

Indoor meet 5 - 1/17/2025

St. Lawrence

Results - Full meet

Event 1 Girls 4x800 Meter Relay

Section X: 9:16.39 R 2014 Canton

R. DelRossi, G. DelRossi, Pierce, Ricalton

| Team | Relay | Finals |
|-------------------------------|-----------------------------|-------------|
| Finals | | |
| 1 Canton Central School | A | 10:42.93 10 |
| 1) Moumen, Salma 12 | 2) Frank, Lena 10 | |
| 3) Casserly, Aurora 10 | 4) Abplanalp, Elena 10 | |
| 2 Norwood-Norfolk | A | 10:57.38 8 |
| 1) Nezezon, Claire 9 | 2) Plantz, Madison 9 | |
| 3) Colbert, Eliza 11 | 4) Colbert, Rebekah 8 | |
| 5) Snell, Addison 11 | 6) Donahue, Caitlin 10 | |
| 3 Potsdam | A | 11:32.95 6 |
| 1) Batich, Lyra 8 | 2) Lu, Ziya 9 | |
| 3) Rodrguez-Guerrero, Marta 9 | 4) Kelson, Alison 11 | |
| 5) Grainger, Jackie 10 | 6) Bansal, Anya 9 | |
| 4 Indian River | A | 12:03.48 5 |
| 1) Allen-Holliday, Jaelah | 2) Gray, Hailey | |
| 3) Verne, Savannah | 4) Verne, Olivia | |
| 5) Julian, Makayla | 6) Morgan, Autumn | |
| 5 Gouverneur | A | 12:03.64 4 |
| 1) Scott, Lily 9 | 2) Miller, Saloma 11 | |
| 3) Siebels, Lilah 10 | 4) Kerr, Marissa 10 | |
| 5) Gallagher, Kylie 10 | | |
| 6 Brushton-Moira | A | 12:14.59 3 |
| 1) Barney, Olivia 10 | 2) Gerow, Brexyss 11 | |
| 3) Jiang, Sabrina 11 | 4) Ryan, Aubrey 9 | |
| 7 Franklin Academy | A | 12:22.79 2 |
| 1) Santamore, Aurora 12 | 2) Welch, Peyton 11 | |
| 3) Denny, Kelly 11 | 4) McClain, Grace 12 | |
| 5) Tober, Ellie 12 | | |
| 8 Massena | A | 12:43.61 1 |
| 1) Therrien, Alyssa 10 | 2) Oldenburgh, Mackenzie 11 | |
| 3) Hendricks, Madyson 10 | 4) White, Aubrey 10 | |
| 5) Westmacott, Sophia 10 | | |
| 9 Ogdensburg | A | 13:11.48 |
| 1) Honeywell, Kendall 11 | 2) Lalone, Kiely 11 | |
| 3) TenEyck, Emmilyn 9 | 4) Thompson, Khloe 10 | |
| 5) Kroeger, Lily 10 | | |
| 10 Tupper Lake | A | 13:32.07 |
| 1) Bujold, Eliza | 2) Facticeau, Ava | |
| 3) Franczyk, Iga | 4) Skiff, Rain | |
| --- Canton Central School | B | X11:53.23 |
| 1) Ames, Hannah 10 | 2) Foster, Violet 12 | |
| 3) Harper, Lorelie 10 | 4) Lapierre, Daphne 10 | |
| 5) Foster, Ashlan 9 | 6) Ragan, Addison 9 | |

