

SECTION 10 INDOOR TRACK & FIELD
2013 NAC INVITATIONAL
St. Lawrence University - Canton, N.Y. - 1/11/2013

Results**Event 1 Boys 4x800 Meter Relay**

| Team | Relay | Finals |
|------------------------|--------------------------|-----------|
| Finals | | |
| 1 Ogdensburg | A | 9:19.2 10 |
| 1) Grizzuto, Joe 10 | 2) Colburn, Andrew 12 | |
| 3) Sovie, Collin 11 | 4) Richardson, Taylor 10 | |
| 2 Malone | A | 9:25.1 8 |
| 1) Haas, Mike 12 | 2) Marlow, Mitchell 9 | |
| 3) Marlow, Morgan 12 | 4) Still, Charlie 10 | |
| 3 Indian River | A | 9:41.0 6 |
| 1) Godin, Ben 11 | 2) Millisor, Austin 9 | |
| 3) Ehresman, Xavier 11 | 4) Crow, Eric 11 | |
| 4 Norwood-Norfolk | A | 9:54.0 5 |
| 1) Grant, Deven 10 | 2) Saucier, Adam 9 | |
| 3) Hardy, Tyler 11 | 4) Jarvis, Peter 9 | |
| 5 Potsdam | A | 9:55.0 4 |
| 1) Lee, Sam 10 | 2) Merrill, James 12 | |
| 3) Brady, Connor 10 | 4) Prosper, Taylor 11 | |
| --- Ogdensburg | B | X11:11.1 |

Event 2 Girls 4x800 Meter Relay

| Team | Relay | Finals |
|--------------------------|---------------------------|------------|
| Finals | | |
| 1 Canton | A | 10:22.0 10 |
| 1) Pierce, Laura 11 | 2) DelRossi, Gemma 12 | |
| 3) Hamilton, Paige 12 | 4) Hampson, Abby 12 | |
| 2 Malone | A | 10:36.6 8 |
| 1) Bond, Rebekkah 11 | 2) Champagne, Madeline 10 | |
| 3) Pomainville, Emily 8 | 4) Pomainville, Carrie 11 | |
| 3 Norwood-Norfolk | A | 11:10.7 6 |
| 1) Saucier, Kaycie 9 | 2) Livernois, Leah 9 | |
| 3) Dominique, Natasha 9 | 4) Fulk, Jessica 12 | |
| 4 Massena | A | 11:48.1 5 |
| 1) Mott, Rachel | 2) Whitton, Alison | |
| 3) Douglas, Olivia | 4) Russell, Brooke | |
| 5 Indian River | A | 11:48.4 4 |
| 1) Hesse, Erin 11 | 2) Hesse, Ryan 9 | |
| 3) Kolodgy, Elizabeth 12 | 4) Pfeffer, Emerald 12 | |
| 6 Potsdam | A | 13:14.1 3 |
| 1) Amell, Marie 10 | 2) Brownell, Clare 10 | |
| 3) Deon, Emily 9 | 4) Love, Tiffani 11 | |
| --- Canton | B | X12:12.7 |

Event 3 Boys 55 Meter Dash

| Name | Yr | School | Finals |
|--------------------|----|--------------|--------|
| Finals | | | |
| 1 Bryant, Darius | 12 | Indian River | 6.5 10 |
| 2 Brush, Andrew | | Massena | J6.5 8 |
| 3 Robertson, O'Den | 11 | Potsdam | 6.8 6 |
| 4 Smith, Kody | 12 | Indian River | 6.9 5 |
| 5 McLaughlin, Reed | 11 | Canton | J6.9 4 |
| 6 Lewis, Adam | 12 | Potsdam | J6.9 3 |
| 7 Ferguson, Aaron | 9 | Gouverneur | 7.0 2 |
| 8 Sharlow, Aaron | 12 | Malone | J7.0 1 |

Event 4 Girls 55 Meter Dash

| Name | Yr | School | Finals |
|--------------------|----|--------------|--------|
| Finals | | | |
| 1 Drechsel, Maddie | 10 | Potsdam | 7.6 10 |
| 2 Baynham, Taylor | 12 | Indian River | 7.8 8 |
| 3 Collins, Emma | 10 | Canton | 7.9 6 |
| 4 Duprey, Nicole | | Ogdensburg | J7.9 5 |
| 5 Bartlett, Kalli | 10 | Potsdam | 8.0 4 |
| 6 Perry, Hannah | 10 | Malone | 8.1 3 |
| 7 Mooradian, Paige | 10 | Canton | 8.2 2 |
| 8 Willard, Markie | | Ogdensburg | 8.3 1 |

Event 7 Boys 55 Meter Hurdles

| Name | Yr | School | Finals |
|-----------------------|----|-----------------|----------|
| Finals | | | |
| 1 Updike, Cody | 12 | Beaver River | 8.2 10 |
| 2 Levison, Connor | 11 | Norwood-Norfolk | 8.4 8 |
| 3 Clark, Peter | 11 | Potsdam | 8.5 6 |
| 4 Gravel, Abe | 11 | Malone | 8.9 5 |
| 5 Prosper, Taylor | 11 | Potsdam | 9.1 4 |
| 6 Merrill, James | 12 | Potsdam | 9.2 3 |
| 7 Sullivan, Adam | 10 | Indian River | 9.3 2 |
| 8 Marshall, Duncan | 12 | Malone | 10.0 0.5 |
| 8 Van Gorden, Austin | 9 | Ogdensburg | 10.0 0.5 |
| 10 Burt, Jeremy | 12 | Gouverneur | 10.1 |
| 11 Schiavone, William | 11 | Norwood-Norfolk | 10.2 |
| 12 Richardson, Taylor | 10 | Ogdensburg | 10.4 |
| 13 Delaney, Devon | 11 | Potsdam | x10.7 |
| 14 Burgos, Rickey | 10 | Indian River | 10.8 |

