------------------------|-----------------|---------------------------|---------|----------|--------|
| Name | Yr School | | | | | |
| Finals | | | | | | |
| 1 | #130 Gaines, Audrey | 10 | Gouverneur Central School | 5-04.00 | 5-02.00 | 10 |
| 2 | #81 Funk, Darci | | Franklin Academy | 5-00.00 | 4-08.00 | 8 |
| 3 | #482 Hewey, Rachel | | Norwood-Norfolk Girls | 4-08.00 | J4-06.00 | 6 |
| 4 | #165 Kitzman, Ella | 12 | Madrid-Waddington | 4-08.00 | J4-06.00 | 4 |
| 5 | #160 Armstrong, Maddison | 12 | Madrid-Waddington | 4-06.00 | J4-06.00 | 2 |
| 6 | #466 Arquiatt, Stella | | Norwood-Norfolk Girls | 4-04.00 | J4-06.00 | 1 |
| 7 | #295 Curtis, Autumn | 10 | Ogdensburg Free Academy | 4-04.00 | 4-02.00 | |
| 7 | #136 Sheen, Jacey | 11 | Gouverneur Central School | 4-10.00 | 4-02.00 | |
| 7 | #192 Richards, Chyler | 12 | Massena | 4-04.00 | 4-02.00 | |
| 10 | #299 Harper, Chloe | 7 | Ogdensburg Free Academy | 4-02.00 | 4-00.00 | |
| --- | #365 Kelson, Alison | 9 | Potsdam Sandstoners | 3-10.00 | NH | |
| --- | #363 Houston, Kaitlyn | 10 | Potsdam Sandstoners | 4-02.00 | NH | |

Girls Long Jump

| Section X: 18-04 R 1986 | | Leslie Revier, Norwood Norfolk | | Seed | Prelims | H# |
|-------------------------|--------------------------|--------------------------------|---------------------------|----------|------------|----|
| Name | Yr School | | | | | |
| Preliminaries | | | | | | |
| 1 | #340 Betrus, Lindy | 11 | Potsdam Sandstoners | 16-05.50 | 16-00.50 q | 2 |
| 2 | #367 McKnight, Jasmine | 9 | Potsdam Sandstoners | 15-10.50 | 15-09.50 q | 2 |
| 3 | #162 Blair, Hailee | 12 | Madrid-Waddington | 16-06.00 | 15-07.50 q | 2 |
| 4 | #11 McCarthy, Rori | 12 | Canton Central School | 15-05.00 | 15-07.25 q | 2 |
| 5 | #134 Lacks, Ameillia | 9 | Gouverneur Central School | 15-04.00 | 15-05.50 q | 2 |
| 6 | #160 Armstrong, Maddison | 12 | Madrid-Waddington | 14-04.00 | 15-03.00 q | 2 |
| 6 | #136 Sheen, Jacey | 11 | Gouverneur Central School | 14-10.00 | 15-03.00 q | 2 |
| 8 | #471 Colbert, Eliza | | Norwood-Norfolk Girls | 14-10.00 | 14-07.00 | 2 |
| 9 | #473 Cupps, Meadow | | Norwood-Norfolk Girls | 14-02.50 | 14-01.00 | 2 |
| 10 | #86 Lilloock, Alaska | 12 | Franklin Academy | 14-07.00 | 13-09.50 | 2 |
| 11 | #371 Seitzer, Parker | 10 | Potsdam Sandstoners | 14-11.00 | 13-09.00 | 2 |
| 12 | #95 Sosa, Lillie | | Franklin Academy | 13-09.00 | 13-08.50 | 1 |
| 13 | #441 Nadeau, Meika | 12 | Tupper Lake Lumberjacks | 12-02.50 | 13-02.50 | 1 |
| 14 | #312 Mix, Kadence | 11 | Ogdensburg Free Academy | 13-05.00 | 13-02.00 | 1 |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Preliminaries ... (Girls Long Jump)

| Name | Yr | School | Seed | Prelims | H# |
|--------------------------|----|-------------------------|----------|----------|----|
| 15 #474 Daniels, Sadie | | Norwood-Norfolk Girls | 13-02.00 | 13-01.50 | 1 |
| 16 #447 Tarbox, Lacey | 8 | Tupper Lake Lumberjacks | 13-06.00 | 12-10.00 | 1 |
| 17 #4 Compoy, Paula | 11 | Canton Central School | 12-09.00 | 12-07.50 | 1 |
| 18 #304 LaBella, Mia | 11 | Ogdensburg Free Academy | 13-05.00 | 12-06.00 | 1 |
| 19 #193 Warriner, Ayla | 10 | Massena | 12-04.50 | 12-04.50 | 1 |
| 20 #21 Rossiter, Natasha | 9 | Canton Central School | 11-11.50 | 11-10.50 | 1 |
| 21 #88 Marlow, Rhyan | 9 | Franklin Academy | 12-01.50 | 11-06.50 | 1 |

Girls Long Jump

Section X: 18-04 R 1986 Leslie Revier, Norwood Norfolk

| Name | Yr | School | Prelims | Finals | Points |
|----------------------------|----|---------------------------|----------|----------|--------|
| Finals | | | | | |
| 1 #162 Blair, Hailee | 12 | Madrid-Waddington | 15-07.50 | 16-08.50 | 10 |
| 2 #136 Sheen, Jacey | 11 | Gouverneur Central School | 15-03.00 | 16-01.50 | 8 |
| 3 #340 Betrus, Lindy | 11 | Potsdam Sandstoners | 16-00.50 | 16-00.50 | 6 |
| 4 #367 McKnight, Jasmine | 9 | Potsdam Sandstoners | 15-09.50 | 15-09.50 | 4 |
| 5 #11 McCarthy, Rori | 12 | Canton Central School | 15-07.25 | 15-07.25 | 2 |
| 6 #134 Lacks, Ameillia | 9 | Gouverneur Central School | 15-05.50 | 15-05.50 | 1 |
| 7 #160 Armstrong, Maddison | 12 | Madrid-Waddington | 15-03.00 | 15-03.00 | |

Girls Triple Jump

Section X: 40-11 R 1986 Leslie Revier, Norwood Norfolk

| Name | Yr | School | Seed | Prelims | H# |
|----------------------------|----|---------------------------|----------|------------|----|
| Preliminaries | | | | | |
| 1 #340 Betrus, Lindy | 11 | Potsdam Sandstoners | 34-08.75 | 35-03.25 q | 2 |
| 2 #166 Marcellus, Hailey | 11 | Madrid-Waddington | 34-01.00 | 33-05.25 q | 2 |
| 3 #371 Seitzer, Parker | 10 | Potsdam Sandstoners | 31-11.00 | 31-10.00 q | 2 |
| 4 #136 Sheen, Jacey | 11 | Gouverneur Central School | 32-01.00 | 31-05.50 q | 2 |
| 5 #469 Carista, Madison | | Norwood-Norfolk Girls | 31-05.00 | 30-08.50 q | 2 |
| 6 #415 Oakes, Krissy | 12 | Salmon River | 30-07.00 | 30-08.00 q | 2 |
| 7 #471 Colbert, Eliza | | Norwood-Norfolk Girls | 29-11.00 | 30-05.00 q | 2 |
| 8 #344 Brosell, Emma | 12 | Potsdam Sandstoners | 30-03.00 | 30-01.00 | 2 |
| 9 #85 LeRoy, Ellie | 11 | Franklin Academy | 29-07.00 | 29-08.00 | 1 |
| 10 #437 Fritts, Raegan | 11 | Tupper Lake Lumberjacks | 28-06.00 | 28-08.50 | 1 |
| 11 #128 Bush, Meredith | 11 | Gouverneur Central School | 29-09.00 | 28-06.50 | 2 |
| 12 #486 Robert, Kayden | | Norwood-Norfolk Girls | 27-10.00 | 28-04.50 | 1 |
| 13 #17 Perretta, Isabella | 9 | Canton Central School | 26-06.00 | 27-09.50 | 1 |
| 14 #74 Benardot, Cora | | Franklin Academy | 28-10.00 | 27-04.00 | 1 |
| 15 #294 Curtis, Annabel | 8 | Ogdensburg Free Academy | 26-06.00 | 25-10.50 | 1 |
| 16 #441 Nadeau, Meika | 12 | Tupper Lake Lumberjacks | 23-10.00 | 24-02.00 | 1 |
| 17 #79 Branconnier, Morgan | | Franklin Academy | 24-01.00 | 23-10.50 | 1 |

Girls Triple Jump

Section X: 40-11 R 1986 Leslie Revier, Norwood Norfolk

| Name | Yr | School | Prelims | Finals | Points |
|--------------------------|----|---------------------------|----------|----------|--------|
| Finals | | | | | |
| 1 #340 Betrus, Lindy | 11 | Potsdam Sandstoners | 35-03.25 | 35-03.75 | 10 |
| 2 #166 Marcellus, Hailey | 11 | Madrid-Waddington | 33-05.25 | 33-05.25 | 8 |
| 3 #371 Seitzer, Parker | 10 | Potsdam Sandstoners | 31-10.00 | 32-01.00 | 6 |
| 4 #136 Sheen, Jacey | 11 | Gouverneur Central School | 31-05.50 | 31-05.50 | 4 |

Section X Championships - 5/31/2023 to 6/2/2023**Tupper Lake Central Schools****Results****Finals ... (Girls Triple Jump)**

| Name | Yr | School | Prelims | Finals | Points |
|-------------------------|----|-----------------------|----------|----------|--------|
| 5 #415 Oakes, Krissy | 12 | Salmon River | 30-08.00 | 30-10.50 | 2 |
| 6 #469 Carista, Madison | | Norwood-Norfolk Girls | 30-08.50 | 30-08.50 | 1 |
| 7 #471 Colbert, Eliza | | Norwood-Norfolk Girls | 30-05.00 | 30-05.00 | |