Event 2 Boys 4x800 Meter Relay

Section X: 8:01.60 R 1989 Franklin Academy

Lawrence, Mulverhill, Taylor, VanEss

| Team | Relay | Finals |
|-------------------------------|--------------------------|------------|
| Finals | | |
| 1 Canton Central School | A | 9:00.87 10 |
| 1) Rodriguez-Doyle, Aiden 12 | 2) Lee-Powell, Rylan 12 | |
| 3) Armendariz-Huang, Daniel 1 | 4) Gendebein, Noah 12 | |
| 5) Worthley, Kolten 12 | 6) Worthley, Kaden 12 | |
| 2 Potsdam | A | 9:06.21 8 |
| 1) Shaw, Oscar 10 | 2) Greer, Jackson 10 | |
| 3) Jones, William 11 | 4) Vink, Bailey 11 | |
| 5) Eggleston, Brian 11 | 6) Grainger, Nicholas 12 | |
| 3 Norwood-Norfolk | A | 9:11.31 6 |
| 1) Hewitt, Clark 9 | 2) Kent, Lucas 9 | |
| 3) Gates, Torin 9 | 4) Tharrett, Tate 11 | |
| 5) Betts, Nikki 10 | 6) Laferriere, Danny 10 | |
| 4 Tupper Lake | A | 9:20.68 5 |
| 1) Barkley, Nathan | 2) Kendall, Jonah | |
| 3) Wood, Sean | 4) Wormuth, Garrett | |
| 5 Brushton-Moira | A | 9:47.59 4 |
| 1) Curran, Colton 11 | 2) Holmes, Christian 10 | |
| 3) Jessmer, Hayden 12 | 4) Oakes, Lucas 12 | |
| 5) Schroen, Chris 12 | | |
| 6 Gouverneur | A | 9:57.83 3 |
| 1) Bishop, Evan 11 | 2) Wells, Kaden 12 | |
| 3) Fiacco, Tony 12 | 4) Bush, Zachery 11 | |
| 7 Franklin Academy | A | 10:00.01 2 |
| 1) Reynolds, Blake 10 | 2) Perry, Reece 12 | |
| 3) Menke, Ryan 10 | 4) LaChance, Brandon 12 | |
| 5) Benardot, Max 11 | | |
| 8 Indian River | A | 11:23.09 1 |
| 1) Adams, Josiah | 2) Biondi, Nicholas | |
| 3) Gauthier, A | 4) Thomas, Ajay | |
| 5) Gauthier, Ryan | | |
| 9 Massena | A | 11:41.67 |
| 1) Johnson, Zachary 9 | 2) General, Tristan 8 | |
| 3) Mayer, Colin 11 | 4) Hendricks, Max 9 | |
| 5) David, Logan 9 | 6) LaBarge, Patrick 9 | |
| --- Indian River | B | X9:20.24 |
| 1) Sherbino, Javier | 2) Thomas, Landon | |
| 3) Provost, Landon | 4) Butcher, Kean | |
| --- Canton Central School | B | X9:41.65 |
| 1) Harper, Duncan 11 | 2) Lyndaker, Zachary 9 | |
| 3) Worthley, Kaden 12 | 4) Worthley, Kolten 12 | |

Event 3 Girls 60 Meter Dash

Section X: 8.01 R 12/13/2024 Ella Baker

| Name | Yr | School | Finals |
|----------------------|----|-----------------|---------|
| Finals | | | |
| 1 Baker, Ella | 12 | Potsdam | 8.07 10 |
| 2 Kalunda, Cleopatra | | Indian River | 8.44 8 |
| 3 Brothers, Ayzia | 10 | Norwood-Norfolk | 8.47 6 |
| 4 Cavaliere, Kayla | | Indian River | 8.62 5 |
| 5 Baker, Lucy | 11 | Potsdam | 8.69 4 |

Indoor meet 5 - 1/17/2025

St. Lawrence

Results - Full meet

Finals ... (Event 3 Girls 60 Meter Dash)