Event 8 Girls 55 Meter Hurdles

| Name | Yr | School | Finals |
|----------------------|----|--------------|---------|
| Finals | | | |
| 1 Proulx, Lindsay | 12 | Canton | 9.7 10 |
| 2 Perez, Marissa | 11 | Malone | 9.8 8 |
| 3 Drechsel, Hannah | 7 | Potsdam | 10.5 6 |
| 4 Olin, Claire | 11 | Canton | J10.5 5 |
| 5 Whiteford, Carly | 11 | Canton | 10.9 4 |
| 6 McMasters, Molly | 9 | Canton | x11.1 |
| 7 Rollin, Victoria | 9 | Beaver River | 11.2 3 |
| 8 LePage, Mackenzie | | Massena | 11.3 2 |
| 9 Stoian, Arielle | 12 | Potsdam | 11.5 1 |
| 10 Perry, Macayla | 8 | Malone | 11.6 |
| 11 Barr, Brittany | | Ogdensburg | 11.7 |
| 12 Burnham, Katelynn | | Massena | 12.1 |
| 13 Dufore, Claire | | Ogdensburg | 13.0 |
| 14 Canales, Kristen | | Massena | 14.4 |

Event 9 Boys 1600 Meter Run

| Name | Yr | School | Finals |
|------------------|----|---------|-----------|
| Finals | | | |
| 1 Marlow, Morgan | 12 | Malone | 4:30.9 10 |
| 2 Marlow, Rourk | 12 | Malone | 4:36.8 8 |
| 3 Vinson, Ethan | 12 | Potsdam | 4:41.2 6 |

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Results**Finals ... (Event 9 Boys 1600 Meter Run)**

| Name | Yr | School | Finals |
|------------------------|----|--------------|----------|
| 4 Erdman, Jake | 11 | Gouverneur | 4:54.1 5 |
| 5 Kepes, Jay | 12 | Canton | 5:12.4 4 |
| 6 Jarett, Alize | 11 | Beaver River | 5:14.9 3 |
| 7 Millisor, Austin | 9 | Indian River | 5:15.0 2 |
| 8 Marlow, Mitchell | 9 | Malone | 5:28.2 1 |
| 9 Ricalton, Darren | 8 | Canton | 5:42.8 |
| 10 Breckenridge, Devin | 11 | Gouverneur | 5:42.9 |
| 11 Patrick, Erik | 11 | Indian River | 5:43.6 |
| 12 Harvey, Andrew | | Massena | 5:44.1 |
| 13 Crow, Eric | 11 | Indian River | 5:47.6 |
| 14 Gordon, Josh | 12 | Ogdensburg | 6:33.9 |

Event 10 Girls 1500 Meter Run

| Name | Yr | School | Finals |
|---------------------|----|-----------------|-----------|
| 1 DelRossi, Rebecca | 12 | Canton | 5:15.3 10 |
| 2 Bronner, Morgan | 11 | Malone | 5:22.5 8 |
| 3 Douglas, Olivia | | Massena | 5:44.1 6 |
| 4 Fulk, Jessica | 12 | Norwood-Norfolk | 5:44.7 5 |
| 5 Miller, Ellen | | Ogdensburg | 5:44.9 4 |
| 6 Amell, Marie | 10 | Potsdam | 5:47.4 3 |
| 7 Leslie, Caroline | 12 | Gouverneur | 5:51.0 2 |
| 8 Cositore, Trica | 8 | Malone | 6:10.6 1 |

Event 11 Boys 600 Meter Run

| Name | Yr | School | Finals |
|----------------------|----|-----------------|-----------|
| 1 Lamere, Corey | 12 | Malone | 1:28.8 10 |
| 2 Garcia, Felix | 11 | Indian River | 1:29.1 8 |
| 3 Sovie, Collin | 11 | Ogdensburg | 1:36.9 6 |
| 4 Colburn, Andrew | 12 | Ogdensburg | 1:37.1 5 |
| 5 Nichols, Tristan | | Massena | 1:38.4 4 |
| 6 Jarett, Alize | 11 | Beaver River | 1:38.9 3 |
| 7 Garland, Tommy | 11 | Malone | 1:41.9 2 |
| 8 Interiano, Jose | 10 | Beaver River | 1:42.0 1 |
| 9 Lee, Sam | 10 | Potsdam | 1:43.3 |
| 10 Worden, Cole | 11 | Beaver River | 1:43.7 |
| 11 Jarvis, Peter | 9 | Norwood-Norfolk | 1:46.3 |
| 12 Stowe, Nate | 10 | Ogdensburg | 1:49.8 |
| 13 Skomsky, Peter | | Massena | 1:51.0 |
| 14 Davis, Nate | 9 | Malone | 1:56.6 |
| 15 Dann, Charles | 10 | Gouverneur | 1:59.2 |
| 16 Tebo, Seth | 11 | Ogdensburg | x1:59.9 |
| 17 Bassett, Brandon | | Gouverneur | 2:00.3 |
| 18 Malark, Tayler | 11 | Malone | x2:02.8 |
| 19 Wilson, Alexander | 11 | Indian River | 2:04.9 |
| --- Wood, Alex | 12 | Ogdensburg | DNF |