Girls Shot Put

Section X: 38-11.75 R 1988

T. Collins, Massena

| Name | Yr | School | Seed | Prelims | H# |
|---------------------------|----|---------------------------|----------|------------|----|
| Preliminaries | | | | | |
| 1 #168 Putman, Kaitlyn | 10 | Madrid-Waddington | 28-08.00 | 30-07.75 q | 2 |
| 2 #345 Buckley, Lola | 11 | Potsdam Sandstoners | 28-02.00 | 29-04.75 q | 2 |
| 3 #476 Elliott, Madeline | | Norwood-Norfolk Girls | 28-09.00 | 27-10.50 q | 2 |
| 4 #89 Monette, MaKenna | 12 | Franklin Academy | 27-10.00 | 27-10.00 q | 2 |
| 5 #470 Charles, Sydney | | Norwood-Norfolk Girls | 27-11.00 | 27-06.75 q | 2 |
| 6 #479 Garrow, Emerson | | Norwood-Norfolk Girls | 28-03.50 | 27-03.25 q | 2 |
| 7 #319 Thomas, Lynzee | 9 | Ogdensburg Free Academy | 29-04.00 | 26-01.50 q | 2 |
| 8 #79 Branconnier, Morgan | | Franklin Academy | 24-01.00 | 25-03.00 | 1 |
| 9 #192 Richards, Chyler | 12 | Massena | 26-03.50 | 25-00.50 | 2 |
| 10 #139 Winters, Evelyn | 12 | Gouverneur Central School | 24-11.00 | 25-00.00 | 1 |
| 11 #169 Sabre, Quinn | 10 | Madrid-Waddington | 24-05.00 | 24-11.25 | 1 |
| 12 #133 Griffith, Rikki | 12 | Gouverneur Central School | 27-05.00 | 24-08.00 | 2 |
| 13 #349 Clark, Olivia | 11 | Potsdam Sandstoners | 26-03.75 | 24-06.00 | 2 |
| 14 #353 Dean, Millicent | 10 | Potsdam Sandstoners | 26-01.00 | 24-01.75 | 2 |
| 15 #10 Magurk, Grace | 11 | Canton Central School | 25-02.00 | 23-09.50 | 2 |
| 16 #16 Newman, Wyatt | 12 | Canton Central School | 25-02.00 | 23-06.25 | 2 |
| 17 #442 Pratt, Amelia | 9 | Tupper Lake Lumberjacks | 23-11.00 | 23-05.00 | 1 |
| 18 #301 Ives, Julia | 9 | Ogdensburg Free Academy | 25-01.50 | 23-04.00 | 1 |
| 19 #191 McMillan, Jadelyn | 12 | Massena | 23-10.00 | 22-11.25 | 1 |
| 20 #411 Cook, Cloe | 10 | Salmon River | 25-00.50 | 22-08.25 | 1 |
| 21 #183 Boyce, Hailey | 12 | Massena | 24-06.00 | 21-10.00 | 1 |
| 22 #161 Bailey, Destiny | 12 | Madrid-Waddington | 22-04.00 | 21-04.50 | 1 |
| 23 #426 Becker, Mary | 10 | Tupper Lake Lumberjacks | 22-00.00 | 21-03.00 | 1 |
| 24 #438 Kulzer, Gwen | FR | Tupper Lake Lumberjacks | 22-06.00 | 19-00.50 | 1 |
| 25 #20 Romano, Alexa | 10 | Canton Central School | 16-05.00 | 14-04.50 | 1 |

Girls Shot Put

Section X: 38-11.75 R 1988

T. Collins, Massena

| Name | Yr | School | Prelims | Finals | Points |
|--------------------------|----|-------------------------|----------|----------|--------|
| Finals | | | | | |
| 1 #345 Buckley, Lola | 11 | Potsdam Sandstoners | 29-04.75 | 30-08.50 | 10 |
| 2 #168 Putman, Kaitlyn | 10 | Madrid-Waddington | 30-07.75 | 30-07.75 | 8 |
| 3 #470 Charles, Sydney | | Norwood-Norfolk Girls | 27-06.75 | 30-01.25 | 6 |
| 4 #89 Monette, MaKenna | 12 | Franklin Academy | 27-10.00 | 29-05.75 | 4 |
| 5 #476 Elliott, Madeline | | Norwood-Norfolk Girls | 27-10.50 | 29-01.50 | 2 |
| 6 #479 Garrow, Emerson | | Norwood-Norfolk Girls | 27-03.25 | 27-03.50 | 1 |
| 7 #319 Thomas, Lynzee | 9 | Ogdensburg Free Academy | 26-01.50 | 25-08.25 | |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Girls Discus Throw

| Section X: 132-03 R 2011 | | Courtney White, Massena | | Seed | Prelims | H# |
|--------------------------|------|-------------------------|------------------------------|----------|---------|----|
| Name | Yr | School | | | | |
| Preliminaries | | | | | | |
| 1 | #476 | Elliott, Madeline | Norwood-Norfolk Girls | 90-00 | 83-04 q | 2 |
| 2 | #168 | Putman, Kaitlyn | 10 Madrid-Waddington | 105-05 | 81-08 q | 2 |
| 3 | #132 | Griffith, Randi | 12 Gouverneur Central School | 85-07 | 81-07 q | 2 |
| 4 | #129 | Conklin, Addison | 12 Gouverneur Central School | 92-05 | 79-08 q | 2 |
| 5 | #10 | Magurk, Grace | 11 Canton Central School | 75-07 | 77-10 q | 2 |
| 6 | #161 | Bailey, Destiny | 12 Madrid-Waddington | 83-08 | 77-04 q | 2 |
| 7 | #89 | Monette, MaKenna | 12 Franklin Academy | 73-02.75 | 74-08 q | 1 |
| 8 | #192 | Richards, Chyler | 12 Massena | 76-04 | 74-05 | 2 |
| 9 | #169 | Sabre, Quinn | 10 Madrid-Waddington | 79-01.50 | 73-04 | 2 |
| 10 | #301 | Ives, Julia | 9 Ogdensburg Free Academy | 71-03 | 72-03 | 1 |
| 11 | #125 | Billings, Sierra | 11 Gouverneur Central School | 76-03.50 | 71-07 | 2 |
| 12 | #349 | Clark, Olivia | 11 Potsdam Sandstoners | 76-01 | 70-01 | 2 |
| 13 | #94 | Santimone, Aurora | Franklin Academy | 61-01.25 | 67-00 | 1 |
| 14 | #16 | Newman, Wyatt | 12 Canton Central School | 71-02.50 | 65-09 | 1 |
| 15 | #479 | Garrow, Emerson | Norwood-Norfolk Girls | 77-00 | 63-11 | 2 |
| 16 | #21 | Rossiter, Natasha | 9 Canton Central School | 63-10 | 61-10 | 1 |
| 17 | #345 | Buckley, Lola | 11 Potsdam Sandstoners | 65-02 | 57-00 | 1 |
| 18 | #79 | Branconnier, Morgan | Franklin Academy | 72-06 | 56-07 | 1 |
| 19 | #470 | Charles, Sydney | Norwood-Norfolk Girls | 65-11 | 55-11 | 1 |
| 20 | #191 | McMillan, Jadelyn | 12 Massena | 62-03 | 53-02 | 1 |
| 21 | #353 | Dean, Millicent | 10 Potsdam Sandstoners | 60-09 | 49-03 | 1 |
| 22 | #189 | Kellogg, Alandra | 9 Massena | 57-07 | 45-03 | 1 |

Girls Discus Throw

| Section X: 132-03 R 2011 | | Courtney White, Massena | | Prelims | Finals | Points |
|--------------------------|------|-------------------------|------------------------------|---------|--------|--------|
| Name | Yr | School | | | | |
| Finals | | | | | | |
| 1 | #168 | Putman, Kaitlyn | 10 Madrid-Waddington | 81-08 | 91-09 | 10 |
| 2 | #129 | Conklin, Addison | 12 Gouverneur Central School | 79-08 | 88-03 | 8 |
| 3 | #476 | Elliott, Madeline | Norwood-Norfolk Girls | 83-04 | 84-07 | 6 |
| 4 | #132 | Griffith, Randi | 12 Gouverneur Central School | 81-07 | 84-01 | 4 |
| 5 | #10 | Magurk, Grace | 11 Canton Central School | 77-10 | 77-10 | 2 |
| 6 | #161 | Bailey, Destiny | 12 Madrid-Waddington | 77-04 | 77-04 | 1 |
| 7 | #89 | Monette, MaKenna | 12 Franklin Academy | 74-08 | 76-03 | |

Outdoor Pentathlon: #5 Girls 800 Meter Run Outdoor Pentathlon

| Name | Yr | School | Finals | Points | |
|---------------|------|---------------------|------------------------------|---------|-----|
| Finals | | | | | |
| 1 | #127 | Bowman, Abigail | 11 Gouverneur Central School | 2:31.51 | 674 |
| 2 | #362 | Hoover, Rose | 11 Potsdam Sandstoners | 2:38.06 | 595 |
| 3 | #434 | Ellis, Olivia | SR Tupper Lake Lumberjacks | 2:41.02 | 561 |
| 4 | #352 | Davidson, Elizabeth | 11 Potsdam Sandstoners | 3:06.83 | 304 |
| 5 | #24 | Seeger, Julia | 10 Canton Central School | 3:07.70 | 297 |
| 6 | #481 | Hall, Anna | Norwood-Norfolk Girls | 3:25.41 | 165 |
| 7 | #478 | Forney, Levi | Norwood-Norfolk Girls | 3:33.91 | 115 |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Outdoor Pentathlon: #1 Girls 100 Meter Hurdles Outdoor Pentathlon

| | Name | Yr | School | Finals | H# | Points |
|---------------|--------------------------|----|---------------------------|--------|----|--------|
| Finals | | | | | | |
| 1 | #434 Ellis, Olivia | SR | Tupper Lake Lumberjacks | 17.53 | 3 | 538 |
| 2 | #127 Bowman, Abigail | 11 | Gouverneur Central School | 18.35 | 1 | 453 |
| 3 | #362 Hoover, Rose | 11 | Potsdam Sandstoners | 19.38 | 2 | 356 |
| 4 | #352 Davidson, Elizabeth | 11 | Potsdam Sandstoners | 19.79 | 2 | 320 |
| 5 | #24 Seeger, Julia | 10 | Canton Central School | 20.33 | 3 | 275 |
| 6 | #478 Forney, Levi | | Norwood-Norfolk Girls | 20.44 | 3 | 267 |
| 7 | #481 Hall, Anna | | Norwood-Norfolk Girls | 21.43 | 2 | 194 |
| 8 | #80 Chodat, Adeline | 12 | Franklin Academy | 21.51 | 1 | 189 |

Outdoor Pentathlon: #2 Girls High Jump Outdoor Pentathlon

| | Name | Yr | School | Finals | Points |
|---------------|--------------------------|----|---------------------------|--------|--------|
| Finals | | | | | |
| 1 | #434 Ellis, Olivia | SR | Tupper Lake Lumberjacks | 1.55m | 678 |
| 2 | #352 Davidson, Elizabeth | 11 | Potsdam Sandstoners | 1.43m | 544 |
| 3 | #80 Chodat, Adeline | 12 | Franklin Academy | 1.40m | 512 |
| 4 | #362 Hoover, Rose | 11 | Potsdam Sandstoners | 1.31m | 419 |
| 5 | #24 Seeger, Julia | 10 | Canton Central School | 1.28m | 389 |
| 6 | #127 Bowman, Abigail | 11 | Gouverneur Central School | 1.25m | 359 |
| 7 | #481 Hall, Anna | | Norwood-Norfolk Girls | 1.16m | 275 |
| 8 | #478 Forney, Levi | | Norwood-Norfolk Girls | 1.07m | 197 |

Outdoor Pentathlon: #4 Girls Long Jump Outdoor Pentathlon

| | Name | Yr | School | Finals | Points |
|---------------|--------------------------|----|---------------------------|--------|--------|
| Finals | | | | | |
| 1 | #127 Bowman, Abigail | 11 | Gouverneur Central School | 4.61m | 456 |
| 2 | #434 Ellis, Olivia | SR | Tupper Lake Lumberjacks | 4.38m | 398 |
| 3 | #352 Davidson, Elizabeth | 11 | Potsdam Sandstoners | 4.23m | 362 |
| 4 | #24 Seeger, Julia | 10 | Canton Central School | 4.03m | 315 |
| 5 | #478 Forney, Levi | | Norwood-Norfolk Girls | 3.80m | 263 |
| 6 | #481 Hall, Anna | | Norwood-Norfolk Girls | 3.74m | 250 |
| 7 | #362 Hoover, Rose | 11 | Potsdam Sandstoners | 3.51m | 202 |