| Name | Yr | School | Finals | |
|------------------------|----|-----------------|--------|---|
| 6 Tarkowski, Addison | 9 | Gouverneur | 8.80 | 3 |
| 7 Green, Grace | 11 | Norwood-Norfolk | 8.85 | 2 |
| 8 LaPlant, Brooke | 10 | Malone | 8.86 | 1 |
| 9 Rundquist, Vera | 12 | Malone | 9.05 | |
| 10 Phillips, Joey | 12 | Massena | 9.07 | |
| 11 Timmons, Madison | | Indian River | 9.10 | |
| 12 Olmstead, Shaylee | 11 | Canton | 9.18 | |
| 13 Francis, Sophia | 10 | Ogdensburg | 9.28 | |
| 14 Mashaw, Adrianna | 9 | Gouverneur | 9.30 | |
| 15 Schrader, Alexandra | 9 | Malone | 9.33 | |
| 16 Baker, Aida | 11 | Canton | 9.50 | |
| 17 Phillips, Avy | 10 | Massena | 9.53 | |
| 18 Buffham, Breanna | 10 | Potsdam | 9.63 | |
| 19 Tillman, Nylah | 11 | Massena | 9.67 | |
| 20 Whitman, Sarah | 9 | Norwood-Norfolk | 9.77 | |
| 21 Horton, Jillian | | Brushton-Moira | 9.86 | |
| 22 Jiang, Sabrina | 11 | Brushton-Moira | 9.95 | |
| 23 Cook, Cloe | 12 | Salmon River | 9.97 | |
| 24 Thomas, Madyson | 9 | Ogdensburg | 10.19 | |
| 25 Ives, Julia | 11 | Ogdensburg | 10.32 | |
| 26 Dilger, Keillor | 11 | Potsdam | x11.00 | |
| 27 Becker, Mary | | Tupper Lake | 11.24 | |
| 28 McDunnah, Lilyan | 9 | Brushton-Moira | 11.31 | |
| --- DeLaCruz, Julia | | Indian River | X8.49 | |
| --- McCallum, Amelia | | Indian River | X9.08 | |
| --- Finn, Ava | 10 | Malone | X9.12 | |
| --- Webster, Hanna | 11 | Gouverneur | X9.15 | |
| --- Colon, Sarafina | 9 | Gouverneur | X9.22 | |
| --- Metcalf, Elizabeth | 9 | Canton | X9.47 | |
| --- Goachee, Henna | 12 | Malone | X9.55 | |
| --- McDermott, Peyton | 10 | Massena | X9.55 | |
| --- Race, Kate | 10 | Malone | X9.68 | |
| --- Robinson, Erika | 10 | Potsdam | X9.70 | |
| --- Oakley, Sola | 9 | Canton | X9.72 | |
| --- Bogett, Alida | 10 | Malone | X9.73 | |
| --- Murtagh, Sophia | 8 | Massena | X9.73 | |
| --- Donahue, Ryleigh | 10 | Malone | X9.85 | |
| --- Larrabee, Jenna | 11 | Canton | X9.93 | |
| --- Battle, Carmen | 9 | Malone | X10.07 | |
| --- Pratt, Amelia | | Tupper Lake | X10.10 | |
| --- DuBray, Jordan | 11 | Massena | X10.15 | |
| --- Maurer, Makenzie | 11 | Massena | X10.26 | |
| --- Polniak, Claire | 10 | Canton | X10.28 | |
| --- Zaiden, Sireea | | Tupper Lake | X10.31 | |
| --- Faucher, Reese | 10 | Massena | X10.34 | |
| --- Burnett, Kaylee | | Tupper Lake | X10.37 | |
| --- Gifford, Kamiyah | | Indian River | X10.55 | |
| --- Hans, Serena | 9 | Malone | X10.79 | |
| --- Kompan, Emma | 12 | Malone | X10.85 | |
| --- Thacker, Avery | 9 | Canton | X10.86 | |
| --- Kroeger, Lily | 10 | Ogdensburg | X10.97 | |
| --- Sharlow, Kaidence | 12 | Potsdam | X11.03 | |
| --- Kelley, Josephine | 10 | Ogdensburg | X11.07 | |
| --- Colby, Myra | 11 | Massena | X11.08 | |

| | | | |
|----------------------|----|-------------|--------|
| --- Laraby, Madelyn | 9 | Massena | X11.14 |
| --- Skelly, Karley | 9 | Ogdensburg | X11.22 |
| --- Negron, Angelina | 10 | Ogdensburg | X11.48 |
| --- Finnegan, Kate | 11 | Massena | X11.53 |
| --- Bujold, Heather | | Tupper Lake | X11.62 |
| --- White, Hannah | 9 | Gouverneur | X11.64 |