Event 12 Girls 600 Meter Run

| Name | Yr | School | Finals |
|---------------------|----|------------|-----------|
| 1 DelRossi, Gemma | 12 | Canton | 1:42.4 10 |
| 2 Macaulay, Kurstyn | | Ogdensburg | 1:49.3 8 |

| | | | |
|------------------------|----|--------------|----------|
| 3 Steenkamer, Danielle | | Ogdensburg | 1:53.3 6 |
| 4 Bartlett, Claire | 8 | Canton | 1:53.8 5 |
| 5 Mitchell, Sarah | | Ogdensburg | 1:54.0 4 |
| 6 Elias Diaz, Hazel | 10 | Indian River | 1:59.1 3 |
| 7 McMasters, Molly | 9 | Canton | 2:00.7 2 |
| 8 Tatro, Alyssa | 11 | Malone | 2:01.2 1 |
| 9 Normandeau, Hanna | 12 | Malone | 2:02.1 |
| 10 Taylor, Shannon | 10 | Indian River | 2:06.4 |
| 11 Kielly, Liz | 10 | Malone | 2:11.9 |
| 12 Peets, Kalie | | Massena | 2:23.1 |
| 13 Tishberg, Molly | 11 | Potsdam | 3:31.7 |

Event 13 Boys 300 Meter Dash

| Name | Yr | School | Finals |
|------------------------|----|-----------------|---------|
| 1 Sias, Jacob | 10 | Ogdensburg | 38.8 10 |
| 2 Smith, Donovan | 11 | Ogdensburg | 39.3 8 |
| 3 Clark, Peter | 11 | Potsdam | 39.5 6 |
| 4 Van Gorden, Austin | 9 | Ogdensburg | 39.8 5 |
| 5 Ferguson, Aaron | 9 | Gouverneur | 40.1 4 |
| 6 Levison, Connor | 11 | Norwood-Norfolk | 40.5 3 |
| 7 Fellion, Bailey | 10 | Malone | 40.7 2 |
| 8 Beaudette, Jake | 11 | Canton | 40.9 1 |
| 9 Godin, Ben | 11 | Indian River | 41.6 |
| 10 Burt, Jeremy | 12 | Gouverneur | 41.9 |
| 11 Hall, Travis | 11 | Norwood-Norfolk | 42.3 |
| 12 Updike, Cody | 12 | Beaver River | 42.4 |
| 13 Perry, Kameron | 12 | Potsdam | 42.8 |
| 14 Brouty, Cordel | 11 | Beaver River | 43.3 |
| 15 Batton, Alex | | Massena | 43.4 |
| 16 Dennis, Garret | 9 | Ogdensburg | x44.5 |
| 17 Breckenridge, Devin | 11 | Gouverneur | 44.8 |
| 18 Jaquith, Brian | 12 | Canton | 45.9 |
| 19 McDonald, Trevor | 10 | Indian River | 46.9 |
| 20 Hansen, Jason | | Massena | 48.9 |
| 21 Hazlett, Jared | 10 | Malone | 49.6 |
| 22 Nichols, Tyler | 11 | Malone | 52.5 |
| 23 Perrier, Michael | | Potsdam | 1:38.0 |

Event 14 Girls 300 Meter Dash

| Name | Yr | School | Finals |
|-----------------------|----|-----------------|---------|
| 1 Pastor, Skylar | 10 | South Jefferson | 41.7 10 |
| 2 Lapinski, Katie | 12 | Canton | 45.4 8 |
| 3 Lamica, Jacalyn | | Massena | 45.6 6 |
| 4 Pomainville, Carrie | 11 | Malone | 46.0 5 |
| 5 Baynham, Taylor | 12 | Indian River | 46.3 4 |
| 6 Drechsel, Hannah | 7 | Potsdam | 46.7 3 |
| 7 DelRossi, Rebecca | 12 | Canton | 46.9 2 |
| 8 Livernois, Leah | 9 | Norwood-Norfolk | 47.6 1 |
| 9 Bartlett, Kalli | 10 | Potsdam | 48.1 |
| 10 Lewis, Sydney | | Massena | 48.3 |
| 11 Linsky, Savannah | 8 | Norwood-Norfolk | 50.3 |
| 12 Hall, Belle | 9 | Gouverneur | 50.7 |
| 13 Dix, Allison | | Massena | 51.1 |