Outdoor Pentathlon: #3 Girls Shot Put Outdoor Pentathlon

| | Name | Yr | School | Finals | Points |
|---------------|--------------------------|----|---------------------------|--------|--------|
| Finals | | | | | |
| 1 | #127 Bowman, Abigail | 11 | Gouverneur Central School | 7.95m | 396 |
| 2 | #352 Davidson, Elizabeth | 11 | Potsdam Sandstoners | 7.45m | 364 |
| 3 | #478 Forney, Levi | | Norwood-Norfolk Girls | 7.21m | 348 |
| 4 | #80 Chodat, Adeline | 12 | Franklin Academy | 6.99m | 334 |
| 5 | #434 Ellis, Olivia | SR | Tupper Lake Lumberjacks | 6.95m | 332 |
| 6 | #481 Hall, Anna | | Norwood-Norfolk Girls | 6.56m | 307 |
| 7 | #24 Seeger, Julia | 10 | Canton Central School | 6.22m | 285 |
| 8 | #362 Hoover, Rose | 11 | Potsdam Sandstoners | 5.61m | 247 |

Girls Outdoor Pentathlon

| Section X: 3504 R 1984 | | Noreen Chamberlin, Gouverneur | | | | | |
|------------------------|--------------------|-------------------------------|-------------------------|------|--------|----|--------|
| | Name | Yr | School | Seed | Finals | H# | Points |
| Finals | | | | | | | |
| 1 | #434 Ellis, Olivia | SR | Tupper Lake Lumberjacks | 2404 | 2507 | | 10 |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Finals ... (Girls Outdoor Pentathlon)

| Name | Yr | School | Seed | Finals | H# | Points |
|----------------------------|----|---------------------------|------|--------|----|--------|
| 2 #127 Bowman, Abigail | 11 | Gouverneur Central School | 2286 | 2338 | | 8 |
| 3 #352 Davidson, Elizabeth | 11 | Potsdam Sandstoners | 1608 | 1894 | | 6 |
| 4 #362 Hoover, Rose | 11 | Potsdam Sandstoners | 1322 | 1819 | | 4 |
| 5 #24 Seeger, Julia | 10 | Canton Central School | 1523 | 1561 | | 2 |
| 6 #481 Hall, Anna | | Norwood-Norfolk Girls | 1192 | 1191 | | 1 |
| 7 #478 Forney, Levi | | Norwood-Norfolk Girls | 1100 | 1190 | | |

Boys 100 Meter Dash

6 Advance: Top 1 Each Heat plus Next 3 Best Times

Section X: 10.98 R 1993 Ken Smith, Massena

| Name | Yr | School | Seed | Prelims | H# |
|------------------------------|----|--------------------------------|-------|---------|----|
| Preliminaries | | | | | |
| 1 #72 Young, Caleb | 12 | Canton Central School | 11.18 | 11.69 Q | 2 |
| 2 #146 LaPierre, Noel | 12 | Gouverneur Central School | 11.40 | 11.77 Q | 1 |
| 3 #155 Thomas, Vincent | 11 | Gouverneur Central School | 11.40 | 11.82 Q | 3 |
| 4 #503 Milller-Lynch, Liam | 12 | Norwood-Norfolk Central School | 11.60 | 11.91 q | 2 |
| 5 #108 Debose, Ayden | 9 | Franklin Academy | 11.80 | 12.12 q | 1 |
| 6 #380 Besio, Harlee | 12 | Potsdam Sandstoners | 11.44 | 12.15 q | 3 |
| 7 #424 Sharrow, Tehonietathe | 12 | Salmon River | 11.61 | 12.19 | 2 |
| 8 #198 Binion, Jacob | 12 | Massena | 12.10 | 12.22 | 1 |
| 9 #181 Reed, Matthew | 12 | Madrid-Waddington | 11.60 | 12.25 | 1 |
| 10 #145 Hull, Tiamane | | Gouverneur Central School | 12.10 | 12.30 | 2 |
| 11 #463 Shannon, Brayden | SO | Tupper Lake Lumberjacks | 11.90 | 12.50 | 3 |
| 12 #65 Trombley, James | 9 | Canton Central School | 12.10 | 12.59 | 2 |
| 13 #124 Smythe, Landon | | Franklin Academy | 12.03 | 12.94 | 1 |
| 14 #425 Thomas, Riley | 12 | Salmon River | 12.30 | 12.99 | 3 |
| 15 #498 Gardner, Corbin | 11 | Norwood-Norfolk Central School | 12.60 | 13.12 | 3 |
| 16 #451 Bujold, Sean | SO | Tupper Lake Lumberjacks | 12.80 | 13.39 | 2 |
| 17 #403 Smith, Nate | 11 | Potsdam Sandstoners | 12.76 | 13.43 | 1 |
| --- #68 Wilkinson, Caleb | 10 | Canton Central School | 12.00 | DQ | 3 |

Boys 100 Meter Dash Unseeded

| Name | Yr | School | Seed | Finals | H# |
|--------------------------|----|--------------------------------|-------|--------|----|
| Finals | | | | | |
| 1 #118 Marlow, Jayson | | Franklin Academy | 13.00 | 13.01 | 2 |
| 2 #331 Moran, Aidan | 09 | Ogdensburg Free Academy | 13.39 | 13.08 | 2 |
| 3 #491 Boprey, Dominic | 10 | Norwood-Norfolk Central School | 13.30 | 13.11 | 2 |
| 4 #458 McClain, Kyler | SO | Tupper Lake Lumberjacks | 12.90 | 13.47 | 2 |
| 5 #203 Fregoe, Connor | 12 | Massena | 13.30 | 13.54 | 2 |
| 6 #321 Beaulieu, Patrick | 9 | Ogdensburg Free Academy | 13.57 | 13.69 | 1 |
| 7 #382 Coates, Seth | 10 | Potsdam Sandstoners | 13.90 | 13.94 | 1 |
| 8 #327 Hunter, Jack | 11 | Ogdensburg Free Academy | 14.32 | 14.05 | 1 |
| 9 #207 Lannis, Noah | 9 | Massena | 13.40 | 14.17 | 2 |

Boys 100 Meter Dash

Section X: 10.98 R 1993 Ken Smith, Massena

| Name | Yr | School | Prelims | Finals | Points |
|------------------------|----|---------------------------|---------|--------|--------|
| Finals | | | | | |
| 1 #72 Young, Caleb | 12 | Canton Central School | 11.69 | 11.44 | 10 |
| 2 #155 Thomas, Vincent | 11 | Gouverneur Central School | 11.82 | 11.57 | 8 |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Finals ... (Boys 100 Meter Dash)

| Name | Yr | School | Prelims | Finals | Points |
|----------------------------|----|--------------------------------|---------|--------|--------|
| 3 #146 LaPierre, Noel | 12 | Gouverneur Central School | 11.77 | 11.66 | 6 |
| 4 #380 Besio, Harlee | 12 | Potsdam Sandstoners | 12.15 | 11.85 | 4 |
| 5 #503 Milller-Lynch, Liam | 12 | Norwood-Norfolk Central School | 11.91 | 11.94 | 2 |
| 6 #108 Debose, Ayden | 9 | Franklin Academy | 12.12 | 12.81 | 1 |

Boys 200 Meter Dash

6 Advance: Top 1 Each Heat plus Next 3 Best Times

Section X: 22.15 R 2012 Harvey Smith, Malone

| Name | Yr | School | Seed | Prelims | H# |
|------------------------------|----|--------------------------------|-------|---------|----|
| Preliminaries | | | | | |
| 1 #197 Binion, Aaron | 12 | Massena | 22.50 | 23.46 Q | 1 |
| 2 #155 Thomas, Vincent | 11 | Gouverneur Central School | 24.10 | 24.13 Q | 3 |
| 3 #72 Young, Caleb | 12 | Canton Central School | 23.30 | 24.25 Q | 2 |
| 4 #146 LaPierre, Noel | 12 | Gouverneur Central School | 23.90 | 24.37 q | 3 |
| 5 #68 Wilkinson, Caleb | 10 | Canton Central School | 24.60 | 24.40 q | 1 |
| 6 #424 Sharrow, Tehonietathe | 12 | Salmon River | 24.49 | 24.50 q | 1 |
| 7 #194 Acevedo, Eligha | 11 | Massena | 24.65 | 24.54 | 2 |
| 8 #380 Besio, Harlee | 12 | Potsdam Sandstoners | 24.10 | 24.76 | 2 |
| 9 #198 Binion, Jacob | 12 | Massena | 24.70 | 24.93 | 3 |
| 10 #463 Shannon, Brayden | SO | Tupper Lake Lumberjacks | 24.80 | 25.21 | 2 |
| 11 #98 Ashlaw, Mitchell | | Franklin Academy | 24.80 | 25.40 | 1 |
| 12 #116 Keating, Dylan | 11 | Franklin Academy | 24.70 | 25.48 | 3 |
| 13 #145 Hull, Tiamane | 10 | Gouverneur Central School | 25.00 | 25.57 | 1 |
| 13 #58 Rosales, Jacob | 11 | Canton Central School | 25.20 | 25.57 | 3 |
| 15 #110 Funk, Cooper | 11 | Franklin Academy | 25.40 | 25.92 | 3 |
| 16 #425 Thomas, Riley | 12 | Salmon River | 25.10 | 26.12 | 2 |
| 17 #403 Smith, Nate | 11 | Potsdam Sandstoners | 26.74 | 27.43 | 1 |
| 18 #498 Gardner, Corbin | 11 | Norwood-Norfolk Central School | 25.50 | 27.88 | 2 |

Boys 200 Meter Dash

Section X: 22.15 R 2012 Harvey Smith, Malone

| Name | Yr | School | Prelims | Finals | Points |
|------------------------------|----|---------------------------|---------|--------|--------|
| Finals | | | | | |
| 1 #72 Young, Caleb | 12 | Canton Central School | 24.25 | 23.20 | 10 |
| 2 #197 Binion, Aaron | 12 | Massena | 23.46 | 23.59 | 8 |
| 3 #146 LaPierre, Noel | 12 | Gouverneur Central School | 24.37 | 24.15 | 6 |
| 4 #155 Thomas, Vincent | 11 | Gouverneur Central School | 24.13 | 24.51 | 4 |
| 5 #68 Wilkinson, Caleb | 10 | Canton Central School | 24.40 | 24.56 | 2 |
| 6 #424 Sharrow, Tehonietathe | 12 | Salmon River | 24.50 | 25.15 | 1 |