Event 4 Boys 60 Meter Dash

Section X: 7.05 R 2020 Caleb Farr

| Name | Yr | School | Finals | |
|------------------------|----|-----------------|--------|-----|
| 1 Debose, Ayden | 12 | Malone | 7.38 | 10 |
| 2 Hall, Caleb | 12 | Malone | 7.45 | 8 |
| 3 Miller-Lynch, Liam | 12 | Potsdam | 7.61 | 5.5 |
| 3 Garcia, Kevin | | Indian River | 7.61 | 5.5 |
| 5 Rush, Michael | | Indian River | 7.65 | 4 |
| 6 Premo, Ananda | 12 | Massena | 7.73 | 3 |
| 7 McClain, Liam | | Tupper Lake | 7.75 | 2 |
| 8 Waite, Mason | 11 | Norwood-Norfolk | 7.76 | 1 |
| 9 Button, Benjamin | 12 | Malone | 7.83 | |
| 10 Ledbetter, Colby | 11 | Massena | 7.96 | |
| 11 Wilhelm, Zander | 10 | Massena | 7.97 | |
| 12 Towle, Hayden | 11 | Canton | 7.98 | |
| 13 Ericksen, Kresten | 11 | Ogdensburg | 7.99 | |
| 14 Haggitt, Maxwell | 12 | Potsdam | 8.03 | |
| 15 Fleishman, Brock | | Tupper Lake | 8.06 | |
| 16 Hull, Tiamane | 12 | Gouverneur | 8.07 | |
| 17 Cortwright, Tegan | 11 | Canton | 8.13 | |
| 18 LaBella, Lucca | 11 | Ogdensburg | 8.17 | |
| 19 Garcia, Messiah | | Indian River | 8.24 | |
| 20 Bujold, Sean | | Tupper Lake | 8.39 | |
| 21 Jessmer, Hayden | 12 | Brushton-Moira | 8.51 | |
| 22 Malit, Jimmy | 11 | Potsdam | 8.65 | |
| 23 Mitchell, Kyler | 10 | Salmon River | 8.66 | |
| 24 Shipman, Placid | 11 | Canton | 8.80 | |
| 25 Castle, Liam | 10 | Norwood-Norfolk | 8.85 | |
| 26 Davis, Gavin | 12 | Gouverneur | 8.97 | |
| 27 Beaver, Louis | 12 | Gouverneur | 9.55 | |
| 28 Costas, Cook | 12 | Salmon River | 10.06 | |
| 29 Garrow, Jaren | 11 | Norwood-Norfolk | 10.48 | |
| 30 Hasty, Oakley | 11 | Salmon River | 10.92 | |
| --- Wynne, Teagan | | Indian River | X7.75 | |
| --- Aldous, Callen | 11 | Massena | X8.15 | |
| --- Pierson, Landyn | 11 | Malone | X8.45 | |
| --- Frego, Kellan | 10 | Potsdam | X8.68 | |
| --- Just, Carter | 10 | Ogdensburg | X9.02 | |
| --- Dewaine, Brycen | | Indian River | X9.13 | |
| --- Williams, Darvay | 12 | Canton | X9.20 | |
| --- Conant, Malachi | 9 | Canton | X9.32 | |
| --- Bormann, Zach | 12 | Malone | X9.35 | |
| --- Beaulieu, Patrick | 11 | Ogdensburg | X10.14 | |
| --- LaPlante, Nicholas | | Tupper Lake | X10.36 | |
| --- Klught, Jordan | 9 | Massena | X10.53 | |
| --- Moots, William | 12 | Canton | X10.75 | |