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Results**Finals ... (Event 14 Girls 300 Meter Dash)**

| Name | Yr | School | Finals |
|-------------------------|----|-----------------|---------|
| 14 Seydler, Paige | 12 | Lowville | 53.3 |
| 15 LePage, Mackenzie | | Massena | x55.6 |
| 15 Zappia, Kaleigh | | Massena | x55.6 |
| 17 Jones, Melissa | | Ogdensburg | 55.7 |
| 18 Cowart, Eleisha | 11 | Indian River | 56.0 |
| 19 Barr, Brittany | | Ogdensburg | 56.1 |
| 20 Brothers, Paige | | Massena | x56.2 |
| 21 Frezar, Margaret | 9 | Indian River | 56.3 |
| 22 Vandermast, Makaul | | Massena | x56.6 |
| 23 Arroyo-Cruz, Yanilis | 10 | Indian River | x57.0 |
| 23 Balsamo, Kareyann | 10 | Indian River | x57.0 |
| 25 Pearson, Nyome | 12 | Indian River | x59.0 |
| 26 Tessier, Abby | 9 | Norwood-Norfolk | 59.5 |
| 27 Dufore, Claire | | Ogdensburg | 59.9 |
| 28 Pereira, Alessa | 10 | Indian River | x1:00.0 |
| 29 Beebe, Gabrielle | 10 | Malone | 1:00.3 |
| 30 Martin, Zoe | | Ogdensburg | x1:00.9 |
| 31 Brown, Brittany | 12 | Gouverneur | 1:03.7 |
| 32 Canales, Kristen | | Massena | x1:04.3 |
| 33 Golden, Katie | 12 | Indian River | x1:11.1 |

Event 15 Boys 1000 Meter Run

| Name | Yr | School | Finals |
|---------------------|----|-----------------|-----------|
| Finals | | | |
| 1 Vinson, Ethan | 12 | Potsdam | 2:45.3 10 |
| 2 Marlow, Rourk | 12 | Malone | 2:48.2 8 |
| 3 Lamere, Corey | 12 | Malone | 2:49.5 6 |
| 4 Haas, Mike | 12 | Malone | 3:01.5 5 |
| 5 Kepes, Jay | 12 | Canton | 3:01.8 4 |
| 6 Merrill, James | 12 | Potsdam | 3:06.4 3 |
| 7 Jones, David | 12 | Gouverneur | 3:11.4 2 |
| 8 Still, Charlie | 10 | Malone | x3:13.9 |
| 9 Nichols, Tristan | | Massena | 3:26.8 1 |
| 10 Harvey, Andrew | | Massena | 3:27.1 |
| 11 Hammond, Ben | 9 | Ogdensburg | 3:28.1 |
| 12 Hardy, Tyler | 11 | Norwood-Norfolk | 3:36.5 |
| 13 Kalina, Daniel | 11 | Gouverneur | 3:38.9 |
| 14 Cronk, Cramer | 12 | Gouverneur | 3:48.8 |
| 15 Montpelier, Seth | 11 | Ogdensburg | 3:59.4 |

Event 16 Girls 1000 Meter Run

| Name | Yr | School | Finals |
|------------------------|----|-----------------|-----------|
| Finals | | | |
| 1 Bond, Rebekkah | 11 | Malone | 3:21.7 10 |
| 2 Saucier, Kaycie | 9 | Norwood-Norfolk | 3:23.7 8 |
| 3 Steenkamer, Danielle | | Ogdensburg | 3:37.3 6 |
| 4 Macaulay, Kurstyn | | Ogdensburg | 3:38.2 5 |
| 5 Mitchell, Sarah | | Ogdensburg | 3:38.7 4 |
| 6 Mott, Rachel | | Massena | 3:45.3 3 |
| 7 Leslie, Caroline | 12 | Gouverneur | 3:47.0 2 |
| 8 Pfeffer, Emerald | 12 | Indian River | 3:51.7 1 |
| 9 Whitton, Alison | | Massena | 4:00.7 |
| 10 Fetter, Skylar | 8 | Norwood-Norfolk | 4:14.6 |

| | | | |
|------------------------|----|-----------------|---------|
| 11 Campbell, Michelle | 8 | Norwood-Norfolk | 4:20.1 |
| 12 Pfeffer, Violette | 10 | Indian River | 4:23.7 |
| 13 Heingarten, Johnnie | 9 | Indian River | 4:28.9 |
| 14 Golden, Kellie | 9 | Indian River | x4:30.9 |
| 15 Brown, Brittany | 12 | Gouverneur | 4:37.6 |
| 16 Flaherty, Chloe | 9 | Indian River | x4:39.3 |

Event 17 Boys 3200 Meter Run

| Name | Yr | School | Finals |
|--------------------|----|-----------------|------------|
| Finals | | | |
| 1 Marlow, Morgan | 12 | Malone | 10:00.7 10 |
| 2 Erdman, Jake | 11 | Gouverneur | 10:42.2 8 |
| 3 Grant, Deven | 10 | Norwood-Norfolk | 11:26.7 6 |
| 4 Saucier, Adam | 9 | Norwood-Norfolk | 11:29.4 5 |
| 5 Marlow, Mitchell | 9 | Malone | 11:37.2 4 |
| 6 Grizzuto, Joe | 10 | Ogdensburg | 11:37.9 3 |
| 7 Holmes, Sam | 12 | Malone | 11:38.4 2 |
| 8 Ehresman, Xavier | 11 | Indian River | 11:39.1 1 |
| 9 Schmitt, Lucas | 10 | Beaver River | 12:25.7 |
| 10 Vielhauer, Nick | 9 | Ogdensburg | 12:39.1 |

