

**Indoor Meet 4 - 1/10/2025**

**St. Lawrence**

**Results - Full meet**

**Event 1 Girls 4x800 Meter Relay**

Section X: 9:16.39 2014 Canton

R. DelRossi, G. DelRossi, Pierce, Ricalton

Team	Relay	Finals
<b>Finals</b>		
1 Canton Central School	A	10:54.54 10
1) Moumen, Salma 12	2) Frank, Lena 10	
3) Casserly, Aurora 10	4) Abplanalp, Elena 10	
5) Ragan, Addison 9		
2 Norwood-Norfolk	A	11:25.22 8
1) Colbert, Rebekah 8	2) Donahue, Caitlin 10	
3) Gates, Brielle 11	4) Snell, Addison 11	
5) Plantz, Madison 9		
3 Potsdam	A	11:27.00 6
1) Kelson, Alison 11	2) Grainger, Jackie 10	
3) Lu, Ziya 9	4) Bansal, Anya 9	
5) Rodriguez-Guerrero, Marta 9	6) Dhaniyala, Saadhika 11	
4 Gouverneur	A	11:47.22 5
1) Scott, Lily 9	2) Miller, Saloma 11	
3) Siebels, Lilah 10	4) Scott, Brianna 10	
5) Gallagher, Kylie 10	6) Kerr, Marissa 10	
5 Indian River	A	11:50.23 4
1) Allen-Holliday, Jaelah	2) Gray, Hailey	
3) Verne, Olivia	4) Verne, Savannah	
5) Julian, Makayla		
6 Massena	A	12:33.76 3
1) Therrien, Alyssa	2) Hendricks, Madyson 10	
3) Oldenburgh, Mackenzie	4) Gushlaw, Sophia	
5) Westmacott, Sophia	6) White, Aubrey	
--- Franklin Academy	A	DQ
1) Santamore, Aurora 12	2) Tober, Ellie 12	
3) McClain, Grace 12	4) Welch, Presley 9	
--- Ogdensburg	A	DQ
1) Honeywell, Kendall 11	2) Lalone, Kiely 11	
3) TenEyck, Emmilyn 9	4) Thompson, Khloe 10	
5) Kroeger, Lily 10		
--- Canton Central School	B	X11:52.49
1) Ames, Hannah 10	2) Foster, Violet 12	
3) Harper, Lorelie 10	4) Lapierre, Daphne 10	
5) Foster, Ashlan 9		

**Event 2 Boys 4x800 Meter Relay**

Section X: 8:01.60 1989 Franklin Academy

Lawrence, Mulverhill, Taylor, VanEss

Team	Relay	Finals
<b>Finals</b>		
1 Indian River	A	9:08.71 10
1) Biondi, Nicholas	2) Gauthier, Ryan	
3) Adams, Josiah	4) Thomas, Ajay	
2 Potsdam	A	9:15.98 8
1) Shaw, Oscar 10	2) Greer, Jackson 10	
3) Jones, William 11	4) Vink, Bailey 11	
5) Eggleston, Brian 11	6) Grainger, Nicholas 12	

3 Norwood-Norfolk	A	9:31.42 6
	2) Laferriere, Danny 10	
	4) Betts, Nikki 10	
3) Hewitt, Clark 9		
5) Kent, Lucas 9		
4 Tupper Lake	A	9:31.63 5
1) Barkley, Nathan	2) Kendall, Jonah	
3) Wood, Sean	4) Wormuth, Garrett	
5 Canton Central School	A	9:49.13 4
1) Worthley, Kaden 12	2) Lyndaker, Zachary 9	
3) Harper, Duncan 11	4) Worthley, Kolten 12	
5) Sabatini, Adam 11		
6 Franklin Academy	A	10:13.85 3
1) Reynolds, Blake 10	2) Perry, Reece 12	
3) Menke, Ryan 10	4) LaChance, Brandon 12	
5) Benardot, Max 11		
7 Gouverneur	A	10:23.98 2
1) Bishop, Evan 11	2) Schiszler, Zackery 11	
3) Fiacco, Tony 12	4) Bush, Zachery 11	
8 Brushton-Moira	A	10:27.63 1
1) Curran, Colton 11	2) Debyah, Jacob 12	
3) Holmes, Christian 10	4) Jessmer, Hayden 12	
5) Schroen, Chris 12		
9 Massena	A	11:24.70
1) David, Logan	2) Coe, Gabe	
3) Hendricks, Max	4) Mayer, Colin	
--- Indian River	B	X10:30.36
1) Thomas, Landon	2) Provost, Landon	
3) Butcher, Kean	4) Love, Connor	

**Event 3 Girls 60 Meter Dash**

Section X: 8.01 12/13/2024 Ella Baker

Name	Yr	School	Finals
<b>Finals</b>			
1 Baker, Ella	12	Potsdam	8.09 10
2 Kalunda, Cleopatra		Indian River	8.29 8
3 Cavaliere, Kayla		Indian River	8.64 6
4 Brothers, Ayzia	10	Norwood-Norfolk	8.67 5
5 Phillips, Joey		Massena	8.68 4
6 Lacks, Ameillia	11	Gouverneur	8.73 3
7 Tarkowski, Addison	9	Gouverneur	8.78 2
8 LaPlant, Brooke	10	Malone	8.85 1
9 Bertrand, Marisol	10	Ogdensburg	8.87
10 Baker, Lucy	11	Potsdam	8.89
11 Timmons, Madison		Indian River	9.00
12 Heer, Reilly	9	Potsdam	9.11
13 Schrader, Alexandra	9	Malone	9.15
14 Webster, Hanna	11	Gouverneur	9.18
15 Rundquist, Vera	12	Malone	9.19
16 Rose, Lucy	8	Canton	9.31
17 Mittlestaedt, Lily	10	Norwood-Norfolk	9.34
18 Francis, Sophia	10	Ogdensburg	9.42
19 Baker, Aida	11	Canton	9.45
19 Olmstead, Shaylee	11	Canton	9.45
21 Tillman, Nylah		Massena	9.47
22 Laferriere, Lundan	10	Norwood-Norfolk	9.53
23 Ryan, Aubrey	9	Brushton-Moira	9.76