Boys 200 Meter Dash Unseeded

| Name | Yr | School | Seed | Finals |
|---------------------------------|----|--------------------------------|-------|--------|
| Finals | | | | |
| 1 #325 Gillette, Gary | 12 | Ogdensburg Free Academy | 27.31 | 26.56 |
| 2 #502 LaFerriere, Danny | | Norwood-Norfolk Central School | 27.10 | 27.54 |
| 3 #507 Waite, Mason | | Norwood-Norfolk Central School | 28.00 | 27.64 |
| 4 #453 Fleishman, Brock | 9 | Tupper Lake Lumberjacks | 28.60 | 27.68 |
| 5 #400 Rodriguez-Guerrero, Luis | 11 | Potsdam Sandstoners | 27.20 | 27.93 |
| 6 #321 Beaulieu, Patrick | 9 | Ogdensburg Free Academy | 27.61 | 28.59 |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Boys 400 Meter Dash

| Section X: 48.25 R 2012 | | Harvey Smith, Malone | | | | | | |
|-------------------------|------|----------------------|------|--------------------------------|---------|---------|---|----|
| Name | Yr | School | Seed | Finals | H# | Points | | |
| Finals | | | | | | | | |
| 1 | #72 | Young, Caleb | 12 | Canton Central School | 51.72 | 51.44 | 4 | 10 |
| 2 | #212 | Monroe, Wyatt | 12 | Massena | 52.30 | 52.94 | 4 | 8 |
| 3 | #116 | Keating, Dylan | 11 | Franklin Academy | 54.50 | 53.58 | 4 | 6 |
| 4 | #503 | Milller-Lynch, Liam | 12 | Norwood-Norfolk Central School | 55.00 | 54.95 | 4 | 4 |
| 5 | #111 | Gravell, Skylar | 12 | Franklin Academy | | 55.71 | 1 | 2 |
| 6 | #498 | Gardner, Corbin | 11 | Norwood-Norfolk Central School | 55.10 | 55.87 | 4 | 1 |
| 7 | #390 | Haggett, Max | 10 | Potsdam Sandstoners | 57.60 | 55.94 | 3 | |
| 8 | #452 | Flagg, Logan | 11 | Tupper Lake Lumberjacks | 56.50 | 56.51 | 3 | |
| 9 | #454 | Gerstenberger, Cohen | FR | Tupper Lake Lumberjacks | 57.78 | 56.91 | 3 | |
| 10 | #336 | Smith, Ian | 11 | Ogdensburg Free Academy | 56.56 | 57.36 | 3 | |
| 11 | #44 | Lee-Powell, Rylan | 10 | Canton Central School | 56.10 | 57.69 | 4 | |
| 12 | #325 | Gillette, Gary | 12 | Ogdensburg Free Academy | 58.43 | 58.11 | 2 | |
| 13 | #408 | Wolfe-Kedar, Evan | 12 | Potsdam Sandstoners | 58.70 | 58.33 | 2 | |
| 14 | #381 | Cardona, Landon | 12 | Potsdam Sandstoners | 57.90 | 58.37 | 3 | |
| 15 | #201 | Dostie, Jayden | 12 | Massena | 58.30 | 58.50 | 3 | |
| 16 | #218 | Wilhelm, Zander | 10 | Massena | 1:01.03 | 59.29 | 2 | |
| 17 | #151 | Ritchie, Jackson | 9 | Gouverneur Central School | 58.80 | 59.60 | 2 | |
| 18 | #115 | Keating, Cameron | 9 | Franklin Academy | 1:00.00 | 59.96 | 2 | |
| 19 | #70 | Worthley, Kaden | 10 | Canton Central School | 1:01.50 | 1:00.00 | 1 | |
| 20 | #507 | Waite, Mason | | Norwood-Norfolk Central School | 59.20 | 1:00.82 | 2 | |
| 21 | #144 | Fitzgerald, Ethan | 12 | Gouverneur Central School | 1:03.70 | 1:02.62 | 1 | |
| 22 | #331 | Moran, Aidan | 09 | Ogdensburg Free Academy | 1:01.20 | 1:03.18 | 1 | |
| 23 | #147 | Leader, John-Michael | 8 | Gouverneur Central School | 1:06.90 | 1:03.82 | 1 | |
| 24 | #453 | Fleishman, Brock | 9 | Tupper Lake Lumberjacks | 1:01.49 | 1:06.00 | 1 | |

Boys 800 Meter Run Unseeded

| Name | Yr | School | Seed | Finals | | |
|---------------|------|----------------|------|---------------------------|---------|----------|
| Finals | | | | | | |
| 1 | #393 | Jones, William | 9 | Potsdam Sandstoners | | 2:14.27 |
| 2 | #201 | Dostie, Jayden | 12 | Massena | 2:18.50 | 2:21.02 |
| 3 | #143 | Darou, Richard | 8 | Gouverneur Central School | 2:21.10 | 2:21.43 |
| 4 | #158 | Winters, Liam | 10 | Gouverneur Central School | 2:19.50 | 2:34.47 |
| 5 | #196 | Becht, Chase | 12 | Massena | 2:25.40 | 2:35.92 |
| 6 | #420 | Greene, Noah | 10 | Salmon River | 2:35.55 | 2:36.70 |
| 7 | #156 | Wells, Kaden | 10 | Gouverneur Central School | 2:30.80 | 2:37.32 |
| 8 | #157 | Wilson, Ashton | 11 | Gouverneur Central School | 2:26.90 | x2:38.35 |
| 9 | #416 | Angus, Quincy | 12 | Salmon River | 2:46.00 | 2:40.56 |

Boys 800 Meter Run

| Section X: 1:53.40 R 1981 | | Jim Tyler, Norwood Norfolk | | | | | | |
|---------------------------|------|----------------------------|------|--------------------------------|---------|---------|---|----|
| Name | Yr | School | Seed | Finals | H# | Points | | |
| Finals | | | | | | | | |
| 1 | #495 | Fiacco, Anthony | 12 | Norwood-Norfolk Central School | 2:12.00 | 2:06.10 | 2 | 10 |
| 2 | #106 | Chodat, Watson | 12 | Franklin Academy | 2:06.70 | 2:08.06 | 2 | 8 |
| 3 | #34 | Armendariz-Huang, Daniel | 10 | Canton Central School | 2:09.70 | 2:10.90 | 2 | 6 |
| 4 | #44 | Lee-Powell, Rylan | 10 | Canton Central School | 2:10.10 | 2:10.92 | 2 | 4 |
| 5 | #216 | Rocheffort, Bayley | 12 | Massena | 2:16.13 | 2:11.87 | 1 | 2 |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Finals ... (Boys 800 Meter Run)

| Name | Yr | School | Seed | Finals | H# | Points |
|------------------------|----|--------------------------------|---------|---------|----|--------|
| 6 #409 Yang, Nick | 12 | Potsdam Sandstoners | 2:13.60 | 2:12.69 | 1 | 1 |
| 7 #111 Gravell, Skylar | 12 | Franklin Academy | 2:14.60 | 2:13.85 | 1 | |
| 8 #405 Stene, Emil | 11 | Potsdam Sandstoners | 2:15.70 | 2:14.82 | 1 | |
| 8 #452 Flagg, Logan | 11 | Tupper Lake Lumberjacks | 2:12.23 | 2:14.82 | 2 | |
| 10 #493 Bradley, Logan | 11 | Norwood-Norfolk Central School | 2:13.00 | 2:16.78 | 1 | |
| 11 #422 Lazore, Cayde | 12 | Salmon River | 2:11.01 | 2:23.63 | 2 | |
| 12 #492 Bradley, Lance | 12 | Norwood-Norfolk Central School | 2:16.00 | 2:23.71 | 1 | |

Boys 1600 Meter Run

Section X: 4:10.30 R 1980

Jim Tyler, Norwood Norfolk

| Name | Yr | School | Seed | Finals | H# | Points |
|--------------------------------|----|--------------------------------|---------|---------|----|--------|
| Finals | | | | | | |
| 1 #496 Fiacco, Dominic | 11 | Norwood-Norfolk Central School | 4:40.00 | 4:35.16 | 2 | 10 |
| 2 #41 Gendebien, Noah | 10 | Canton Central School | 4:40.60 | 4:37.86 | 2 | 8 |
| 3 #106 Chodat, Watson | 12 | Franklin Academy | 4:35.00 | 4:41.88 | 2 | 6 |
| 4 #495 Fiacco, Anthony | 12 | Norwood-Norfolk Central School | 4:39.00 | 4:44.94 | 2 | 4 |
| 5 #34 Armendariz-Huang, Daniel | 10 | Canton Central School | 4:53.47 | 4:46.42 | 2 | 2 |
| 6 #57 Rodriguez-Doyle, Aiden | 10 | Canton Central School | 4:51.90 | 4:48.21 | 2 | 1 |
| 7 #158 Winters, Liam | 10 | Gouverneur Central School | 4:57.40 | 4:49.09 | 2 | |
| 8 #409 Yang, Nick | 12 | Potsdam Sandstoners | 5:01.33 | 4:59.58 | 1 | |
| 9 #396 Myers, Liam | 9 | Potsdam Sandstoners | 5:06.12 | 5:05.14 | 1 | |
| 10 #455 Kendall, Jonah | FR | Tupper Lake Lumberjacks | 5:11.14 | 5:06.09 | 1 | |
| 11 #109 Fefee, Brayden | 12 | Franklin Academy | 5:19.54 | 5:11.41 | 1 | |
| 12 #407 Vink, Bailey | 9 | Potsdam Sandstoners | 5:04.01 | 5:11.94 | 1 | |
| 13 #493 Bradley, Logan | 11 | Norwood-Norfolk Central School | 5:01.00 | 5:12.07 | 2 | |
| 14 #216 Rochefort, Bayley | 12 | Massena | 4:57.40 | 5:20.31 | 2 | |
| 15 #206 Johnson, Zachary | 9 | Massena | 5:28.90 | 5:30.36 | 1 | |
| 16 #204 Green, Liam | 12 | Massena | 5:33.90 | 5:37.40 | 1 | |
| 17 #156 Wells, Kaden | 10 | Gouverneur Central School | 5:28.60 | 5:43.19 | 1 | |
| 18 #101 Borman, Justin | | Franklin Academy | 5:31.00 | 5:46.56 | 1 | |
| 19 #418 Cole, Kyren | 12 | Salmon River | 5:34.30 | 5:47.08 | 1 | |
| --- #422 Lazore, Cayde | 12 | Salmon River | 5:00.80 | DNF | 2 | |