Event 18 Girls 3000 Meter Run

| Name | Yr | School | Finals |
|-----------------------|----|-----------------|------------|
| Finals | | | |
| 1 Pierce, Laura | 11 | Canton | 10:47.8 10 |
| 2 Pomainville, Emily | 8 | Malone | 11:24.9 8 |
| 3 Hampson, Abby | 12 | Canton | 11:56.8 6 |
| 4 Rollin, Victoria | 9 | Beaver River | 11:58.7 5 |
| 5 Champagne, Madeline | 10 | Malone | 12:38.5 4 |
| 6 Fulk, Jessica | 12 | Norwood-Norfolk | 12:43.7 3 |
| 7 Brownell, Clare | 10 | Potsdam | 13:29.0 2 |
| 8 Burns, Mary | | Ogdensburg | 14:04.0 1 |
| 9 Cook, Laura | | Massena | 15:31.8 |

Event 19 Boys 4x400 Meter Relay

| Team | Relay | Finals |
|--------------------------|--------------------------|-----------|
| Finals | | |
| 1 Ogdensburg | A | 3:41.5 10 |
| 1) Colburn, Andrew 12 | 2) Richardson, Taylor 10 | |
| 3) Sias, Jacob 10 | 4) Smith, Donovan 11 | |
| 2 Malone | A | 3:42.2 8 |
| 1) Lamere, Corey 12 | 2) Picaro, John 12 | |
| 3) Marlow, Rourk 12 | 4) Fellion, Bailey 10 | |
| 3 Indian River | A | 4:02.3 6 |
| 1) Ehresman, Xavier 11 | 2) Godin, Ben 11 | |
| 3) Millisor, Austin 9 | 4) Crow, Eric 11 | |
| 4 Potsdam | A | 4:02.6 5 |
| 1) Deon, Matt 9 | 2) Vinson, Ethan 12 | |
| 3) Clark, Peter 11 | 4) Lee, Sam 10 | |
| 5 Massena | A | 4:18.6 4 |
| 1) Harvey, Andrew | 2) Fennell, Branden | |
| 3) Henrie, Michael | 4) Nichols, Tristan | |
| 6 Norwood-Norfolk | A | 4:20.2 3 |
| 1) Schiavone, William 11 | 2) Jarvis, Peter 9 | |
| 3) Saucier, Adam 9 | 4) Grant, Deven 10 | |

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Results**Finals ... (Event 19 Boys 4x400 Meter Relay)**

| Team | Relay | Finals |
|----------------------|-----------------------|----------|
| 7 Gouverneur | A | 4:20.5 2 |
| 1) Jones, David 12 | 2) Cronk, Cramer 12 | |
| 3) Burt, Jeremy 12 | 4) Erdman, Jake 11 | |
| 8 Canton | A | 4:23.9 1 |
| 1) Oatman, Jake 11 | 2) Ricalton, Darren 8 | |
| 3) Ballard, Issac 10 | 4) Kepes, Jay 12 | |
| --- Indian River | B | X4:23.4 |

Event 20 Girls 4x400 Meter Relay

| Team | Relay | Finals |
|-----------------------|---------------------------|-----------|
| 1 Canton | A | 4:29.6 10 |
| 1) DelRossi, Gemma 12 | 2) DelRossi, Rebecca 12 | |
| 3) Bartlett, Claire 8 | 4) Hamilton, Paige 12 | |
| 2 Malone | A | 4:38.3 8 |
| 1) Perez, Marissa 11 | 2) Normandeau, Hanna 12 | |
| 3) Bronner, Morgan 11 | 4) Pomainville, Carrie 11 | |
| 3 Ogdensburg | A | 4:40.8 6 |
| 1) Macaulay, Kurstyn | 2) Miller, Ellen | |
| 3) Mitchell, Sarah | 4) Steenkamer, Danielle | |
| 4 Massena | A | 5:08.0 5 |
| 1) Lewis, Sydney | 2) Mott, Rachel | |
| 3) Russell, Brooke | 4) Whitton, Alison | |
| 5 Potsdam | A | 5:32.0 4 |
| 1) Amell, Marie 10 | 2) Deon, Emily 9 | |
| 3) Thomas, Abby 9 | 4) Stoian, Arielle 12 | |
| --- Canton | B | X4:51.8 |

Event 21 Boys 4x200 Meter Relay

| Team | Relay | Finals |
|------------------------|--------------------------|-----------|
| 1 Potsdam | A | 1:38.3 10 |
| 1) Cruikshank, Dan 12 | 2) Lewis, Adam 12 | |
| 3) Lewis, Stephen 12 | 4) Robertson, O'Den 11 | |
| 2 Indian River | A | 1:40.9 8 |
| 1) Smith, Kody 12 | 2) Smith, Kyle 10 | |
| 3) Grier, Deondre 11 | 4) Garcia, Felix 11 | |
| 3 Norwood-Norfolk | A | 1:44.3 6 |
| 1) Levison, Connor 11 | 2) Fullerton, Ryan 9 | |
| 3) Hall, Travis 11 | 4) Wellings, Jake 11 | |
| 4 Malone | A | 1:47.8 5 |
| 1) Garland, Tommy 11 | 2) Gravell, Abe 11 | |
| 3) Marshall, Duncan 12 | 4) Perry, Joe 12 | |
| 5 Beaver River | A | 1:48.0 4 |
| 1) Brouty, Cordel 11 | 2) Jarett, Alize 11 | |
| 3) Worden, Cole 11 | 4) Interiano, Jose 10 | |
| 6 Massena | A | 1:49.4 3 |
| 1) Batton, Alex | 2) Brush, Andrew | |
| 3) Fennell, Branden | 4) Skomsky, Peter | |
| 7 Ogdensburg | A | 1:50.2 2 |
| 1) Axtell, Chris 12 | 2) Berry, Donovan 12 | |
| 3) Sovie, Collin 11 | 4) Richardson, Taylor 10 | |