## Indoor Meet 4 - 1/10/2025

## St. Lawrence

## Results - Full meet

## Finals ... (Event 3 Girls 60 Meter Dash)

Name	Yr	School	Finals
23	Phillips, Avy	Massena	9.76
25	Preston, Rylee	Tupper Lake	9.86
26	Cook, Cloe	12 Salmon River	10.05
27	Jiang, Sabrina	11 Brushton-Moira	10.19
28	Burns, Maggie	Tupper Lake	10.26
29	Zaiden, Sireea	Tupper Lake	10.44
30	Norton, Jillian	12 Brushton-Moira	10.45
31	Burnett, Kaylee	Tupper Lake	x10.70
32	Ives, Julia	11 Ogdensburg	11.43
---	Laraby, Madelyn	Massena	XDNF
---	Metcalf, Elizabeth	9 Canton	XDNF
---	Negron, Angelina	10 Ogdensburg	XDNF
---	Batich, Lyra	8 Potsdam	XDNF
---	Mashaw, Adrianna	9 Gouverneur	X9.17
---	McCallum, Amelia	Indian River	X9.28
---	Colon, Sarafina	9 Gouverneur	X9.46
---	Race, Kate	10 Malone	X9.53
---	Buffham, Breanna	10 Potsdam	X9.53
---	Heath, Allyson	Indian River	X9.56
---	Goachee, Henna	12 Malone	X9.57
---	Miletich, Justine	11 Malone	X9.59
---	Donahue, Ryleigh	10 Malone	X9.62
---	Oakley, Sola	9 Canton	X9.71
---	Lunan, Carmen	12 Malone	X9.73
---	Bogett, Alida	10 Malone	X9.73
---	Robinson, Erika	10 Potsdam	X9.74
---	Whitman, Sarah	9 Norwood-Norfolk	X9.79
---	Beard, Isabel	Massena	X9.88
---	Murtagh, Sophia	Massena	X9.88
---	Smith, Arianna	8 Potsdam	X9.95
---	Hamilton, Alexandria	Indian River	X9.95
---	Larrabee, Jenna	11 Canton	X10.12
---	Shinnick, Brooklyn	Indian River	X10.20
---	Nezezon, Claire	9 Norwood-Norfolk	X10.22
---	DuBray, Jordan	Massena	X10.28
---	Legault, Eve	11 Malone	X10.29
---	McDunnah, Lilyan	9 Brushton-Moira	X10.30
---	Maurer, Makenzie	Massena	X10.45
---	Hans, Serena	9 Malone	X10.46
---	Battle, Carmen	9 Malone	X10.54
---	Chesborough, Olivia	Tupper Lake	X10.56
---	Kemison, Shalena	Massena	X10.62
---	Faucher, Reese	Massena	X10.62
---	Thacker, Avery	9 Canton	X10.78
---	Finnegan, Kate	Massena	X10.95
---	Kroeger, Lily	10 Ogdensburg	X10.96
---	Colby, Myra	Massena	X10.99
---	Skelly, Karley	9 Ogdensburg	X11.05
---	Kelley, Josephine	10 Ogdensburg	X11.15
---	Bujold, Heather	Tupper Lake	X11.26
---	Kompan, Emma	12 Malone	X11.46
---	Sharlow, Kaidence	12 Potsdam	X11.67
---	White, Hannah	9 Gouverneur	X11.69

## Event 4 Boys 60 Meter Dash

Section X: 7.05 2020		Caleb Farr	
Name	Yr	School	Finals
<b>Finals</b>			
1	Debose, Ayden	12 Malone	7.39 10
2	Hall, Caleb	12 Malone	7.43 8
3	Miller-Lynch, Liam	12 Potsdam	7.61 6
4	Wilhelm, Zander	10 Massena	7.65 5
5	McClain, Liam	Tupper Lake	7.69 4
6	Waite, Mason	11 Norwood-Norfolk	7.76 3
7	Premo, Ananda	Massena	7.81 2
8	Button, Benjamin	12 Malone	7.82 0.5
8	Robillard, Luke	Tupper Lake	7.82 0.5
10	Rush, Michael	Indian River	7.87
11	Ericksen, Kresten	11 Ogdensburg	7.91
12	Ledbetter, Colby	Massena	7.99
13	Garcia, Kevin	Indian River	8.00
13	Haggett, Maxwell	12 Potsdam	8.00
13	Fleishman, Brock	Tupper Lake	8.00
16	Cortwright, Tegan	11 Canton	8.02
17	Towle, Hayden	11 Canton	8.08
18	Hull, Tiamane	12 Gouverneur	8.16
19	LaBella, Lucca	11 Ogdensburg	8.25
20	Sherbino, Javier	Indian River	8.41
21	Bishop, Evan	11 Gouverneur	8.49
22	Mitchell, Kyler	10 Salmon River	8.72
23	Frego, Kellan	10 Potsdam	8.74
24	Destin, Anderson	Indian River	x8.81
25	Shipman, Placid	11 Canton	8.93
26	Davis, Gavin	12 Gouverneur	8.98
27	Jessmer, Hayden	12 Brushton-Moira	9.54
28	LaRock, Aidan	10 Brushton-Moira	9.67
29	Costas, Cook	12 Salmon River	9.99
30	Garrow, Jaren	11 Norwood-Norfolk	10.55
31	Hasty, Oakley	11 Salmon River	10.66
---	Dupra, Trent	12 Malone	XDNF
---	Bunker, Benjamin	9 Malone	XDNF
---	Allen, Mason	12 Brushton-Moira	DNF
---	Farley, Jed	11 Ogdensburg	XDNF
---	Wynne, Teagan	Indian River	X7.91
---	Garcia, Messiah	Indian River	X8.32
---	Pierson, Landyn	11 Malone	X8.39
---	Malit, Jimmy	11 Potsdam	X8.51
---	Cuttaia, Cooper	Tupper Lake	X8.63
---	Dewaine, Brycen	Indian River	X8.67
---	Atkinson, Isaac	11 Potsdam	X8.78
---	Beaulieu, Patrick	11 Ogdensburg	X9.31
---	Bormann, Zach	12 Malone	X9.34
---	O'Brien, Finn	3 Canton	X9.46
---	Conant, Malachi	9 Canton	X9.49
---	Beaver, Louis	12 Gouverneur	X9.51
---	Williams, Darvay	12 Canton	X9.77
---	Romans, Mitchell	10 Gouverneur	X10.47
---	Moots, William	12 Canton	X10.81
---	Carr, David	12 Malone	X10.81

**Indoor Meet 4 - 1/10/2025**

**St. Lawrence**

**Results - Full meet**

**Finals ... (Event 4 Boys 60 Meter Dash)**

Name	Yr	School	Finals
--- Townsend, Calvin	10	Canton	X11.46
--- Klught, Jordan		Massena	X14.58

**Event 5 Girls 60 Meter Hurdles**

Section X: 10.14 2/9/2024 Mackenzie Adams

Name	Yr	School	Finals
<b>Finals</b>			
1 Wilson, Katharine	10	Ogdensburg	10.57 10
2 Masuk, Autumn	10	Norwood-Norfolk	10.70 8
3 Bates, Lexi		Indian River	11.36 6
4 Funk, Darci	10	Malone	11.58 5
5 Bouchey, Ellah	10	Ogdensburg	11.77 4
6 Seitzer, Abigail	12	Potsdam	11.82 3
7 Perratta, Isabella	11	Canton	11.85 2
8 Volgelpohl, Cara		Indian River	11.93 1
9 Gates, Brielle	11	Norwood-Norfolk	11.97
10 Fay, Alexa	9	Canton	11.98
11 Stamper, Kiraghan	9	Gouverneur	12.02
12 Arey, Maddie		Tupper Lake	12.22
13 Lu, Ziya	9	Potsdam	12.39
14 Miller-Lynch, Tessa	9	Potsdam	12.96
15 Sherwood, Natalie		Indian River	13.03
16 Prashaw, Aaliyah		Massena	13.17
17 Robillard, Lyla		Tupper Lake	13.42
18 Burns, Maggie		Tupper Lake	13.44
19 Manchester, Hannah	12	Brushton-Moira	13.49
20 Tsibulsky, Mallory		Massena	20.37
--- Bigelow, Taylor		Indian River	DNF

**Event 6 Boys 60 Meter Hurdles**

Section X: 8.91 2/8/2019 Jeremaih vonBorstel

Name	Yr	School	Finals
<b>Finals</b>			
1 Morey, Xaiden	11	Potsdam	9.17 10
2 Deshane, Mason		Massena	9.94 8
3 Attemann, Miles	12	Potsdam	9.97 6
4 Havens, Jace	11	Ogdensburg	10.17 5
5 Peabody, Crofton	12	Ogdensburg	10.44 4
6 Wilhelm, Zander	10	Massena	10.61 3
7 DuBray, Jason		Massena	11.10 2
8 Bice, Kelvin III	11	Gouverneur	11.21 1
9 Burkum, Thomas	12	Norwood-Norfolk	11.47
10 Normile, Jack	10	Potsdam	12.05
--- Brooks, Zebulon	12	Malone	DNF
--- Gilbert, Jack	12	Potsdam	X12.39
--- Keleher, Nate	12	Potsdam	X16.56