Boys 1600 Meter Run Frosh

| Name | Yr | School | Seed | Finals |
|---------------------------|----|-------------------------|---------|----------|
| Finals | | | | |
| 1 #33 Andes, William | | Canton Central School | 5:21.02 | 5:23.15 |
| 2 #117 LaChance, Brandon | 10 | Franklin Academy | 5:36.62 | 5:42.06 |
| 3 #52 O'Brien, Ciaran | 9 | Canton Central School | 5:34.70 | 5:42.23 |
| 4 #182 Sabatini, Adam | 9 | Madrid-Waddington | 5:41.00 | 5:45.10 |
| 5 #402 Shaw, Oscar | 8 | Potsdam Sandstoners | 5:30.00 | 5:46.59 |
| 6 #71 Worthley, Kolten | 10 | Canton Central School | 5:43.50 | 5:53.00 |
| 7 #119 Menke, Ryan | 8 | Franklin Academy | 5:56.10 | 5:54.13 |
| 8 #406 Thomas, Tristan | 9 | Potsdam Sandstoners | 5:40.00 | 5:54.15 |
| 9 #450 Barkley, Nathan | SO | Tupper Lake Lumberjacks | 5:40.10 | 6:02.44 |
| 10 #386 Garcia, Jack | 9 | Potsdam Sandstoners | 6:40.00 | 6:23.85 |
| 11 #392 Huyhn, Ben | 9 | Potsdam Sandstoners | 7:00.00 | x6:37.65 |
| 12 #384 Erwin, Josh | 9 | Potsdam Sandstoners | 6:45.00 | x6:44.44 |
| 13 #205 Hurlbut, Jeremiah | 9 | Massena | 7:01.00 | 6:49.03 |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Boys 3200 Meter Run

| Section X: 9:01.00 R 1982 | | Mark Gosselin, Malone | | | | | |
|---------------------------|------|------------------------|------|--------------------------------|----------|----------|----|
| Name | Yr | School | Seed | Finals | Points | | |
| Finals | | | | | | | |
| 1 | #57 | Rodriguez-Doyle, Aiden | 10 | Canton Central School | 10:46.37 | 10:57.16 | 10 |
| 2 | #158 | Winters, Liam | 10 | Gouverneur Central School | 11:08.60 | 11:11.56 | 8 |
| 3 | #66 | Watts, Lucas | 10 | Canton Central School | 10:46.49 | 11:12.13 | 6 |
| 4 | #455 | Kendall, Jonah | FR | Tupper Lake Lumberjacks | 11:23.58 | 11:15.63 | 4 |
| 5 | #396 | Myers, Liam | 9 | Potsdam Sandstoners | 11:26.20 | 11:24.40 | 2 |
| 6 | #407 | Vink, Bailey | 9 | Potsdam Sandstoners | 11:08.75 | 11:28.45 | 1 |
| 7 | #70 | Worthley, Kaden | 10 | Canton Central School | 10:52.09 | 11:31.47 | |
| 8 | #109 | Fefee, Brayden | 12 | Franklin Academy | 11:31.00 | 11:46.57 | |
| 9 | #496 | Fiacco, Dominic | 11 | Norwood-Norfolk Central School | 10:35.00 | 11:54.67 | |
| 10 | #493 | Bradley, Logan | 11 | Norwood-Norfolk Central School | 11:46.00 | 11:59.37 | |
| 11 | #206 | Johnson, Zachary | 9 | Massena | 11:57.00 | 12:00.77 | |
| 12 | #114 | Johnston, Carter | 10 | Franklin Academy | 12:01.00 | 12:06.90 | |
| 13 | #492 | Bradley, Lance | 12 | Norwood-Norfolk Central School | 11:29.00 | 12:17.36 | |
| 14 | #204 | Green, Liam | 12 | Massena | 11:54.00 | 12:20.96 | |
| 15 | #120 | Perry, Reece | | Franklin Academy | 11:56.00 | 12:33.42 | |
| --- | #388 | Gilbert, Jack | 10 | Potsdam Sandstoners | 11:58.50 | DNF | |

Boys 110 Meter Hurdles

| Section X: 14.40 R 1989 | | Jim Lobdell, Gouverneur | | | | | |
|-------------------------|------|-------------------------|------|--------------------------------|-------|--------|---|
| Name | Yr | School | Seed | Finals | H# | Points | |
| Finals | | | | | | | |
| 1 | #333 | Peabody, Gabe | 10 | Ogdensburg Free Academy | 18.21 | 17.88 | 3 |
| 2 | #395 | Morey, Xaiden | 9 | Potsdam Sandstoners | 18.49 | 18.42 | 3 |
| 3 | #379 | Attemann, Miles | 10 | Potsdam Sandstoners | 18.40 | 18.65 | 3 |
| 4 | #67 | Wilcox, John | 10 | Canton Central School | 18.50 | 18.81 | 3 |
| 5 | #328 | Lemke, Ethan | 12 | Ogdensburg Free Academy | 18.52 | 19.50 | 3 |
| 6 | #503 | Milller-Lynch, Liam | 12 | Norwood-Norfolk Central School | 19.60 | 19.87 | 2 |
| 7 | #198 | Binion, Jacob | 12 | Massena | 19.80 | 20.06 | 2 |
| 8 | #214 | Park, Noah | 12 | Massena | 19.20 | 20.19 | 3 |
| 9 | #218 | Wilhelm, Zander | 10 | Massena | 19.70 | 20.30 | 2 |
| 10 | #326 | Havens, Jace | 9 | Ogdensburg Free Academy | 19.90 | 20.38 | 2 |
| 11 | #152 | Sahakyan, Tigan | 11 | Gouverneur Central School | 20.70 | 21.64 | 1 |
| 12 | #140 | Bice III, Kelvin | 9 | Gouverneur Central School | 20.60 | 21.85 | 2 |
| 13 | #141 | Bishop, Evan | 9 | Gouverneur Central School | 22.20 | 24.21 | 1 |

Boys 400 Meter Hurdles

| Section X: 53.96 R 1989 | | Jim Lobdell, Gouverneur | | | | | |
|-------------------------|------|-------------------------|------|-------------------------|---------|---------|---|
| Name | Yr | School | Seed | Finals | H# | Points | |
| Finals | | | | | | | |
| 1 | #333 | Peabody, Gabe | 10 | Ogdensburg Free Academy | 1:01.41 | 1:02.04 | 3 |
| 2 | #423 | Leroux, Ty | 11 | Salmon River | 1:06.10 | 1:03.86 | 3 |
| 3 | #195 | Ashley, Jordan | 10 | Massena | 1:07.00 | 1:03.96 | 3 |
| 4 | #398 | Pace, Patrick | 11 | Potsdam Sandstoners | 1:06.80 | 1:05.12 | 3 |
| 5 | #379 | Attemann, Miles | 10 | Potsdam Sandstoners | 1:08.87 | 1:05.24 | 2 |
| 6 | #53 | Odetoyinbo, Ayomi | 11 | Canton Central School | 1:06.27 | 1:05.80 | 3 |
| 7 | #336 | Smith, Ian | 11 | Ogdensburg Free Academy | 1:08.90 | 1:05.93 | 2 |
| 8 | #218 | Wilhelm, Zander | 10 | Massena | 1:08.60 | 1:08.94 | 3 |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Finals ... (Boys 400 Meter Hurdles)

| Name | Yr | School | Seed | Finals | H# | Points |
|--------------------------|----|--------------------------------|---------|---------|----|--------|
| 9 #66 Watts, Lucas | 10 | Canton Central School | 1:09.50 | 1:09.19 | 2 | |
| 10 #395 Morey, Xaiden | 9 | Potsdam Sandstoners | 1:10.30 | 1:09.33 | 2 | |
| 11 #214 Park, Noah | 12 | Massena | 1:10.90 | 1:10.10 | 2 | |
| 12 #506 Sweet, Riley | | Norwood-Norfolk Central School | 1:13.30 | 1:13.33 | 1 | |
| 13 #140 Bice III, Kelvin | 9 | Gouverneur Central School | 1:17.70 | 1:13.82 | 1 | |
| 14 #67 Wilcox, John | 10 | Canton Central School | 1:10.10 | 1:14.16 | 2 | |
| 15 #141 Bishop, Evan | 9 | Gouverneur Central School | 1:21.60 | 1:24.33 | 1 | |

Boys 3000 Meter Steeplechase

Section X: 9:44.29 R 2010

Jon Eng, Norwood Norfolk

| Name | Yr | School | Seed | Finals | Points |
|------------------------------|----|---------------------------|----------|----------|--------|
| Finals | | | | | |
| 1 #57 Rodriguez-Doyle, Aiden | 10 | Canton Central School | 10:55.41 | 10:55.50 | 10 |
| 2 #216 Rochefort, Bayley | 12 | Massena | 11:23.13 | 11:01.90 | 8 |
| 3 #70 Worthley, Kaden | 10 | Canton Central School | 11:06.80 | 11:19.60 | 6 |
| 4 #66 Watts, Lucas | 10 | Canton Central School | 10:46.53 | 11:42.30 | 4 |
| 5 #405 Stene, Emil | 11 | Potsdam Sandstoners | 12:05.41 | 12:00.20 | 2 |
| 6 #156 Wells, Kaden | 10 | Gouverneur Central School | | 12:33.50 | 1 |
| 7 #109 Fefee, Brayden | 12 | Franklin Academy | 12:09.00 | 12:54.80 | |
| 8 #114 Johnston, Carter | 10 | Franklin Academy | 12:54.00 | 13:06.40 | |
| 9 #119 Menke, Ryan | 8 | Franklin Academy | 12:43.00 | 13:54.30 | |

Boys 4x100 Meter Relay

Section X: 44.75 R 2014

Potsdam, Potsdam

| Team | Relay | Seed | Finals | H# | Points |
|----------------------------------|------------------------------|----------------------------|-----------------------------|----|--------|
| Finals | | | | | |
| 1 Massena | A | 45.85 | 44.89 | 2 | 10 |
| 1) #198 Binion, Jacob 12 | 2) #194 Acevedo, Eligha 11 | 3) #197 Binion, Aaron 12 | 4) #212 Monroe, Wyatt 12 | | |
| 2 Gouverneur Central School | A | 47.40 | 46.79 | 2 | 8 |
| 1) #158 Winters, Liam 10 | 2) #146 LaPierre, Noel 12 | 3) #145 Hull, Tiamane 10 | 4) #155 Thomas, Vincent 11 | | |
| 3 Tupper Lake Lumberjacks | A | 47.90 | 47.95 | 2 | 6 |
| 1) #454 Gerstenberger, Cohen FR | 2) #452 Flagg, Logan 11 | 3) #458 McClain, Kyler SO | 4) #463 Shannon, Brayden SO | | |
| 4 Salmon River | A | 48.34 | 48.35 | 2 | 4 |
| 1) #424 Sharrow, Tehonietathe 12 | 2) #423 Leroux, Ty 11 | 3) #425 Thomas, Riley 12 | 4) #422 Lazore, Cayde 12 | | |
| 5 Canton Central School | A | 45.90 | 48.56 | 2 | 2 |
| 1) #65 Trombley, James 9 | 2) #40 Galusha, Ty 9 | 3) #68 Wilkinson, Caleb 10 | 4) #58 Rosales, Jacob 11 | | |
| 6 Franklin Academy | A | 48.20 | 48.59 | 2 | 1 |
| 1) #98 Ashlaw, Mitchell | 2) #124 Smythe, Landon | 3) #110 Funk, Cooper 11 | 4) #116 Keating, Dylan 11 | | |
| 7 Ogdensburg Free Academy | A | 49.81 | 49.02 | 1 | |
| 1) #333 Peabody, Gabe 10 | 2) #325 Gillette, Gary 12 | 3) #336 Smith, Ian 11 | 4) #328 Lemke, Ethan 12 | | |
| 8 Potsdam Sandstoners | A | 48.50 | 51.51 | 1 | |
| 1) #393 Jones, William 9 | 2) #408 Wolfe-Kedar, Evan 12 | 3) #403 Smith, Nate 11 | 4) #389 Grainger, Nick 10 | | |
| 9 Norwood-Norfolk Central School | A | 53.20 | 56.08 | 1 | |
| 1) #494 Burkum, Thomas | 2) #502 LaFerriere, Danny | 3) #491 Boprey, Dominic 10 | 4) #499 Garrow, Jaren | | |