| | | |
|--------------------------|------------------------|----------|
| 8 Canton | A | 1:51.4 1 |
| 1) Caldwell, Connor 12 | 2) McLaughlin, Reed 11 | |
| 3) Palumbo, Christiano 9 | 4) Jaquith, Brian 12 | |
| 9 Gouverneur | A | 1:52.8 |
| 1) Bassett, Brandon | 2) Ferguson, Aaron 9 | |
| 3) Jones, David 12 | 4) Kalina, Daniel 11 | |
| --- Potsdam | B | X1:51.1 |
| --- Malone | B | X1:59.9 |
| --- Malone | C | X2:12.3 |

Event 22 Girls 4x200 Meter Relay

| Team | Relay | Finals |
|-------------------------|-----------------------|-----------|
| 1 Potsdam | A | 1:57.4 10 |
| 1) Drechsel, Maddie 10 | 2) Drechsel, Hannah 7 | |
| 3) Bartlett, Kalli 10 | 4) Love, Tiffani 11 | |
| 2 Canton | A | 1:58.4 8 |
| 1) Whiteford, Carly 11 | 2) Lapinski, Katie 12 | |
| 3) Olin, Claire 11 | 4) Collins, Emma 10 | |
| 3 Norwood-Norfolk | A | 2:02.5 6 |
| 1) Sweet, Alexis 12 | 2) Linsky, Savannah 8 | |
| 3) Saucier, Kaycie 9 | 4) Livernois, Leah 9 | |
| 4 Massena | A | 2:03.9 5 |
| 1) Zappia, Kaleigh | 2) Dix, Allison | |
| 3) Johnson, Cora | 4) Lamica, Jacalyn | |
| 5 Malone | A | 2:04.3 4 |
| 1) Pomainville, Emily 8 | 2) Perry, Hannah 10 | |
| 3) Perry, Macayla 8 | 4) Bond, Rebekkah 11 | |
| 6 Ogdensburg | A | 2:11.0 3 |
| 1) Duprey, Nicole | 2) Miller, Charlotte | |
| 3) Barr, Brittany | 4) Willard, Markie | |
| 7 Massena | B | x2:18.0 |
| --- Canton | D | X2:04.4 |
| --- Canton | B | X2:12.3 |
| --- Canton | C | X2:18.9 |

Event 23 Boys Long Jump

| Name | Yr | School | Finals |
|--------------------|----|-----------------|-------------|
| 1 Bryant, Darrius | 12 | Indian River | 20-00.00 10 |
| 2 Brush, Andrew | | Massena | 19-10.50 8 |
| 3 Sharlow, Aaron | 12 | Malone | 18-07.00 6 |
| 4 Bouchard, Taylor | 11 | Ogdensburg | 18-02.50 5 |
| 5 Updike, Cody | 12 | Beaver River | 17-09.50 4 |
| 6 Dow, Taylor | 12 | Potsdam | 17-04.00 3 |
| 7 Perry, Joe | 12 | Malone | 17-03.00 2 |
| 8 Grier, Deondre | 11 | Indian River | 17-02.00 1 |
| 9 Brouty, Cordel | 11 | Beaver River | 16-10.00 |
| 10 Wellings, Jake | 11 | Norwood-Norfolk | 16-09.50 |
| 11 Smith, Donovan | 11 | Ogdensburg | 16-05.00 |
| 12 Oatman, Jake | 11 | Canton | 14-08.00 |
| 13 Davis, Nate | 9 | Malone | 14-04.00 |
| 14 Jaquith, Brian | 12 | Canton | 14-02.00 |
| 15 Bliss, Brandon | 10 | Indian River | 14-01.00 |
| 16 Skomsky, Peter | | Massena | 12-08.00 |

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Results**Finals ... (Event 23 Boys Long Jump)**

| Name | Yr | School | Finals |
|---------------------|----|------------|----------|
| 17 Perrier, Michael | | Potsdam | 12-00.00 |
| --- Wood, Alex | 12 | Ogdensburg | FOUL |