**Event 7 Girls 1500 Meter Run**

Section X: 4:50.21 2011 Laura Pierce

Name	Yr	School	Finals
<b>Finals</b>			
1 King, Ady	11	Malone	4:46.57 10
2 Carista, Madison	11	Norwood-Norfolk	4:48.23 8
3 Andrews-Perry, Johnny	10	Potsdam	5:15.76 6

4 Gerow, Brexyss	11	Brushton-Moira	5:32.16 5
5 Snell, Allie	11	Norwood-Norfolk	5:37.18 4
6 Kelson, Alison	11	Potsdam	5:37.53 3
7 Scott, Brianna	10	Gouverneur	5:40.18 2
8 Rodrguez-Guerrero, Marta	9	Potsdam	5:48.09 1
9 Snell, Addison	11	Norwood-Norfolk	5:49.07
10 Foster, Violet	12	Canton	5:51.84
11 Santamore, Aurora	12	Malone	6:20.15
12 Ragan, Addison	9	Canton	6:20.75
13 Marlow, Rhyan	11	Malone	6:37.09
14 White, Aubrey		Massena	6:51.86
15 Foster, Ashlan	9	Canton	6:56.84
16 Melnikova, Alexandra	9	Potsdam	x7:04.88
17 Julian, Makayla		Indian River	7:32.27
--- Richardson, Jillian	9	Canton	X6:57.96
--- Welch, Peyton	11	Malone	X7:05.83
--- Colello, Beatrice	10	Canton	X7:41.12

**Event 8 Girls 4x200 Meter Relay**

Section X: 1:49.70 2007 Indian River

Dore, Kubber, Robinson, Woodson

Team	Relay	Finals
<b>Finals</b>		
1 Potsdam	A	1:51.08 10
1) El Labban, Sarah 11	2) Sullivan, Jilliana 10	
3) Baker, Lucy 11	4) Baker, Ella 12	
	6) Buffham, Breanna 10	
2 Indian River	A	1:53.66 8
1) Cavaliere, Kayla	2) DeLaCruz, Julia	
3) Timmons, Madison	4) Kalunda, Cleopatra	
5) Davis, Sunny	6) McCallum, Genna	
3 Norwood-Norfolk	A	1:58.51 6
1) Masuk, Autumn 10	2) Green, Grace 11	
3) Mittlestaedt, Lily 10	4) Brothers, Ayzia 10	
5) Perry, Jordan 11		
4 Gouverneur	A	2:00.57 5
1) Beck, Mattie 10	2) Tarkowski, Addison 9	
3) Webster, Hanna 11	4) Spicer, Azlan 9	
5) Mashaw, Adrianna 9	6) Lacks, Ameillia 11	
5 Franklin Academy	A	2:03.74 4
1) LaPlant, Brooke 10	2) Schrader, Alexandra 9	
3) Rundquist, Vera 12	4) King, Ady 11	
6 Ogdensburg	A	2:06.39 3
1) Bertrand, Marisol 10	2) Bouchey, Ellah 10	
3) Francis, Sophia 10	4) Wilson, Katharine 10	
5) Thomas, Madyson 9		
7 Canton Central School	A	2:08.15 2
1) Olmstead, Shaylee 11	2) Baker, Aida 11	
3) Rose, Lucy 8	4) Metcalf, Elizabeth 9	
5) Fay, Alexa 9		
8 Massena	A	2:10.45 1
1) Phillips, Joey		
3) Phillips, Avy	4) Prashaw, Aaliyah	
9 Tupper Lake	A	2:14.13
1) Arey, Maddie	2) Bujold, Eliza	
3) Preston, Rylee	4) Skiff, Rain	

**Indoor Meet 4 - 1/10/2025**

**St. Lawrence  
Results - Full meet**

<b>Finals ... (Event 8 Girls 4x200 Meter Relay)</b>		
<b>Team</b>	<b>Relay</b>	<b>Finals</b>
--- Franklin Academy	C	X2:06.16
1) Legault, Eve 11	2) Miletich, Justine 11	
3) Bogett, Alida 10	4) Tober, Ellie 12	
5) Stewart, Katelynn 9		
--- Potsdam	B	X2:07.37
1) Seitzer, Abigail 12	2) Buffham, Breanna 10	
3) Heer, Reilly 9	4) Robinson, Erika 10	
5) Moore, Kenadi 12		
--- Massena	B	X2:17.95
1) Donahue, Kyla	2) Francia, Leah	
3) Beard, Isabel	4) Murtagh, Sophia	
--- Franklin Academy	B	X2:18.81
1) Winters, Katrina 12	2) Lunan, Carmen 12	
3) Goachee, Henna 12	4) Denny, Kelly 11	
5) McClain, Grace 12		
--- Canton Central School	B	X2:19.44
1) Perratta, Isabella 11	2) Fay, Alexa 9	
3) Oakley, Sola 9	4) Larrabee, Jenna 11	
5) Thacker, Avery 9		
--- Massena	C	X2:27.55
1) McDermott, Peyton	2) Faucher, Reese	
3) Kemison, Shalena	4) Finnegan, Kate	
5) Tsibulsky, Mallory	6) Laraby, Madelyn	
--- Franklin Academy	D	X2:28.09
1) Bennett, Jorja 11	2) Bess, MyKenna 11	
3) Kompan, Emma 12	4) Branconnier, Morgan 12	
--- Tupper Lake	B	X2:28.73
1) Barber, Ash	2) Burnett, Kaylee	
3) Pratt, Amelia	4) Robillard, Lyla	
--- Tupper Lake	C	X2:33.83
1) Becker, Mary	2) Bujold, Heather	
3) Chesborough, Olivia	4) Zaiden, Sireea	
--- Ogdensburg	B	X2:42.45
1) Ives, Julia 11	2) Kelley, Josephine 10	
3) TenEyck, Emmilyn 9	4) Thompson, Khloe 10	
5) Kroeger, Lily 10	6) Thomas, Madyson 9	

**Event 9 Boys 4x200 Meter Relay**  
Section X: 1:35.70 2006 Norwood-Norfolk

<b>Team</b>	<b>Relay</b>	<b>Finals</b>
1 Franklin Academy	A	1:36.33 10
1) Hall, Caleb 12	2) Debose, Ayden 12	
3) Schrader, Luke 10	4) Sims, Kyle 12	
5) Pierson, Landyn 11		
2 Tupper Lake	A	1:40.79 8
1) Fleishman, Brock	2) Gerstenberger, Cohen	
3) McClain, Liam	4) Robillard, Luke	
3 Ogdensburg	A	1:43.40 6
1) Moran, Aidan 11	2) Ericksen, Kresten 11	
3) Havens, Jace 11	4) Wells, Dakota 9	
5) Peabody, Crofton 12	6) LaBella, Lucca 11	