Boys 4x400 Meter Relay

Section X: 3:26.59 R 2006

Norwood Norfolk, Norwood Norfolk

| Team | Relay | Seed | Finals | Points |
|----------------------------------|----------------------------|----------------------------|----------------------------|--------|
| Finals | | | | |
| 1 Norwood-Norfolk Central School | A | 3:50.00 | 3:36.61 | 10 |
| 1) #503 Milller-Lynch, Liam 12 | 2) #495 Fiacco, Anthony 12 | 3) #496 Fiacco, Dominic 11 | 4) #498 Gardner, Corbin 11 | |
| 5) #504 Parker, Ethan | | | | |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Finals ... (Boys 4x400 Meter Relay)

| Team | Relay | Seed | Finals | Points |
|----------------------------------|--------------------------------|-----------------------------|---------------------------------|--------|
| 2 Canton Central School | A | 3:45.61 | 3:39.46 | 8 |
| 1) #72 Young, Caleb 12 | 2) #49 Nelson-Fuse, Vincent 12 | 3) #44 Lee-Powell, Rylan 10 | 4) #53 Odetoyinbo, Ayomi 11 | |
| 5) #34 Armendariz-Huang, Daniel | 6) #33 Andes, William | 7) #41 Gendebien, Noah 10 | | |
| 3 Franklin Academy | A | 3:46.60 | 3:39.77 | 6 |
| 1) #106 Chodat, Watson 12 | 2) #115 Keating, Cameron 9 | 3) #116 Keating, Dylan 11 | 4) #111 Gravell, Skylar 12 | |
| 5) #118 Marlow, Jayson | 6) #98 Ashlaw, Mitchell | | | |
| 4 Massena | A | 3:46.90 | 3:40.17 | 4 |
| 1) #212 Monroe, Wyatt 12 | 2) #216 Rochefort, Bayley 12 | 3) #194 Acevedo, Eligha 11 | 4) #197 Binion, Aaron 12 | |
| 5) #201 Dostie, Jayden 12 | 6) #196 Becht, Chase 12 | 7) #218 Wilhelm, Zander 10 | | |
| 5 Potsdam Sandstoners | A | 3:58.00 | 3:51.91 | 2 |
| 1) #390 Hagggett, Max 10 | 2) #381 Cardona, Landon 12 | 3) #393 Jones, William 9 | 4) #408 Wolfe-Kedar, Evan 12 | |
| 5) #405 Stene, Emil 11 | 6) #409 Yang, Nick 12 | 7) #382 Coates, Seth 10 | 8) #403 Smith, Nate 11 | |
| 6 Salmon River | A | 3:55.90 | 3:53.86 | 1 |
| 1) #424 Sharrow, Tehonietathe 12 | 2) #423 Leroux, Ty 11 | 3) #418 Cole, Kyren 12 | 4) #422 Lazore, Cayde 12 | |
| 7 Ogdensburg Free Academy | A | 4:00.10 | 4:02.51 | |
| 1) #334 Self, Skyler 09 | 2) #331 Moran, Aidan 09 | 3) #325 Gillette, Gary 12 | 4) #327 Hunter, Jack 11 | |
| 5) #326 Havens, Jace 9 | 6) #321 Beaulieu, Patrick 9 | 7) #332 Peabody, Crofton 10 | | |
| 8 Tupper Lake Lumberjacks | A | 4:09.25 | 4:04.11 | |
| 1) #457 Logie, Sawyer 12 | 2) #458 McClain, Kyler SO | 3) #453 Fleishman, Brock 9 | 4) #454 Gerstenberger, Cohen FR | |
| 5) #455 Kendall, Jonah FR | 6) #451 Bujold, Sean SO | | | |
| 9 Gouverneur Central School | A | 4:23.60 | 4:32.60 | |
| 1) #151 Ritchie, Jackson 9 | 2) #150 Premo, Caleb 9 | 3) #140 Bice III, Kelvin 9 | 4) #147 Leader, John-Michael 8 | |
| 5) #143 Darou, Richard 8 | 6) #149 Minckler, Paul 8 | | | |

Boys 4x800 Meter Relay

| Section X: | 7:54.00 | R | 1985 | Malone, Malone | Seed | Finals | Points |
|----------------------------------|-----------------------------|---------------------------------|--------------------------------|----------------|------|--------|--------|
| Team | Relay | | | | | | |
| Finals | | | | | | | |
| 1 Canton Central School | A | 8:47.56 | J8:43.98 | 10 | | | |
| 1) #57 Rodriguez-Doyle, Aiden 10 | 2) #44 Lee-Powell, Rylan 10 | 3) #34 Armendariz-Huang, Daniel | 4) #49 Nelson-Fuse, Vincent 12 | | | | |
| 2 Norwood-Norfolk Central School | A | 8:49.00 | J8:43.98 | 8 | | | |
| 1) #495 Fiacco, Anthony 12 | 2) #492 Bradley, Lance 12 | 3) #493 Bradley, Logan 11 | 4) #496 Fiacco, Dominic 11 | | | | |
| 3 Potsdam Sandstoners | A | 9:50.00 | 8:54.92 | 6 | | | |
| 1) #393 Jones, William 9 | 2) #409 Yang, Nick 12 | 3) #405 Stene, Emil 11 | 4) #390 Hagggett, Max 10 | | | | |
| 4 Franklin Academy | A | 9:30.00 | 9:44.53 | 4 | | | |
| 1) #111 Gravell, Skylar 12 | 2) #106 Chodat, Watson 12 | 3) #101 Borman, Justin | 4) #115 Keating, Cameron 9 | | | | |
| 5 Massena | A | 9:30.00 | 10:04.03 | 2 | | | |
| 1) #201 Dostie, Jayden 12 | 2) #196 Becht, Chase 12 | 3) #206 Johnson, Zachary 9 | 4) #217 Sherman, Dominick 10 | | | | |
| 6 Ogdensburg Free Academy | A | 10:00.98 | 10:11.94 | 1 | | | |
| 1) #334 Self, Skyler 09 | 2) #327 Hunter, Jack 11 | 3) #326 Havens, Jace 9 | 4) #332 Peabody, Crofton 10 | | | | |
| 7 Gouverneur Central School | A | 10:08.31 | 10:30.90 | | | | |
| 1) #144 Fitzgerald, Ethan 12 | 2) #143 Darou, Richard 8 | 3) #157 Wilson, Ashton 11 | 4) #149 Minckler, Paul 8 | | | | |

Boys High Jump

| Section X: | 6-08.75 | R | 1995 | Pete Basta, Ogdensburg | Seed | Finals | Points |
|----------------------------|---------|-------------------------|---------|------------------------|------|--------|--------|
| Name | Yr | School | | | | | |
| Finals | | | | | | | |
| 1 #53 Odetoyinbo, Ayomi | 11 | Canton Central School | 6-00.00 | J5-10.00 | 10 | | |
| 2 #49 Nelson-Fuse, Vincent | 12 | Canton Central School | 6-00.00 | J5-10.00 | 8 | | |
| 3 #42 Green, Talan | 11 | Canton Central School | 5-08.00 | J5-06.00 | 6 | | |
| 4 #395 Morey, Xaiden | 9 | Potsdam Sandstoners | 4-08.75 | J5-06.00 | 4 | | |
| 5 #463 Shannon, Brayden | SO | Tupper Lake Lumberjacks | 5-04.00 | J5-02.00 | 2 | | |
| 6 #452 Flagg, Logan | 11 | Tupper Lake Lumberjacks | 5-00.00 | J5-00.00 | .50 | | |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Finals ... (Boys High Jump)

| Name | Yr | School | Seed | Finals | Points |
|------------------------------|----|--------------------------------|---------|----------|--------|
| 6 #182 Sabatini, Adam | 9 | Madrid-Waddington | 5-02.00 | J5-00.00 | .50 |
| 7 #209 Lincoln, Kellon | 11 | Massena | 5-04.00 | J5-00.00 | |
| 7 #501 King, Ethan | | Norwood-Norfolk Central School | 5-06.00 | J5-00.00 | |
| 7 #210 Lucey, Ty | 12 | Massena | 5-00.00 | J5-00.00 | |
| 11 #102 Borman, Zachary | | Franklin Academy | 5-02.00 | 4-09.00 | |
| 11 #155 Thomas, Vincent | 11 | Gouverneur Central School | 5-04.00 | 4-09.00 | |
| 11 #147 Leader, John-Michael | 8 | Gouverneur Central School | 5-00.00 | 4-09.00 | |
| 11 #100 Benardot, Maxwell | | Franklin Academy | 5-02.00 | 4-09.00 | |
| --- #148 Lumley, Carter | 9 | Gouverneur Central School | 4-06.00 | NH | |
| --- #418 Cole, Kyren | 12 | Salmon River | 4-09.00 | NH | |
| --- #108 Debose, Ayden | 9 | Franklin Academy | 5-02.00 | NH | |
| --- #394 Malit, Jimmy | 9 | Potsdam Sandstoners | 4-06.00 | NH | |