Event 24 Girls Long Jump

| Name | Yr | School | Finals |
|----------------------|----|-----------------|-------------|
| Finals | | | |
| 1 Drechsel, Maddie | 10 | Potsdam | 14-11.00 10 |
| 2 Perry, Hannah | 10 | Malone | 14-07.00 8 |
| 3 Rosser, Morgan | 10 | Canton | 13-06.00 6 |
| 4 Sweet, Alexis | 12 | Norwood-Norfolk | 13-00.50 5 |
| 5 Olin, Claire | 11 | Canton | 12-10.50 4 |
| 6 Willard, Markie | | Ogdensburg | 12-10.00 3 |
| 7 Miller, Charlotte | | Ogdensburg | 12-09.50 2 |
| 8 Hall, Belle | 9 | Gouverneur | 12-08.00 1 |
| 9 Kielly, Liz | 10 | Malone | 12-06.00 |
| 10 Cornelius, Kiera | 10 | Indian River | 12-04.00 |
| 11 Pang, Lucy | | Massena | 12-02.00 |
| 12 Dix, Allison | | Massena | 12-00.00 |
| 13 Johnson, Cora | | Massena | 11-09.00 |
| 14 Normandeau, Hanna | 12 | Malone | J11-09.00 |
| 15 Johnson, Briana | 11 | Indian River | 11-08.00 |
| 16 Woodward, Ashley | 12 | Norwood-Norfolk | 10-05.50 |
| 17 Cowart, Eleisha | 11 | Indian River | 9-01.00 |
| --- Lapinski, Katie | 12 | Canton | FOUL |

Event 25 Boys Triple Jump

| Name | Yr | School | Finals |
|-----------------------|----|-----------------|-------------|
| Finals | | | |
| 1 Bryant, Darrius | 12 | Indian River | 42-11.00 10 |
| 2 Sias, Jacob | 10 | Ogdensburg | 41-05.00 8 |
| 3 Bouchard, Taylor | 11 | Ogdensburg | 39-00.00 6 |
| 4 Sharlow, Aaron | 12 | Malone | 37-11.00 5 |
| 5 Dow, Taylor | 12 | Potsdam | 37-08.00 4 |
| 6 Grier, Deondre | 11 | Indian River | 36-10.00 3 |
| 7 Perry, Joe | 12 | Malone | 36-03.00 2 |
| 8 Wellings, Jake | 11 | Norwood-Norfolk | 33-10.50 1 |
| 9 Prosper, Taylor | 11 | Potsdam | 33-04.00 |
| 10 Van Gorden, Austin | 9 | Ogdensburg | 32-09.00 |
| 11 Perrier, Michael | | Potsdam | 27-08.50 |
| --- Yousey, Jacob | 11 | Beaver River | FOUL |

Event 26 Girls Triple Jump

| Name | Yr | School | Finals |
|----------------------|----|-----------------|-------------|
| Finals | | | |
| 1 Rosser, Morgan | 10 | Canton | 30-00.50 10 |
| 2 Sweet, Alexis | 12 | Norwood-Norfolk | 29-02.00 8 |
| 3 Perez, Marissa | 11 | Malone | 28-08.00 6 |
| 4 Kolodgy, Elizabeth | 12 | Indian River | 27-07.50 5 |
| 5 Tatro, Alyssa | 11 | Malone | 27-00.00 4 |
| 6 Hamilton, Paige | 12 | Canton | 26-09.50 3 |
| 7 Miller, Charlotte | | Ogdensburg | 25-10.00 2 |
| 8 Johnson, Briana | 11 | Indian River | 25-08.50 1 |
| 9 Woodward, Ashley | 12 | Norwood-Norfolk | 25-02.00 |

| | | |
|----------------------|---------|------|
| --- Canales, Kristen | Massena | FOUL |
| --- Douglas, Olivia | Massena | FOUL |

Event 27 Boys High Jump

| Name | Yr | School | Finals |
|----------------------|----|-----------------|------------|
| Finals | | | |
| 1 Gravell, Abe | 11 | Malone | 6-00.00 10 |
| 2 Grizzuto, Joe | 10 | Ogdensburg | 5-08.00 8 |
| 3 Bouchard, Taylor | 11 | Ogdensburg | 5-04.00 6 |
| 4 Schiavone, William | 11 | Norwood-Norfolk | 5-00.00 5 |
| 5 LeCuyer, Brody | | Massena | 4-09.00 4 |
| 6 Oatman, Jake | 11 | Canton | 4-06.00 3 |

Event 28 Girls High Jump

| Name | Yr | School | Finals |
|-------------------|----|-----------------|------------|
| Finals | | | |
| 1 Pastor, Skylar | 10 | South Jefferson | 5-00.00 10 |
| 2 Lamica, Jacalyn | | Massena | 4-10.00 8 |
| 3 Proulx, Lindsay | 12 | Canton | 4-08.00 6 |
| 4 Stoian, Arielle | 12 | Potsdam | J4-08.00 5 |
| 5 Love, Tiffani | 11 | Potsdam | 4-04.00 4 |
| 6 Perry, Macayla | 8 | Malone | J4-04.00 3 |
| 7 Thomas, Abby | 9 | Potsdam | 4-00.00 2 |
| 8 Miller, Ellen | | Ogdensburg | 3-10.00 1 |