4 Potsdam	A	1:43.41 5
1) Grainger, Nicholas 12	2) Normile, Jack 10	
3) Hagggett, Maxwell 12	4) Miller-Lynch, Liam 12	
5) Corbett, Patrick 12	6) Munoz, Jehovanie 11	
5 Canton Central School	A	1:50.36 4
1) Wilknsn, Caleb 12	4) Cortwright, Tegan 11	
3) Watts, Lucas 12	6) Towle, Hayden 11	
5) Terrell, Crosby 10		
6 Gouverneur	A	1:55.38 3
1) Fiacco, Tony 12	2) Davis, Gavin 12	
3) Hull, Tiamane 12	4) Bush, Zachery 11	
5) Bice, Kelvin III 11		
7 Massena	A	1:57.55 2
1) Ledbetter, Colby	2) Aldous, Callen	
3) Morgan, Elijah	4) DuBray, Jason	
5) General, Tristan	6) Miller, Brody 9	
8 Norwood-Norfolk	A	2:03.06 1
1) Tharrett, Tate 11	2) Webster, Daniel 10	
3) Gates, Torin 9	4) Castle, Liam 10	
5) Garrow, Jaren 11		
--- Potsdam	B	X1:50.19
1) Gilbert, Jack 12	2) Munoz, Jehovanie 11	
3) Matott, Theo 9	4) Keleher, Nate 12	
5) Atkinson, Isaac 11	6) Eggleston, Brian 11	
--- Canton Central School	B	X1:54.80
1) Terrell, Crosby 10	2) O'Brien, Finn 3	
3) Conant, Malachi 9	4) Shipman, Placid 11	
5) Townsend, Calvin 10		

**Event 10 Boys 1600 Meter Run**  
Section X: 4:14.00 1981 Jim Tyler

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
1 Jones, William	11	Potsdam	4:43.27 10
2 David, Andrew	9	Massena	4:47.74 8
3 Worthley, Kaden	12	Canton	4:58.09 6
4 Gauthier, Ryan		Indian River	5:01.90 5
5 Watts, Lucas	12	Canton	5:05.72 4
6 Kennedy, Cooper		Massena	5:05.75 3
7 Kendall, Jonah		Tupper Lake	5:16.59 2
8 Johnston, Carter	12	Malone	5:22.33 1
9 Wormuth, Garrett		Tupper Lake	5:22.40
10 LaBarge, Patrick		Massena	5:22.96
11 Hewitt, Clark	9	Norwood-Norfolk	5:27.89
12 Greer, Jackson	10	Potsdam	5:30.19
13 Menke, Ryan	10	Malone	5:40.40
14 Lyndaker, Zachary	9	Canton	5:44.71
15 Merz, Payden	10	Ogdensburg	5:45.64
16 Biondi, Nicholas		Indian River	5:49.96
17 Butcher, Kean		Indian River	5:50.31
18 Provost, Landon		Indian River	x6:22.67
--- Debyah, Jacob	12	Brushton-Moira	DNF
--- Vink, Bailey	11	Potsdam	DNF
--- Thomas, Landon		Indian River	X5:20.37
--- Smith, Parker	9	Canton	X5:46.78

**Indoor Meet 4 - 1/10/2025**

**St. Lawrence**

**Results - Full meet**

**Event 11 Girls 600 Meter Run**

Section X: 1:37.57 2014 Rebekkah Bond

Name	Yr	School	Finals
<b>Finals</b>			
1 Thorpe, Jaida		Indian River	1:45.50 10
2 Steinrotter, Emmie	11	Potsdam	1:48.13 8
3 Abplanalp, Elena	10	Canton	1:52.22 6
4 Skiff, Rain		Tupper Lake	1:53.45 5
5 Gerow, Brexyss	11	Brushton-Moira	1:53.73 3.5
5 Scott, Brianna	10	Gouverneur	1:53.73 3.5
7 Frank, Lena	10	Canton	1:53.91 2
8 Snell, Allie	11	Norwood-Norfolk	1:59.34 0.5
8 Ames, Hannah	10	Canton	1:59.34 0.5
10 Donahue, Caitlin	10	Norwood-Norfolk	2:00.21
11 Scott, Lily	9	Gouverneur	2:01.00
12 Race, Kate	10	Malone	2:03.39
13 Hinckley, Keira	11	Potsdam	2:06.46
14 Batic, Lyra	8	Potsdam	2:07.98
15 Miller, Saloma	11	Gouverneur	2:10.08
16 Gushlaw, Sophia		Massena	2:10.25
17 Jiang, Sabrina	11	Brushton-Moira	2:11.08
18 Burns, Maggie		Tupper Lake	2:11.50
19 Therrien, Alyssa		Massena	2:13.03
20 Lalone, Kiely	11	Ogdensburg	2:13.40
21 Oldenburgh, Mackenzie		Massena	2:13.68
22 Barney, Olivia	10	Brushton-Moira	2:13.92
23 Tober, Ellie	12	Malone	2:14.78
24 Bigelow, Taylor		Indian River	2:21.40
25 Franczyk, Iga		Tupper Lake	2:23.40
26 Plantz, Madison	9	Norwood-Norfolk	2:27.11
27 Hans, Serena	9	Malone	2:29.00
--- Siebels, Lilah	10	Gouverneur	XDNF
--- Verne, Savannah		Indian River	DNF
--- Lapierre, Daphne	10	Canton	X2:10.44
--- Bansal, Anya	9	Potsdam	X2:12.41
--- Westmacott, Sophia		Massena	X2:26.42
--- Whitman, Sarah	9	Norwood-Norfolk	X2:27.50
--- Barber, Ash		Tupper Lake	X2:28.00
--- Dilger, Keillor	11	Potsdam	X2:32.00

**Event 12 Boys 600 Meter Run**

Section X: 1:21.99 2/2019 Jeremiah vonBorstel

Name	Yr	School	Finals
<b>Finals</b>			
1 Sims, Kyle	12	Malone	1:28.66 10
2 Gendebein, Noah	12	Canton	1:30.55 8
3 Adams, Josiah		Indian River	1:32.62 6
4 Rodriguez-Doyle, Aiden	12	Canton	1:33.89 5
5 Wood, Sean		Tupper Lake	1:35.04 4
6 Betts, Nikki	10	Norwood-Norfolk	1:37.89 3
7 Grainger, Nicholas	12	Potsdam	1:39.41 2
8 Johnson, Zachary	9	Massena	1:40.46 1
9 Shaw, Oscar	10	Potsdam	1:40.51
10 Moran, Aidan	11	Ogdensburg	1:41.37
11 Harper, Duncan	11	Canton	1:41.66

12 Bush, Zachery	11	Gouverneur	1:41.98
13 Duchene, Carter		Tupper Lake	1:42.16
14 Sherbino, Javier		Indian River	1:43.39
15 Attemann, Miles	12	Potsdam	1:44.34
16 LaChance, Brandon	12	Malone	1:45.81
17 Greene, Noah	12	Salmon River	1:47.41
18 Reynolds, Blake	10	Malone	1:50.59
19 Niles, Brennan	8	Salmon River	1:50.67
20 Laferriere, Danny	10	Norwood-Norfolk	1:51.88
21 Coe, Gabe		Massena	1:52.76
22 Rourke-Martin, River	10	Salmon River	1:53.04
23 Fiacco, Tony	12	Gouverneur	1:53.44
24 Tyo, Tearnin	9	Ogdensburg	1:58.63
25 Gates, Torin	9	Norwood-Norfolk	1:59.17
26 Jessmer, Hayden	12	Brushton-Moira	2:14.06
--- General, Tristan		Massena	DNF
--- Richer, Bryce		Tupper Lake	DNF
--- Perry, Reece	12	Malone	X1:44.40
--- Munoz, Jehovanie	11	Potsdam	X1:47.04
--- Worthley, Kolten	12	Canton	X1:51.86
--- Mayer, Colin		Massena	X2:18.93