Boys Long Jump

Section X: 22-05.75 R 1996

Courtlan Green, Salmon River

| Name | Yr | School | Seed | Prelims | H# |
|-----------------------------|----|--------------------------------|----------|------------|----|
| Preliminaries | | | | | |
| 1 #212 Monroe, Wyatt | 12 | Massena | 19-08.50 | 19-04.00 q | 2 |
| 2 #146 LaPierre, Noel | 12 | Gouverneur Central School | 19-10.00 | 18-11.25 q | 2 |
| 3 #195 Ashley, Jordan | 10 | Massena | 17-07.00 | 17-07.50 q | 2 |
| 4 #454 Gerstenberger, Cohen | FR | Tupper Lake Lumberjacks | 15-08.00 | 17-04.50 q | 1 |
| 5 #181 Reed, Matthew | 12 | Madrid-Waddington | 19-06.50 | 17-02.00 q | 2 |
| 6 #381 Cardona, Landon | 12 | Potsdam Sandstoners | 16-04.00 | 17-00.75 q | 2 |
| 7 #507 Waite, Mason | | Norwood-Norfolk Central School | 16-01.00 | 16-09.75 q | 2 |
| 8 #194 Acevedo, Eligha | 11 | Massena | 18-06.50 | 16-09.00 q | 2 |
| 9 #68 Wilkinson, Caleb | 10 | Canton Central School | 17-07.00 | 16-07.00 | 2 |
| 10 #423 Leroux, Ty | 11 | Salmon River | 18-06.00 | 16-05.50 | 2 |
| 11 #124 Smythe, Landon | | Franklin Academy | 16-02.00 | 16-03.75 | 2 |
| 12 #40 Galusha, Ty | 9 | Canton Central School | 17-11.50 | 16-02.50 | 2 |
| 13 #332 Peabody, Crofton | 10 | Ogdensburg Free Academy | 16-01.00 | 15-09.25 | 1 |
| 14 #494 Burkum, Thomas | | Norwood-Norfolk Central School | 15-00.00 | 15-07.00 | 1 |
| 15 #336 Smith, Ian | 11 | Ogdensburg Free Academy | 16-08.00 | 15-04.00 | 2 |
| 16 #458 McClain, Kyler | SO | Tupper Lake Lumberjacks | 14-08.00 | 15-03.25 | 1 |
| 17 #379 Attemann, Miles | 10 | Potsdam Sandstoners | 14-07.00 | 15-00.75 | 1 |
| 18 #145 Hull, Tiamane | 10 | Gouverneur Central School | 15-07.50 | 14-11.25 | 1 |
| 19 #326 Havens, Jace | 9 | Ogdensburg Free Academy | 15-03.00 | 14-08.00 | 1 |
| 20 #140 Bice III, Kelvin | 9 | Gouverneur Central School | 15-04.00 | 14-04.50 | 1 |
| 21 #118 Marlow, Jayson | | Franklin Academy | 14-03.00 | 14-03.00 | 1 |
| 22 #398 Pace, Patrick | 11 | Potsdam Sandstoners | 14-09.50 | 14-00.75 | 1 |
| 23 #451 Bujold, Sean | SO | Tupper Lake Lumberjacks | 14-03.00 | 13-08.25 | 1 |

Boys Long Jump

Section X: 22-05.75 R 1996

Courtlan Green, Salmon River

| Name | Yr | School | Prelims | Finals | Points |
|------------------------|----|---------------------------|----------|----------|--------|
| Finals | | | | | |
| 1 #212 Monroe, Wyatt | 12 | Massena | 19-04.00 | 19-04.00 | 10 |
| 2 #181 Reed, Matthew | 12 | Madrid-Waddington | 17-02.00 | 19-00.00 | 8 |
| 3 #146 LaPierre, Noel | 12 | Gouverneur Central School | 18-11.25 | 18-11.25 | 6 |
| 4 #195 Ashley, Jordan | 10 | Massena | 17-07.50 | 17-07.50 | 4 |
| 5 #194 Acevedo, Eligha | 11 | Massena | 16-09.00 | 17-06.25 | 2 |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Finals ... (Boys Long Jump)

| Name | Yr | School | Prelims | Finals | Points |
|-----------------------------|----|--------------------------------|----------|----------|--------|
| 6 #454 Gerstenberger, Cohen | FR | Tupper Lake Lumberjacks | 17-04.50 | 17-04.50 | 1 |
| 7 #381 Cardona, Landon | 12 | Potsdam Sandstoners | 17-00.75 | 17-01.25 | |
| 8 #507 Waite, Mason | | Norwood-Norfolk Central School | 16-09.75 | 16-09.75 | |

Boys Triple Jump

Section X: 46-00 R 1998

Rich Blewett, Canton

| Name | Yr | School | Seed | Prelims | H# |
|----------------------------|----|--------------------------------|----------|------------|----|
| Preliminaries | | | | | |
| 1 #197 Binion, Aaron | 12 | Massena | 40-02.50 | 39-06.50 q | 2 |
| 2 #195 Ashley, Jordan | 10 | Massena | 36-03.00 | 37-10.75 q | 2 |
| 3 #181 Reed, Matthew | 12 | Madrid-Waddington | 38-02.50 | 37-09.75 q | 2 |
| 4 #49 Nelson-Fuse, Vincent | 12 | Canton Central School | 37-05.75 | 36-06.75 q | 2 |
| 5 #40 Galusha, Ty | 9 | Canton Central School | 36-07.00 | 35-01.75 q | 2 |
| 6 #395 Morey, Xaiden | 9 | Potsdam Sandstoners | 33-06.00 | 34-06.75 q | 1 |
| 7 #98 Ashlaw, Mitchell | | Franklin Academy | 34-02.00 | 34-03.50 q | 2 |
| 8 #398 Pace, Patrick | 11 | Potsdam Sandstoners | 34-03.50 | 34-02.25 | 2 |
| 9 #507 Waite, Mason | | Norwood-Norfolk Central School | 34-10.00 | 33-10.50 | 2 |
| 10 #379 Attemann, Miles | 10 | Potsdam Sandstoners | 34-02.25 | 33-08.50 | 2 |
| 10 #144 Fitzgerald, Ethan | 12 | Gouverneur Central School | 33-06.00 | 33-08.50 | 1 |
| 12 #332 Peabody, Crofton | 10 | Ogdensburg Free Academy | 34-05.00 | 33-07.25 | 2 |
| 13 #425 Thomas, Riley | 12 | Salmon River | 31-03.00 | 33-05.50 | 1 |
| 14 #333 Peabody, Gabe | 10 | Ogdensburg Free Academy | 32-05.50 | 32-09.25 | 1 |
| 15 #33 Andes, William | | Canton Central School | 34-01.00 | 32-02.50 | 2 |
| 16 #154 Slate, Wyatt | 8 | Gouverneur Central School | 32-02.00 | 32-02.25 | 1 |
| 17 #117 LaChance, Brandon | 10 | Franklin Academy | 30-06.00 | 32-02.00 | 1 |
| 18 #494 Burkum, Thomas | | Norwood-Norfolk Central School | 31-02.00 | 31-06.00 | 1 |
| 19 #418 Cole, Kyren | 12 | Salmon River | 32-02.25 | 30-10.00 | 1 |
| 20 #150 Premo, Caleb | 9 | Gouverneur Central School | 31-07.00 | 30-00.75 | 1 |

Boys Triple Jump

Section X: 46-00 R 1998

Rich Blewett, Canton

| Name | Yr | School | Prelims | Finals | Points |
|----------------------------|----|-----------------------|----------|----------|--------|
| Finals | | | | | |
| 1 #181 Reed, Matthew | 12 | Madrid-Waddington | 37-09.75 | 40-01.50 | 10 |
| 2 #197 Binion, Aaron | 12 | Massena | 39-06.50 | 40-00.75 | 8 |
| 3 #195 Ashley, Jordan | 10 | Massena | 37-10.75 | 38-04.25 | 6 |
| 4 #49 Nelson-Fuse, Vincent | 12 | Canton Central School | 36-06.75 | 36-10.50 | 4 |
| 5 #40 Galusha, Ty | 9 | Canton Central School | 35-01.75 | 35-05.25 | 2 |
| 6 #395 Morey, Xaiden | 9 | Potsdam Sandstoners | 34-06.75 | 35-00.00 | 1 |
| 7 #98 Ashlaw, Mitchell | | Franklin Academy | 34-03.50 | 34-03.50 | |

Boys Shot Put

Section X: 61-07.50 R 2004

Josh Dupuis, Tupper Lake

| Name | Yr | School | Seed | Prelims | H# |
|----------------------|----|---------------------------|----------|------------|----|
| Preliminaries | | | | | |
| 1 #153 Siebels, Owen | 11 | Gouverneur Central School | 39-10.00 | 41-06.25 q | 2 |
| 2 #380 Besio, Harlee | 12 | Potsdam Sandstoners | 39-08.00 | 38-09.50 q | 2 |
| 3 #214 Park, Noah | 12 | Massena | 37-09.00 | 38-02.25 q | 2 |
| 4 #328 Lemke, Ethan | 12 | Ogdensburg Free Academy | 34-07.00 | 37-05.50 q | 2 |
| 5 #324 Farley, Jacob | 12 | Ogdensburg Free Academy | 36-03.00 | 37-04.50 q | 2 |

Section X Championships - 5/31/2023 to 6/2/2023

Tupper Lake Central Schools

Results

Preliminaries ... (Boys Shot Put)

| Name | Yr | School | Seed | Prelims | H# |
|----------------------------------|----|--------------------------------|----------|------------|----|
| 6 #215 Robillard-Ramatici, Ethan | 11 | Massena | 38-11.00 | 36-02.50 q | 2 |
| 7 #37 Collins, Jayce | 12 | Canton Central School | 37-01.00 | 35-04.50 q | 2 |
| 8 #320 Baxter, Chandler | 12 | Ogdensburg Free Academy | 36-09.50 | 35-03.50 q | 2 |
| 9 #110 Funk, Cooper | 11 | Franklin Academy | 34-02.00 | 34-07.50 | 2 |
| 10 #174 Hawkins, Tyree | 9 | Madrid-Waddington | 34-08.00 | 34-05.00 | 2 |
| 11 #177 Moots, William | 10 | Madrid-Waddington | 33-00.00 | 34-04.75 | 2 |
| 12 #122 Rogers, Witt | | Franklin Academy | 34-09.00 | 34-04.25 | 2 |
| 13 #449 Baker, Mike | JR | Tupper Lake Lumberjacks | 35-05.00 | 33-08.25 | 2 |
| 14 #210 Lucey, Ty | 12 | Massena | 32-07.75 | 32-11.00 | 1 |
| 15 #62 Simons, Christian | 12 | Canton Central School | 32-07.50 | 32-09.50 | 1 |
| 16 #123 Shea, Jeb | 12 | Franklin Academy | 31-11.00 | 32-01.75 | 1 |
| 17 #63 Straight, Cole | 11 | Canton Central School | 31-03.00 | 31-07.50 | 1 |
| 18 #456 Levey, CJ | SO | Tupper Lake Lumberjacks | 32-09.00 | 31-03.50 | 2 |
| 19 #171 Amo, Hayden | 10 | Madrid-Waddington | 28-10.00 | 30-02.50 | 1 |
| 20 #501 King, Ethan | | Norwood-Norfolk Central School | 30-00.00 | 29-11.25 | 1 |
| 21 #491 Boprey, Dominic | 10 | Norwood-Norfolk Central School | 29-11.00 | 29-07.00 | 1 |
| 22 #142 Cornell, Gage | 11 | Gouverneur Central School | 30-01.00 | 28-10.00 | 1 |
| 23 #421 Hasty, Oakley | 9 | Salmon River | 28-08.75 | 28-04.00 | 1 |
| 24 #383 Corbett, Patrick | 10 | Potsdam Sandstoners | 26-01.00 | 26-00.50 | 1 |
| 25 #450 Barkley, Nathan | SO | Tupper Lake Lumberjacks | 26-11.50 | 26-00.00 | 1 |
| 26 #392 Huyhn, Ben | 9 | Potsdam Sandstoners | 25-00.00 | 25-09.50 | 1 |
| 27 #505 Stewart, Caeden | | Norwood-Norfolk Central School | 25-07.00 | 25-01.50 | 1 |
| 28 #157 Wilson, Ashton | 11 | Gouverneur Central School | 20-06.00 | 23-00.00 | 1 |