Event 29 Boys Shot Put

| Name | Yr | School | Finals |
|---------------------|----|-----------------|-------------|
| Finals | | | |
| 1 Marshall, Duncan | 12 | Malone | 38-09.00 10 |
| 2 Kilcer, Peter | 12 | Indian River | 37-02.00 8 |
| 3 Robar, Josh | 11 | Potsdam | 35-07.50 6 |
| 4 Compo, Deven | 10 | Ogdensburg | 35-02.00 5 |
| 5 Black, Kaden | 12 | Indian River | 35-00.00 4 |
| 6 King, J.P. | 12 | Malone | 34-10.00 3 |
| 7 McCarthy, Eric | | Massena | 33-09.00 2 |
| 8 Zeller, Ryan | 10 | Norwood-Norfolk | 33-03.50 1 |
| 9 Hansen, Jason | | Massena | 32-11.50 |
| 10 Hooper, Cody | | Massena | 32-07.00 |
| 11 Charland, Alex | 12 | Malone | 32-03.00 |
| 12 Norton, Dustin | 11 | Norwood-Norfolk | 32-01.50 |
| 13 Lewis, Stephen | 12 | Potsdam | 31-09.00 |
| 14 Fullerton, Ryan | 9 | Norwood-Norfolk | 31-06.00 |
| 15 Gordon, Caleb | 12 | Potsdam | 30-09.00 |
| 16 Hand, Logan | 12 | Indian River | 30-05.00 |
| 17 McGaw, Chris | 11 | Canton | 30-01.00 |
| 18 Leviker, Nick | | Beaver River | 30-00.50 |
| 19 LeCuyer, Brody | | Massena | x29-11.00 |
| 20 Swan, Brian | 9 | Malone | x29-09.50 |
| 21 Pearson, Owen | 10 | Ogdensburg | J29-09.50 |
| 22 Deon, Matt | 9 | Potsdam | x29-07.00 |
| 23 Zheng, Tao | 9 | Malone | x29-00.00 |
| 24 Drummatter, Ian | 12 | Potsdam | x28-05.00 |
| 25 Carls, Jon | 11 | Canton | 27-09.50 |
| 26 Kalina, Daniel | 11 | Gouverneur | 26-11.00 |
| 27 Fennell, Branden | | Massena | x26-01.00 |

SECTION 10 INDOOR TRACK & FIELD
2013 NAC INVITATIONAL
St. Lawrence University - Canton, N.Y. - 1/11/2013

Results

Finals ... (Event 29 Boys Shot Put)

| Name | Yr | School | Finals |
|------------------------|----|-----------------|-----------|
| 28 Armstrong, Matt | 9 | Malone | x25-09.50 |
| 29 Dann, Charles | 10 | Gouverneur | 24-09.50 |
| 30 Axtell, Chris | 12 | Ogdensburg | 24-03.00 |
| 31 Cook, Jeffery | | Massena | x23-10.00 |
| 32 McFaddin, Rian | 11 | Potsdam | x23-09.50 |
| 33 Pettit, Tristin | 10 | Norwood-Norfolk | x23-03.00 |
| 34 Molinari, Nate | 9 | Ogdensburg | x22-09.50 |
| 35 Palumbo, Christiano | 9 | Canton | 21-03.00 |

| | |
|-----------------|----|
| 7) Beaver River | 25 |
| 8) Gouverneur | 23 |
| 9) Canton | 18 |

Event 30 Girls Shot Put

| Name | Yr | School | Finals |
|------------------------|----|-----------------|-------------|
| 1 Kolodgy, Elizabeth | 12 | Indian River | 28-00.50 10 |
| 2 Fisher, Taylor | | Ogdensburg | 26-09.00 8 |
| 3 Moses, Ayshia | 11 | Indian River | 26-03.00 6 |
| 4 Colbert, Arianna | 11 | Norwood-Norfolk | 26-02.50 5 |
| 5 Wilke, Brionna | 11 | Malone | 25-10.00 4 |
| 6 Albu, Maggie | 11 | Malone | 24-08.00 3 |
| 7 Sharlow, Annie | 11 | Malone | 24-01.50 2 |
| 8 Seydler, Paige | 12 | Lowville | 23-09.50 1 |
| 9 Noble, Alison | 12 | Canton | 23-07.00 |
| 10 Rickett, Shawna | | Ogdensburg | 23-05.50 |
| 11 Montroy, Chelsea | | Ogdensburg | 23-05.00 |
| 12 Brown, Alison | 11 | Malone | x23-04.00 |
| 13 Bloom, Katelyn | 10 | Potsdam | 22-04.00 |
| 14 Tishberg, Molly | 11 | Potsdam | 21-11.00 |
| 15 Hegre, Silje | 12 | Canton | 21-09.00 |
| 16 Bowdish, Maeve | 11 | Canton | 20-08.50 |
| 17 Smithers, Taylor | | Ogdensburg | x20-08.00 |
| 18 Deon, Emily | 9 | Potsdam | 20-02.00 |
| 19 Belmore, Betheny | 9 | Norwood-Norfolk | 19-07.00 |
| 20 Blankenship, Caylin | 12 | Indian River | 18-07.00 |

Women - Team Rankings - 14 Events Scored

| | |
|--------------------|-----|
| 1) Canton | 137 |
| 2) Malone | 98 |
| 3) Ogdensburg | 69 |
| 4) Potsdam | 67 |
| 5) Norwood-Norfolk | 47 |
| 6) Indian River | 42 |
| 7) Massena | 40 |
| 8) South Jefferson | 20 |
| 9) Beaver River | 8 |
| 10) Gouverneur | 5 |
| 11) Lowville | 1 |

Men - Team Rankings - 14 Events Scored

| | |
|--------------------|-------|
| 1) Malone | 133.5 |
| 2) Ogdensburg | 97.5 |
| 3) Indian River | 84 |
| 4) Potsdam | 79 |
| 5) Norwood-Norfolk | 43 |
| 6) Massena | 34 |