**Event 13 Girls 3000 Meter Run**

Section X: 10:09.7h 2014 Laura Pierce

Name	Yr	School	Finals
<b>Finals</b>			
1 Carista, Madison	11	Norwood-Norfolk	2:23.32 10
2 Kelson, Alison	11	Potsdam	12:26.60 8
3 Gates, Brielle	11	Norwood-Norfolk	2:39.04 6
4 McClain, Grace	12	Malone	12:56.47 5
5 Harper, Lorelie	10	Canton	13:40.72 4
6 Moumen, Salma	12	Canton	13:46.89 2.5
6 Rodrguez-Guerrero, Marta	9	Potsdam	13:46.89 2.5
8 Plantz, Madison	9	Norwood-Norfolk	3:55.48 1
9 Gray, Hailey		Indian River	14:00.72
10 Grainger, Jackie	10	Potsdam	15:06.11
11 Santamore, Aurora	12	Malone	15:45.00
--- Bennett, Jorja	11	Malone	DNF

**Event 14 Girls 300 Meter Dash**

Section X: 41.46 1982 Sue Hutchins

Name	Yr	School	Finals
<b>Finals</b>			
1 Baker, Ella	12	Potsdam	43.74 10
2 Sullivan, Jilliana	10	Potsdam	44.18 8
3 Thorpe, Jaida		Indian River	45.11 6
4 Phillips, Joey		Massena	46.14 5
5 El Labban, Sarah	11	Potsdam	46.25 4
6 Winters, Katrina	12	Malone	47.39 3
7 Spicer, Azlan	9	Gouverneur	47.87 2
8 Skiff, Rain		Tupper Lake	48.11 1
9 Brothers, Ayzia	10	Norwood-Norfolk	48.53
10 Stinson, Laila		Indian River	49.02
11 Cordwell, Zara	12	Canton	49.45
12 Rose, Lucy	8	Canton	49.65
13 Bertrand, Marisol	10	Ogdensburg	49.71

**Indoor Meet 4 - 1/10/2025**

**St. Lawrence**

**Results - Full meet**

**Finals ... (Event 14 Girls 300 Meter Dash)**

Name	Yr	School	Finals
14 Beck, Mattie	10	Gouverneur	49.84
15 Davis, Sunny		Indian River	50.09
16 Colbert, Eliza	11	Norwood-Norfolk	50.34
17 Verne, Olivia		Indian River	x50.37
18 Mashaw, Adrianna	9	Gouverneur	50.66
19 Casserly, Aurora	10	Canton	51.42
20 Francis, Sophia	10	Ogdensburg	52.48
21 Laferriere, Lundan	10	Norwood-Norfolk	52.52
22 Welch, Presley	9	Malone	52.53
23 Donahue, Ryleigh	10	Malone	53.10
24 Francia, Leah		Massena	53.71
25 Preston, Rylee		Tupper Lake	53.79
26 Volgelpohl, Cara		Indian River	x53.99
27 Manchester, Hannah	12	Brushton-Moira	54.71
28 Smith, Arianna	8	Potsdam	x56.03
29 Arey, Maddie		Tupper Lake	57.19
30 Ryan, Aubrey	9	Brushton-Moira	57.40
31 Norton, Jillian	12	Brushton-Moira	59.86
32 McDunnah, Lilyan	9	Brushton-Moira	x1:02.72
33 TenEyck, Emmilyn	9	Ogdensburg	1:03.56
34 Kelley, Josephine	10	Ogdensburg	x1:09.58
--- Phillips, Avy		Massena	DNF
--- Kemison, Shalena		Massena	XDNF
--- Dilger, Keillor	11	Potsdam	XDNF
--- Siebels, Lilah	10	Gouverneur	XDNF
--- Duffy, Daly	12	Potsdam	XDNF
--- Thompson, Khloe	10	Ogdensburg	XDNF
--- Webster, Hanna	11	Gouverneur	X49.44
--- Buffham, Breanna	10	Potsdam	X51.51
--- Baker, Aida	11	Canton	X51.77
--- Scott, Lily	9	Gouverneur	X53.20
--- Fay, Alexa	9	Canton	X53.52
--- Beard, Isabel		Massena	X54.41
--- Robinson, Erika	10	Potsdam	X54.67
--- Bogett, Alida	10	Malone	X55.35
--- Battle, Carmen	9	Malone	X55.39
--- Stewart, Katelynn	9	Malone	X56.35
--- McDermott, Peyton		Massena	X56.35
--- Murtagh, Sophia		Massena	X56.45
--- Robillard, Lyla		Tupper Lake	X1:00.36
--- Chesborough, Olivia		Tupper Lake	X1:01.12
--- Legault, Eve	11	Malone	X1:01.54
--- Thacker, Avery	9	Canton	X1:01.68
--- Hans, Serena	9	Malone	X1:04.27
--- Bujold, Heather		Tupper Lake	X1:07.21

**Event 15 Boys 300 Meter Dash**

Section X: 35.40		2007		Gino Bisceglia	
Name	Yr	School	Finals		
1 Deshane, Mason		Massena	38.64	10	
2 Schrader, Luke	10	Malone	38.75	8	
3 Premo, Ananda		Massena	40.40	6	
4 Haggett, Maxwell	12	Potsdam	41.12	5	

5 Oakes, Lucas	12	Brushton-Moira	41.14	4
6 Eggleston, Brian	11	Potsdam	42.75	3
7 Terrell, Crosby	10	Canton	42.80	2
8 Curran, Colton	11	Brushton-Moira	42.95	1
9 Aldous, Callen		Massena	43.60	
10 Wynne, Teagan		Indian River	43.70	
11 Duchene, Carter		Tupper Lake	43.74	
12 Radecki, Zavier		Indian River	46.51	
13 Bujold, Sean		Tupper Lake	46.59	
14 Pierson, Landyn	11	Malone	46.81	
15 Allen, Mason	12	Brushton-Moira	47.19	
16 Schiszler, Zackery	11	Gouverneur	47.60	
17 O'Brien, Finn	3	Canton	47.99	
18 Castle, Liam	10	Norwood-Norfolk	48.12	
19 Tharrett, Tate	11	Norwood-Norfolk	48.33	
20 Beaver, Louis	12	Gouverneur	48.82	
21 Hall, Caleb	12	Malone	1:02.10	
22 Webster, Daniel	10	Norwood-Norfolk	1:13.93	
--- Bunker, Benjamin	9	Malone	XDNF	
--- Sherbino, Javier		Indian River	DNF	
--- Mitchell, Kyler	10	Salmon River	DNF	
--- Miller-Lynch, Liam	12	Potsdam	DNF	
--- Wells, Dakota	9	Ogdensburg	DNF	
--- Ericksen, Kresten	11	Ogdensburg	DNF	
--- Ledbetter, Colby		Massena	X42.86	
--- Moran, Aidan	11	Ogdensburg	X43.05	
--- Normile, Jack	10	Potsdam	X44.15	
--- Frego, Kellan	10	Potsdam	X47.34	
--- Destin, Anderson		Indian River	X48.25	
--- Tyo, Tearnin	9	Ogdensburg	X49.93	
--- Gilbert, Jack	12	Potsdam	X50.64	
--- Conant, Malachi	9	Canton	X50.95	
--- Love, Connor		Indian River	X54.56	
--- Williams, Darvay	12	Canton	X55.51	
--- Button, Benjamin	12	Malone	X1:03.25	
--- LaRock, Aidan	10	Brushton-Moira	X1:12.95	
--- Keleher, Nate	12	Potsdam	X1:14.75	