Indoor meet 5 - 1/17/2025

St. Lawrence

Results - Full meet

Event 5 Girls 60 Meter Hurdles

Section X: 10.14 R 2/9/2024 Mackenzie Adams

| Name | Yr | School | Finals |
|-----------------------|----|--------------|----------|
| Finals | | | |
| 1 Wilson, Katharine | 10 | Ogdensburg | 10.71 10 |
| 2 Miller-Lynch, Tessa | 9 | Potsdam | 11.16 8 |
| 3 Bates, Lexi | | Indian River | 11.45 6 |
| 4 Bouchey, Ellah | 10 | Ogdensburg | 11.55 5 |
| 5 Stamper, Kiraghan | 9 | Gouverneur | 11.84 4 |
| 6 Perratta, Isabella | 11 | Canton | 11.91 3 |
| 7 Volgelpohl, Cara | | Indian River | 11.92 2 |
| 8 Seitzer, Abigail | 12 | Potsdam | 11.93 1 |
| 9 Fay, Alexa | 9 | Canton | 12.06 |
| 10 Arey, Maddie | | Tupper Lake | 12.15 |
| 11 Lu, Ziya | 9 | Potsdam | 12.28 |
| 12 Prashaw, Aaliyah | 10 | Massena | 12.34 |
| 13 Lunan, Carmen | 12 | Malone | 13.19 |
| 14 Polniak, Claire | 10 | Canton | 14.23 |
| --- Sherwood, Natalie | | Indian River | X13.30 |

Event 6 Boys 60 Meter Hurdles

Section X: 8.91 R 2/8/2019 Jeremaih vonBorstel

| Name | Yr | School | Finals |
|---------------------|----|-----------------|---------|
| Finals | | | |
| 1 Morey, Xaiden | 11 | Potsdam | 9.06 10 |
| 2 Deshane, Mason | 11 | Massena | 9.68 8 |
| 3 Attemann, Miles | 12 | Potsdam | 10.17 6 |
| 4 Havens, Jace | 11 | Ogdensburg | 10.32 5 |
| 5 Barksdale, Joshua | 10 | Massena | 10.96 4 |
| 6 Brooks, Zebulon | 12 | Malone | 11.03 3 |
| 7 Burkum, Thomas | 12 | Norwood-Norfolk | 11.04 2 |
| 8 DuBray, Jason | 9 | Massena | 11.09 1 |
| 9 Cortwright, Tegan | 11 | Canton | 11.44 |
| 10 Normile, Jack | 10 | Potsdam | 12.28 |
| 11 O'Brien, Finn | 3 | Canton | 14.18 |
| --- Gilbert, Jack | 12 | Potsdam | X12.46 |
| --- Keleher, Nate | 12 | Potsdam | X14.56 |

Event 7 Girls 1500 Meter Run

Section X: 4:41.54 R 2013 Laura Peirce

| Name | Yr | School | Finals |
|-----------------------------|----|-----------------|------------|
| Finals | | | |
| 1 Carista, Madison | 11 | Norwood-Norfolk | 5:26.70 10 |
| 2 Moumen, Salma | 12 | Canton | 5:33.88 8 |
| 3 Kelson, Alison | 11 | Potsdam | 5:42.24 6 |
| 4 Snell, Addison | 11 | Norwood-Norfolk | 5:46.47 5 |
| 5 Gates, Brielle | 11 | Norwood-Norfolk | 5:48.04 4 |
| 6 Rodriguez-Guerrero, Marta | 9 | Potsdam | 5:54.14 3 |
| 7 Frank, Lena | 10 | Canton | 5:56.76 2 |
| 8 Gushlaw, Sophia | 8 | Massena | 6:11.32 1 |
| 9 Santamore, Aurora | 12 | Malone | 6:20.18 |
| 10 Harper, Lorelie | 10 | Canton | 6:28.78 |
| 11 Marlow, Rhyan | 11 | Malone | 6:29.81 |
| 12 Welch, Peyton | 11 | Malone | 6:57.44 |
| 13 Julian, Makayla | | Indian River | 7:08.88 |

| | | | |
|-------------------------|----|-----------------|----------|
| 14 Facticeau, Ava | | Tupper Lake | 7:09.96 |
| --- Plantz, Madison | 9 | Norwood-Norfolk | X6:33.28 |
| --- Rossiter, Natasha | 11 | Canton | X6:42.09 |
| --- Foster, Ashlan | 9 | Canton | X6:46.64 |
| --- Richardson, Jillian | 9 | Canton | X6:52.34 |
| --- Bennett, Jorja | 11 | Malone | X7:00.61 |