Boys Shot Put

Section X: 61-07.50 R 2004

Josh Dupuis, Tupper Lake

| Name | Yr | School | Prelims | Finals | Points |
|----------------------------------|----|---------------------------|----------|----------|--------|
| Finals | | | | | |
| 1 #153 Siebels, Owen | 11 | Gouverneur Central School | 41-06.25 | 41-06.25 | 10 |
| 2 #214 Park, Noah | 12 | Massena | 38-02.25 | 39-08.00 | 8 |
| 3 #380 Besio, Harlee | 12 | Potsdam Sandstoners | 38-09.50 | 38-09.50 | 6 |
| 4 #320 Baxter, Chandler | 12 | Ogdensburg Free Academy | 35-03.50 | 37-11.50 | 4 |
| 5 #328 Lemke, Ethan | 12 | Ogdensburg Free Academy | 37-05.50 | 37-05.50 | 2 |
| 6 #324 Farley, Jacob | 12 | Ogdensburg Free Academy | 37-04.50 | 37-04.50 | 1 |
| 7 #215 Robillard-Ramatici, Ethan | 11 | Massena | 36-02.50 | 36-04.75 | |
| 8 #37 Collins, Jayce | 12 | Canton Central School | 35-04.50 | 36-01.50 | |

Boys Discus Throw

Section X: 165-04 R 2003

Trevor Scott, Potsdam

| Name | Yr | School | Seed | Prelims | H# |
|-------------------------|----|--------------------------------|-----------|----------|----|
| Preliminaries | | | | | |
| 1 #53 Odetoyinbo, Ayomi | 11 | Canton Central School | 137-08.50 | 127-08 q | 3 |
| 2 #380 Besio, Harlee | 12 | Potsdam Sandstoners | 126-04 | 121-11 q | 3 |
| 3 #210 Lucey, Ty | 12 | Massena | 103-06 | 104-03 q | 3 |
| 4 #110 Funk, Cooper | 11 | Franklin Academy | 112-09 | 101-10 q | 3 |
| 5 #63 Straight, Cole | 11 | Canton Central School | 102-05 | 99-04 q | 3 |
| 6 #501 King, Ethan | | Norwood-Norfolk Central School | 96-04 | 99-01 q | 3 |
| 7 #174 Hawkins, Tyree | 9 | Madrid-Waddington | 92-04 | 97-07 q | 2 |
| 8 #113 Gurin, Donovan | | Franklin Academy | 93-10 | 96-07 | 2 |
| 9 #123 Shea, Jeb | 12 | Franklin Academy | 106-02 | 96-06 | 3 |

Section X Championships - 5/31/2023 to 6/2/2023**Tupper Lake Central Schools****Results****Preliminaries ... (Boys Discus Throw)**

| Name | Yr | School | Seed | Prelims | H# |
|-----------------------------------|----|--------------------------------|--------|---------|----|
| 10 #320 Baxter, Chandler | 12 | Ogdensburg Free Academy | 101-09 | 93-01 | 3 |
| 11 #37 Collins, Jayce | 12 | Canton Central School | 100-08 | 91-00 | 3 |
| 12 #324 Farley, Jacob | 12 | Ogdensburg Free Academy | 92-00 | 89-09 | 2 |
| 13 #153 Siebels, Owen | 11 | Gouverneur Central School | 97-01 | 88-01 | 3 |
| 14 #154 Slate, Wyatt | 8 | Gouverneur Central School | 91-00 | 88-00 | 2 |
| 15 #449 Baker, Mike | JR | Tupper Lake Lumberjacks | 100-00 | 85-08 | 3 |
| 16 #215 Robillard-Ramatici, Ethan | 11 | Massena | 102-08 | 83-11 | 3 |
| 17 #171 Amo, Hayden | 10 | Madrid-Waddington | 79-08 | 82-07 | 2 |
| 18 #450 Barkley, Nathan | SO | Tupper Lake Lumberjacks | 80-00 | 76-10 | 2 |
| 19 #390 Haggett, Max | 10 | Potsdam Sandstoners | 79-04 | 74-06 | 2 |
| 20 #151 Ritchie, Jackson | 9 | Gouverneur Central School | 74-10 | 70-03 | 2 |
| 21 #177 Moots, William | 10 | Madrid-Waddington | 80-01 | 68-08 | 2 |
| 22 #497 Fregoe, Kaleb | | Norwood-Norfolk Central School | 81-07 | 67-05 | 2 |
| 23 #491 Boprey, Dominic | 10 | Norwood-Norfolk Central School | 84-02 | 64-06 | 2 |
| 24 #203 Fregoe, Connor | 12 | Massena | 72-07 | 64-04 | 2 |
| 25 #387 Ghoochani, Roham | 10 | Potsdam Sandstoners | 66-02 | 52-02 | 2 |

Boys Discus Throw

Section X: 165-04 R 2003

Trevor Scott, Potsdam

| Name | Yr | School | Prelims | Finals | Points |
|-------------------------|----|--------------------------------|---------|--------|--------|
| Finals | | | | | |
| 1 #53 Odetoyinbo, Ayomi | 11 | Canton Central School | 127-08 | 127-08 | 10 |
| 2 #380 Besio, Harlee | 12 | Potsdam Sandstoners | 121-11 | 125-04 | 8 |
| 3 #210 Lucey, Ty | 12 | Massena | 104-03 | 109-00 | 6 |
| 4 #110 Funk, Cooper | 11 | Franklin Academy | 101-10 | 104-06 | 4 |
| 5 #63 Straight, Cole | 11 | Canton Central School | 99-04 | 99-04 | 2 |
| 6 #501 King, Ethan | | Norwood-Norfolk Central School | 99-01 | 99-01 | 1 |
| 7 #174 Hawkins, Tyree | 9 | Madrid-Waddington | 97-07 | 97-07 | |

Outdoor Pentathlon: #5 Boys 1500 Meter Run Outdoor Pentathlon

| Name | Yr | School | Finals | Points |
|--------------------------------|----|-----------------------|---------|--------|
| Finals | | | | |
| 1 #60 Scafidi-Mcguire, Griffin | 11 | Canton Central School | 5:07.16 | 519 |
| 2 #391 Hughes, Theo | 11 | Potsdam Sandstoners | 5:11.01 | 498 |
| 3 #48 Moumen, Zakaria | 12 | Canton Central School | 5:22.49 | 437 |
| 4 #397 Normile, Jack | 8 | Potsdam Sandstoners | 5:52.54 | 295 |

Outdoor Pentathlon: #1 Boys 110 Meter Hurdles Outdoor Pentathlon

| Name | Yr | School | Finals | H# | Points |
|--------------------------------|----|-----------------------|--------|----|--------|
| Finals | | | | | |
| 1 #60 Scafidi-Mcguire, Griffin | 11 | Canton Central School | 19.02 | 2 | 431 |
| 2 #391 Hughes, Theo | 11 | Potsdam Sandstoners | 19.19 | 1 | 416 |
| 3 #397 Normile, Jack | 8 | Potsdam Sandstoners | 22.27 | 2 | 192 |
| 4 #48 Moumen, Zakaria | 12 | Canton Central School | 24.28 | 1 | 91 |

Outdoor Pentathlon: #3 Boys High Jump Outdoor Pentathlon

| Name | Yr | School | Finals | Points |
|--------------------------------|----|-----------------------|--------|--------|
| Finals | | | | |
| 1 #391 Hughes, Theo | 11 | Potsdam Sandstoners | 1.63m | 488 |
| 2 #60 Scafidi-Mcguire, Griffin | 11 | Canton Central School | 1.51m | 396 |
| 3 #48 Moumen, Zakaria | 12 | Canton Central School | 1.48m | 374 |

Section X Championships - 5/31/2023 to 6/2/2023**Tupper Lake Central Schools****Results****Finals ... (Outdoor Pentathlon: #3 Boys High Jump Outdoor Pentathlon)**

| Name | Yr | School | Finals | Points |
|------------------------|----|---------------------|--------|--------|
| --- #397 Normile, Jack | 8 | Potsdam Sandstoners | NH | |

Outdoor Pentathlon: #4 Boys Long Jump Outdoor Pentathlon

| Name | Yr | School | Finals | Points |
|--------------------------------|----|-----------------------|--------|--------|
| Finals | | | | |
| 1 #391 Hughes, Theo | 11 | Potsdam Sandstoners | 5.37m | 455 |
| 2 #60 Scafidi-Mcguire, Griffin | 11 | Canton Central School | 5.19m | 419 |
| 3 #397 Normile, Jack | 8 | Potsdam Sandstoners | 3.92m | 193 |
| 4 #48 Moumen, Zakaria | 12 | Canton Central School | 3.21m | 91 |

Outdoor Pentathlon: #2 Boys Shot Put Outdoor Pentathlon

| Name | Yr | School | Finals | Points |
|--------------------------------|----|-----------------------|--------|--------|
| Finals | | | | |
| 1 #60 Scafidi-Mcguire, Griffin | 11 | Canton Central School | 11.53m | 578 |
| 2 #391 Hughes, Theo | 11 | Potsdam Sandstoners | 11.28m | 563 |
| 3 #48 Moumen, Zakaria | 12 | Canton Central School | 9.03m | 428 |
| 4 #397 Normile, Jack | 8 | Potsdam Sandstoners | 5.88m | 242 |

Boys Outdoor Pentathlon

| Section X: 3347 R 1989 | | Matt Montross, Massena | | Seed | Finals | H# | Points |
|--------------------------------|----|------------------------|------|------|--------|----|--------|
| Name | Yr | School | | | | | |
| Finals | | | | | | | |
| 1 #391 Hughes, Theo | 11 | Potsdam Sandstoners | 2516 | 2420 | | | 10 |
| 2 #60 Scafidi-Mcguire, Griffin | 11 | Canton Central School | 2188 | 2343 | | | 8 |
| 3 #48 Moumen, Zakaria | 12 | Canton Central School | 1432 | 1421 | | | 6 |
| 4 #397 Normile, Jack | 8 | Potsdam Sandstoners | 1228 | 922 | | | 4 |

Women - Team Rankings - 18 Events Scored

| | | | |
|----------------------------|-----|------------------------------|-----|
| 1) Potsdam Sandstoners | 122 | 2) NORWOOD-NORFOLK GIRLS | 111 |
| 3) Canton Central School | 87 | 4) Franklin Academy | 73 |
| 5) Madrid-Waddington | 65 | 6) Gouverneur Central School | 55 |
| 7) Salmon River | 32 | 8) Tupper Lake Lumberjacks | 12 |
| 9) Ogdensburg Free Academy | 1 | | |

Men - Team Rankings - 18 Events Scored

| | | | |
|-----------------------------------|-----|------------------------------|------|
| 1) Canton Central School | 170 | 2) Massena | 92 |
| 3) Potsdam Sandstoners | 71 | 4) Gouverneur Central School | 57 |
| 5) Norwood-Norfolk Central School | 51 | 6) Franklin Academy | 38 |
| 7) Ogdensburg Free Academy | 30 | 8) Madrid-Waddington | 18.5 |
| 9) Salmon River | 14 | 10) Tupper Lake Lumberjacks | 13.5 |