**Event 16 Girls 1000 Meter Run**

Section X: 3:00.00		2014		Rebecca Delrossi	
Name	Yr	School	Finals		
1 King, Ady	11	Malone	3:05.52	10	
2 Carista, Madison	11	Norwood-Norfolk	3:07.39	8	
3 Andrews-Perry, Johnny	10	Potsdam	3:23.37	6	
4 Steinrotter, Emmie	11	Potsdam	3:40.07	5	
5 Colbert, Rebekah	8	Norwood-Norfolk	3:44.29	4	
6 Snell, Addison	11	Norwood-Norfolk	3:46.20	3	
7 Frank, Lena	10	Canton	3:53.52	2	
8 Foster, Violet	12	Canton	3:58.26	1	
9 Kerr, Marissa	10	Gouverneur	4:03.71		
10 Honeywell, Kendall	11	Ogdensburg	4:04.00		
11 Gallagher, Kylie	10	Gouverneur	4:06.31		
12 Ragan, Addison	9	Canton	4:13.18		
13 Gushlaw, Sophia		Massena	4:14.16		
14 Therrien, Alyssa		Massena	4:15.72		

**Indoor Meet 4 - 1/10/2025**

**St. Lawrence**

**Results - Full meet**

**Finals ... (Event 16 Girls 1000 Meter Run)**

Name	Yr	School	Finals
15 Allen-Holliday, Jaelah		Indian River	4:18.97
16 Hendricks, Madyson	10	Massena	4:23.79
17 Barber, Ash		Tupper Lake	4:27.10
18 Melnikova, Alexandra	9	Potsdam	4:27.33
--- Denny, Kelly	11	Malone	DNF
--- Lapierre, Daphne	10	Canton	X4:08.59
--- Marlow, Rhyan	11	Malone	X4:16.53
--- White, Aubrey		Massena	X4:22.70
--- Richardson, Jillian	9	Canton	X4:24.89
--- Foster, Ashlan	9	Canton	X4:26.73
--- Welch, Peyton	11	Malone	X4:29.42
--- Westmacott, Sophia		Massena	X4:36.04
--- Colello, Beatrice	10	Canton	X4:54.84

**Event 17 Boys 1000 Meter Run**

Section X: 2:32.90 1998 Ed Zysik

Name	Yr	School	Finals
1 Gendebein, Noah	12	Canton	2:55.06 10
2 Rodriguez-Doyle, Aiden	12	Canton	2:55.73 8
3 Worthley, Kaden	12	Canton	2:57.45 6
4 Wood, Sean		Tupper Lake	3:07.31 5
5 Kendall, Jonah		Tupper Lake	3:08.77 4
6 Kennedy, Cooper		Massena	3:09.12 3
7 LaBarge, Patrick		Massena	3:11.84 2
8 Greer, Jackson	10	Potsdam	3:13.24 1
9 Greene, Noah	12	Salmon River	3:18.09
10 Barse, Carson	9	Malone	3:19.85
11 Hewitt, Clark	9	Norwood-Norfolk	3:20.92
12 Niles, Brennan	8	Salmon River	3:20.97
13 Biondi, Nicholas		Indian River	3:21.04
14 Johnston, Carter	12	Malone	3:22.15
15 Perry, Reece	12	Malone	3:22.26
16 Kent, Lucas	9	Norwood-Norfolk	3:22.72
17 Bishop, Evan	11	Gouverneur	3:27.48
18 Butcher, Kean		Indian River	3:29.11
19 Matott, Theo	9	Potsdam	3:29.15
20 Rourke-Martin, River	10	Salmon River	3:37.49
21 Provost, Landon		Indian River	3:52.12
22 Bennett, Noah	10	Ogdensburg	4:15.87
--- Vink, Bailey	11	Potsdam	DNF
--- General, Tristan		Massena	DNF
--- Worthley, Kolten	12	Canton	X3:11.57
--- Menke, Ryan	10	Malone	X3:25.53
--- Lyndaker, Zachary	9	Canton	X3:28.20
--- Smith, Parker	9	Canton	X3:35.39
--- Benardot, Max	11	Malone	X3:38.73
--- Thomas, Landon		Indian River	X3:44.91

**Event 18 Boys 3200 Meter Run**

Section X: 9:18.66 2002 Jon Pierce

Name	Yr	School	Finals
1 Lee-Powell, Rylan	12	Canton	10:24.10 10

2 David, Logan	Massena	10:52.98	8
3 David, Andrew	9 Massena	10:55.84	6
4 Betts, Nikki	10 Norwood-Norfolk	11:23.30	5
5 Holmes, Christian	10 Brushton-Moira	11:25.43	4
6 Laferriere, Danny	10 Norwood-Norfolk	11:40.40	3
7 Johnson, Zachary	9 Massena	12:07.25	2
8 Reynolds, Blake	10 Malone	12:14.20	1
9 Merz, Payden	10 Ogdensburg	12:53.41	
10 Barkley, Nathan	Tupper Lake	13:46.66	
--- Watts, Lucas	12 Canton	DNF	

**Event 19 Girls 4x400 Meter Relay**

Section X: 4:12.15 2/6/2023 Potsdam

**Grainger, Shatraw, Betrus, Rutledge**

Team	Relay	Finals
1 Indian River	A	4:27.67 10
1) DeLaCruz, Julia	2) Solar, Mary	
3) McCallum, Genna	4) Thorpe, Jaida	
5) Stinson, Laila	6) Allen-Holliday, Jaelah	
2 Potsdam	A	4:28.09 8
1) El Labban, Sarah 11	2) Steinrotter, Emmie 11	
4) Sullivan, Jilliana 10		
5) Heer, Reilly 9		
3 Norwood-Norfolk	A	5:04.35 6
1) Colbert, Rebekah 8	2) Donahue, Caitlin 10	
3) Laferriere, Lundan 10	4) Snell, Allie 11	
5) Whitman, Sarah 9		
4 Canton Central School	A	5:04.75 5
1) Casserly, Aurora 10	2) Ames, Hannah 10	
3) Cordwell, Zara 12	4) Abplanalp, Elena 10	
5) Larrabee, Jenna 11		
5 Franklin Academy	A	5:06.00 4
1) Winters, Katrina 12	2) Battle, Carmen 9	
3) Denny, Kelly 11	4) Welch, Presley 9	
6 Brushton-Moira	A	5:09.21 3
1) Barney, Olivia 10	2) Gerow, Brexyss 11	
3) Jiang, Sabrina 11	4) Manchester, Hannah 12	
5) Ryan, Aubrey 9		
7 Massena	A	5:36.46 2
1) Prashaw, Aaliyah	2) McDermott, Peyton	
3) Beard, Isabel	4) Faucher, Reese	
5) Oldenburgh, Mackenzie	6) Westmacott, Sophia	
--- Franklin Academy	B	X5:32.45
1) Race, Kate 10	2) Stewart, Katelynn 9	
3) Welch, Peyton 11	4) Donahue, Ryleigh 10	
5) Miletich, Justine 11		

**Indoor Meet 4 - 1/10/2025**

**St. Lawrence**

**Results - Full meet**

**Event 20 Boys 4x400 Meter Relay**  
**Section X: 3:33.76 2000 Franklin Academy**  
**Barnett, Honahan, Moulton, Seymour**