Event 8 Girls 4x200 Meter Relay

Section X: 1:49.70 R 2007 Indian River

Dore, Kubber, Robinson, Woodson

| Team | Relay | Finals |
|--------------------------|---------------------------|------------|
| Finals | | |
| 1 Potsdam | A | 1:52.31 10 |
| 1) Baker, Lucy 11 | 2) Sullivan, Jilliana 10 | |
| 3) Heer, Reilly 9 | 4) Baker, Ella 12 | |
| 5) Batic, Lyra 8 | 6) Duffy, Daly 12 | |
| 2 Indian River | A | 1:54.31 8 |
| 1) Cavaliere, Kayla | 2) DeLaCruz, Julia | |
| 3) Timmons, Madison | 4) Kalunda, Cleopatra | |
| 5) Davis, Sunny | 6) McCallum, Genna | |
| 3 Franklin Academy | A | 1:55.48 6 |
| 1) King, Ady 11 | 2) Winters, Katrina 12 | |
| 3) Rundquist, Vera 12 | 4) Finn, Ava 10 | |
| 5) Schrader, Alexandra 9 | 6) LaPlant, Brooke 10 | |
| 4 Norwood-Norfolk | A | 2:00.25 5 |
| 1) Masuk, Autumn 10 | 2) Laferriere, Lundan 10 | |
| 3) Nezezon, Claire 9 | 4) Green, Grace 11 | |
| 5) Brothers, Ayzia 10 | 6) Charles, Sydney 12 | |
| 5 Gouverneur | A | 2:00.38 4 |
| 1) Beck, Mattie 10 | 2) Tarkowski, Addison 9 | |
| 3) Lacks, Ameillia 11 | 4) Spicer, Azlan 9 | |
| 6 Canton Central School | A | 2:06.81 3 |
| 1) Olmstead, Shaylee 11 | 2) Baker, Aida 11 | |
| 3) Perratta, Isabella 11 | 4) Metcalf, Elizabeth 9 | |
| 7 Massena | A | 2:08.33 2 |
| 1) Phillips, Avy 10 | 2) Sunday-Oakes, Tommie 8 | |
| 3) McDermott, Peyton 10 | 4) Tillman, Nylah 11 | |
| 8 Tupper Lake | A | 2:18.69 1 |
| 1) Arey, Maddie | 2) Becker, Mary | |
| 3) Burns, Maggie | 4) Franczyk, Iga | |
| 5) Preston, Rylee | | |
| --- Ogdensburg | A | DQ |
| 1) Lalone, Kiely 11 | 2) Bouchey, Ellah 10 | |
| 3) Francis, Sophia 10 | 4) Honeywell, Kendall 11 | |
| 5) Thomas, Madyson 9 | 6) Planty, Raven 10 | |
| --- Franklin Academy | B | X2:03.34 |
| 1) LaPlant, Brooke 10 | 2) Schrader, Alexandra 9 | |
| 3) Lunan, Carmen 12 | 4) Goachee, Henna 12 | |
| 5) Miletich, Justine 11 | | |
| --- Potsdam | B | X2:04.90 |
| 1) Batic, Lyra 8 | 2) Miller-Lynch, Tessa 9 | |
| 3) Buffham, Breanna 10 | 4) Duffy, Daly 12 | |
| 5) Robinson, Erika 10 | 6) Seitzer, Abigail 12 | |
| --- Franklin Academy | C | X2:13.10 |
| 1) Battle, Carmen 9 | 2) Miletich, Justine 11 | |
| 3) Stewart, Katelynn 9 | 4) Donahue, Ryleigh 10 | |