Team	Relay	Finals
<b>Finals</b>		
1 Canton Central School	A	3:53.98 10
1) Harper, Duncan 11	2) Lee-Powell, Rylan 12	
3) Rodriguez-Doyle, Aiden 12	4) Gendebein, Noah 12	
5) Terrell, Crosby 10	6) Sabatini, Adam 11	
2 Potsdam	A	3:56.45 8
1) Munoz, Jehovanie 11	2) Jones, William 11	
3) Eggleston, Brian 11	4) Grainger, Nicholas 12	
5) Normile, Jack 10	6) Draper, Benjamin 12	
3 Massena	A	3:57.48 6
1) Deshane, Mason	2) Premo, Ananda	
3) Aldous, Callen	4) Wilhelm, Zander 10	
5) Kennedy, Cooper	6) LaBarge, Patrick	
4 Brushton-Moira	A	4:06.63 5
1) Curran, Colton 11	2) Debyah, Jacob 12	
3) Holmes, Christian 10	4) Oakes, Lucas 12	
5) Schroen, Chris 12		
5 Tupper Lake	A	4:08.70 4
1) Bujold, Sean	2) Duchene, Carter	
3) Fleishman, Brock	4) Wormuth, Garrett	
6 Norwood-Norfolk	A	4:34.36 3
1) Burkum, Thomas 12	2) Gates, Torin 9	
3) Kent, Lucas 9	4) Tharrett, Tate 11	
5) Sweeney, Earl 10		
--- Franklin Academy	A	DNF
1) Schrader, Luke 10	2) Johnston, Carter 12	
3) Button, Benjamin 12	4) Sims, Kyle 12	
5) Brooks, Zebulon 12		
--- Potsdam	B	X4:47.18
1) Munoz, Jehovanie 11	2) Normile, Jack 10	
3) Frego, Kellan 10	4) Matott, Theo 9	
5) Keleher, Nate 12	6) Atkinson, Isaac 11	

**Event 21 Boys Long Jump**  
**Section X: 23-07 1989 Lucas Kerley**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ashley, Jordan	10	Massena	19-02.75 10
2 Gerstenberger, Cohen		Tupper Lake	18-04.25 8
3 Waite, Mason	11	Norwood-Norfolk	8-04.00 6
4 Garcia, Kevin		Indian River	18-01.00 5
5 Attemann, Miles	12	Potsdam	17-01.25 4
6 Corbett, Patrick	12	Potsdam	17-00.75 3
7 Towle, Hayden	11	Canton	17-00.50 2
8 Havens, Jace	11	Ogdensburg	17-00.00 1
9 Peabody, Crofton	12	Ogdensburg	16-10.25
10 Cortwright, Tegan	11	Canton	16-05.25
11 Garcia, Messiah		Indian River	16-03.25
11 Oakes, Lucas	12	Brushton-Moira	16-03.25
13 Shaw, Oscar	10	Potsdam	15-06.75
14 Barse, Carson	9	Malone	15-01.00

15 Bujold, Sean	Tupper Lake	14-09.00
16 LaRock, Aidan	10 Brushton-Moira	12-09.50
17 Bennett, Noah	10 Ogdensburg	11-11.00
18 Mayer, Colin	Massena	11-06.25
--- Debose, Ayden	12 Malone	FOUL

**Event 22 Girls Long Jump**  
**Section X: 18-05.50 1995 Leslie Revier**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kalunda, Cleopatra		Indian River	15-10.75 10
2 Masuk, Autumn	10	Norwood-Norfolk	5-09.00 8
3 Solar, Mary		Indian River	15-04.00 6
4 Gaines, Audrey	12	Gouverneur	14-11.75 5
5 Colbert, Eliza	11	Norwood-Norfolk	4-07.00 4
6 Miller-Lynch, Tessa	9	Potsdam	14-00.75 3
7 Davis, Sunny		Indian River	13-10.00 2
8 Baker, Lucy	11	Potsdam	13-08.25 1
9 Schrader, Alexandra	9	Malone	13-05.25
9 Colon, Sarafina	9	Gouverneur	13-05.25
11 Mittlestaedt, Lily	10	Norwood-Norfolk	2-09.25
12 Maurer, Makenzie		Massena	11-10.25
13 Barney, Olivia	10	Brushton-Moira	11-07.00
14 DuBray, Jordan		Massena	11-03.50
15 Planty, Raven	10	Ogdensburg	11-02.75
16 Francia, Leah		Massena	10-04.75
--- Duffy, Daly	12	Potsdam	DNF
--- Metcalf, Elizabeth	9	Canton	DNF

**Event 23 Boys Triple Jump**  
**Section X: 46-11 3/7/2020 Troy Stephen**

Name	Yr	School	Finals
<b>Finals</b>			
1 Gerstenberger, Cohen		Tupper Lake	39-07.00 10
2 Garcia, Kevin		Indian River	39-06.50 8
3 Ashley, Jordan	10	Massena	38-08.25 6
4 Morey, Xaiden	11	Potsdam	37-02.75 5
5 Waite, Mason	11	Norwood-Norfolk	37-02.50 4
6 Draper, Benjamin	12	Potsdam	34-11.50 3
7 LaChance, Brandon	12	Malone	33-03.50 2
8 Corbett, Patrick	12	Potsdam	33-00.00 1
--- Wells, Dakota	9	Ogdensburg	DNF
--- Bice, Kelvin III	11	Gouverneur	DNF

**Event 24 Girls Triple Jump**  
**Section X: 39-02.75 1995 Leslie Revier**

Name	Yr	School	Finals
<b>Finals</b>			
1 Solar, Mary		Indian River	33-07.00 10
2 Spicer, Azlan	9	Gouverneur	31-02.75 8
3 Andrews-Perry, Johnny	10	Potsdam	30-00.50 6
4 Timmons, Madison		Indian River	29-10.75 5
5 Colbert, Eliza	11	Norwood-Norfolk	29-07.75 4
6 Ringuette, Avery		Indian River	29-01.25 3
7 Perratta, Isabella	11	Canton	27-07.75 2
8 Dhaniyala, Saadhika	11	Potsdam	27-03.00 1



**Indoor Meet 4 - 1/10/2025**

**St. Lawrence**

**Results - Full meet**

**Finals ... (Event 24 Girls Triple Jump)**

Name	Yr	School	Finals
9 Lu, Ziya	9	Potsdam	27-00.25
10 Donahue, Kyla		Massena	25-09.25
11 Nezezon, Claire	9	Norwood-Norfolk	24-11.50
--- Boulais, Hailey		Massena	FOUL

**Event 25 Girls Shot Put**

Section X: 37-02 1983 Peggy Mariano

Name	Yr	School	Finals
<b>Finals</b>			
1 Charles, Sydney	12	Norwood-Norfolk	29-06.50 10
2 Luke, Emily		Indian River	26-02.00 8
3 Ives, Julia	11	Ogdensburg	26-01.25 6
4 Russell, Cora		Indian River	26-01.00 4.5
4 Becker, Mary		Tupper Lake	26-01.00 4.5
6 Coles, Myaunna		Indian River	25-11.00 3
7 Oliver, Lauren		Massena	25-06.50 2
8 Skelly, Karley	9	Ogdensburg	25-01.00 1
9 Branconnier, Morgan	12	Malone	24-08.75
10 Cook, Cloe	12	Salmon River	23-10.75
11 Moore, Kenadi	12	Potsdam	23-05.25
12 Perry, Jordan	11	Norwood-Norfolk	23-03.75
13 Stamper, Kiraghan	9	Gouverneur	23-01.50
14 Kompan, Emma	12	Malone	22-07.25
15 Terrell, Harper	10	Canton	22-06.00
16 Finnegan, Kate		Massena	22-05.00
17 Thomas, Madyson	9	Ogdensburg	22-02.00
18 Rundquist, Vera	12	Malone	22-01.50
19 Pratt, Amelia		Tupper Lake	21-05.25
20 Tillman, Nylah		Massena	21-00.50
21 Zaiden, Sireca		Tupper Lake	21-00.25
22 Olmstead, Shaylee	11	Canton	19-08.00
23 Green, Grace	11	Norwood-Norfolk	19-05.00
24 Sharlow, Kaidence	12	Potsdam	19-00.00
25 Norton, Jillian	12	Brushton-Moira	18-00.00
26 Colon, Sarafina	9	Gouverneur	14-10.25
27 Ball, Layla		Indian River	x14-02.25
28 White, Hannah	9	Gouverneur	13-09.50
--- Sherman, Audrianna	12	Norwood-Norfolk	19-05.75
--- Bennett, Jorja	11	Malone	X18-01.25
--- Bess, MyKenna	11	Malone	X14-00.50
--- Colby, Myra		Massena	X13-01.00
--- Pankey, Marina	9	Norwood-Norfolk	12-00.25

**Event 26 Boys Shot Put**

Section X: 53-03 1998 Frank Grand

Name	Yr	School	Finals
<b>Finals</b>			
1 Robillard, Luke		Tupper Lake	40-09.75 10
2 Atkinson, Isaac	11	Potsdam	40-08.00 8
3 Hasty, Oakley	11	Salmon River	40-01.25 6
4 LaBella, Lucca	11	Ogdensburg	37-01.25 5
5 Bormann, Zach	12	Malone	36-01.50 4
6 Cuttaia, Cooper		Tupper Lake	34-09.75 3
7 Brooks, Zebulon	12	Malone	34-03.00 2

8 Moots, William	12	Canton	33-09.00 1
9 Costas, Cook	12	Salmon River	31-03.00
10 Farley, Jed	11	Ogdensburg	31-01.75
11 Malit, Jimmy	11	Potsdam	30-11.50
12 Webster, Daniel	10	Norwood-Norfolk	29-09.25
13 Carr, David	12	Malone	29-09.00
14 Stewart, Caeden	11	Norwood-Norfolk	29-08.25
15 Miller, Brody	9	Massena	29-07.50
16 Fregoe, Kaleb	11	Norwood-Norfolk	29-06.00
17 DuBray, Jason		Massena	29-02.00
18 Schizler, Zackery	11	Gouverneur	26-11.75
19 Shipman, Placid	11	Canton	26-09.25
20 Barkley, Nathan		Tupper Lake	25-01.00
21 Williams, Darvay	12	Canton	23-04.25
22 Romans, Mitchell	10	Gouverneur	23-00.00
23 Beaver, Louis	12	Gouverneur	22-10.25
24 Hendricks, Max		Massena	22-09.50
25 Allen, Mason	12	Brushton-Moira	22-06.50
--- LaPlante, Nicholas		Tupper Lake	X25-03.25
--- Garrow, Jaren	11	Norwood-Norfolk	X24-08.00
--- Sweeney, Earl	10	Norwood-Norfolk	X22-02.75
--- Dupra, Trent	12	Malone	X17-04.50

**Event 27 Girls High Jump**

Section X: 53-03 1998 Frank Grand

Name	Yr	School	Finals
<b>Finals</b>			
1 Gaines, Audrey	12	Gouverneur	5-01.00 10
2 Bates, Lexi		Indian River	4-08.00 8
3 Funk, Darci	10	Malone	J4-06.00 6
4 Cordwell, Zara	12	Canton	J4-06.00 5
5 Wilson, Katharine	10	Ogdensburg	J4-06.00 3.5
5 McCallum, Genna		Indian River	J4-06.00 3.5
7 Green, Grace	11	Norwood-Norfolk	J4-04.00 2
8 Hinckley, Keira	11	Potsdam	J4-04.00 1
9 Miller-Lynch, Tessa	9	Potsdam	J4-04.00
10 Donahue, Kyla		Massena	4-02.00
10 Seitzer, Abigail	12	Potsdam	4-02.00
12 Stamper, Kiraghan	9	Gouverneur	4-00.00
13 Nezezon, Claire	9	Norwood-Norfolk	3-10.00
--- Boulais, Hailey		Massena	NH
--- Planty, Raven	10	Ogdensburg	NH
--- Perry, Jordan	11	Norwood-Norfolk	NH

**Event 28 Boys High Jump**

Section X: 6-09 1988 Tom Michaud

Name	Yr	School	Finals
<b>Finals</b>			
1 Wilkson, Caleb	12	Canton	J5-08.00 10
2 Morey, Xaiden	11	Potsdam	J5-08.00 8
3 Benardot, Max	11	Malone	J5-06.00 6
4 McClain, Liam		Tupper Lake	J5-00.00 5
5 Barse, Carson	9	Malone	J5-00.00 3.5
5 Draper, Benjamin	12	Potsdam	J5-00.00 3.5
7 Ashley, Jordan	10	Massena	J4-09.00 2
8 Malit, Jimmy	11	Potsdam	J4-09.00 1

**Indoor Meet 4 - 1/10/2025****St. Lawrence****Results - Full meet****Finals ... (Event 28 Boys High Jump)**

	Name	Yr	School	Finals
9	Burkum, Thomas	12	Norwood-Norfolk	4-09.00
10	Cuttaia, Cooper		Tupper Lake	4-06.00
---	Castle, Liam	10	Norwood-Norfolk	NH

**Event 29 Women Weight Throw**

Section X: 22-04 12/20/2024 Madyson Thomas

	Name	Yr	School	Finals
<b>Finals</b>				
1	Cook, Cloe	12	Salmon River	23-02.00
2	Oliver, Lauren		Massena	21-06.25
3	Branconnier, Morgan	12	Malone	19-10.25
4	Thomas, Madyson	9	Ogdensburg	19-06.00
5	Terrell, Harper	10	Canton	17-03.25
---	Moore, Kenadi	12	Potsdam	X23-05.00

**Event 30 Men Weight Throw**

Section X: 37-03 12/20/2024 Zach Bromann

	Name	Yr	School	Finals
<b>Finals</b>				
1	Bormann, Zach	12	Malone	42-09.00
2	Hasty, Oakley	11	Salmon River	36-01.75
3	Farley, Jed	11	Ogdensburg	32-03.00
4	Moots, William	12	Canton	28-10.50
5	Miller, Brody	9	Massena	27-03.75
6	Stewart, Caeden	11	Norwood-Norfolk	22-10.25

**Women - Team Rankings - 14 Events Scored**

1)	Indian River Central School	122
2)	Potsdam Central School	110.5
3)	Norwood-Norfolk Central School	105.5
4)	Franklin Academy	48
5)	Gouverneur Central School	45.5
6)	Canton Central School	44
7)	Ogdensburg Free Academy	27.5
8)	Massena Central School	17
9)	Brushton-Moira	11.5
10)	Tupper Lake Central School	10.5

**Men - Team Rankings - 14 Events Scored**

1)	Potsdam Central School	100.5
2)	Massena Central School	95
3)	Canton Central School	90
4)	Tupper Lake Central School	72.5
5)	Franklin Academy	69
6)	Indian River Central School	34
6)	Norwood-Norfolk Central School	34
8)	Ogdensburg Free Academy	21
9)	Brushton-Moira	15
10)	Salmon River Central School	6
10)	Gouverneur Central School	6