Indoor meet 5 - 1/17/2025

St. Lawrence

Results - Full meet

Finals ... (Event 8 Girls 4x200 Meter Relay)

| Team | Relay | Finals |
|---------------------------|----------------------------|----------|
| --- Potsdam | C | X2:15.51 |
| 1) Seitzer, Abigail 12 | 2) Moore, Kenadi 12 | |
| 3) Robinson, Erika 10 | 4) Smith, Arianna 8 | |
| 5) Dhaniyala, Saadhika 11 | 6) Berry-Wilson, Ashley 12 | |
| --- Canton Central School | B | X2:19.83 |
| 1) Polniak, Claire 10 | 2) Oakley, Sola 9 | |
| 3) Larrabee, Jenna 11 | 4) Thacker, Avery 9 | |
| --- Massena | B | X2:23.62 |
| 1) Prashaw, Aaliyah 10 | 2) Murtagh, Sophia 8 | |
| 3) Faucher, Reese 10 | 4) Kemison, Shalena 9 | |
| 5) Laraby, Madelyn 9 | | |
| --- Franklin Academy | D | X2:27.82 |
| 1) Kompan, Emma 12 | 2) Bogett, Alida 10 | |
| 3) Bennett, Jorja 11 | 4) Branconnier, Morgan 12 | |
| --- Tupper Lake | B | X2:32.92 |
| 1) Barber, Ash | 2) Bujold, Heather | |
| 3) Burnett, Kaylee | 4) Pratt, Amelia | |
| --- Ogdensburg | B | X2:34.72 |
| 1) Kroeger, Lily 10 | 2) Kelley, Josephine 10 | |
| 3) TenEyck, Emmilyn 9 | 4) Thompson, Khloe 10 | |
| 5) Thomas, Madyson 9 | 6) Planty, Raven 10 | |

Event 9 Boys 4x200 Meter Relay
Section X: 1:35.70 R 2006 **Norwood-Norfolk**
Bisceglia, Colby, Gay, Wagschal

| Team | Relay | Finals |
|--------------------------|--------------------------|------------|
| Finals | | |
| 1 Franklin Academy | A | 1:36.34 10 |
| 1) Hall, Caleb 12 | 2) Schrader, Luke 10 | |
| 3) Sims, Kyle 12 | 4) Debose, Ayden 12 | |
| 5) Button, Benjamin 12 | | |
| 2 Potsdam | A | 1:43.25 8 |
| 1) Grainger, Nicholas 12 | 2) Normile, Jack 10 | |
| 3) Haggett, Maxwell 12 | 4) Miller-Lynch, Liam 12 | |
| 5) Eggleston, Brian 11 | 6) Munoz, Jehovanie 11 | |
| 3 Indian River | A | 1:44.58 6 |
| 1) Garcia, Messiah | 2) Rush, Michael | |
| 3) Sherbino, Javier | 4) Wynne, Teagan | |
| 4 Tupper Lake | A | 1:47.64 5 |
| 1) Bujold, Sean | 2) Cuttaia, Cooper | |
| 3) Fleishman, Brock | 4) McClain, Liam | |
| 5 Canton Central School | A | 1:53.54 4 |
| 1) Terrell, Crosby 10 | 2) O'Brien, Finn 3 | |
| 3) Conant, Malachi 9 | 4) Shipman, Placid 11 | |
| 5) Townsend, Calvin 10 | 6) Terrell, Crosby 10 | |
| 6 Massena | A | 1:53.73 3 |
| 1) Ledbetter, Colby 11 | 2) Aldous, Callen 11 | |
| 3) Morgan, Elijah 10 | 4) DuBray, Jason 9 | |
| 5) General, Tristan 8 | 6) Miller, Brody 9 | |
| 7 Gouverneur | A | 1:57.63 2 |
| 1) Fiacco, Tony 12 | 2) Davis, Gavin 12 | |
| 3) Hull, Tiamane 12 | 4) Beaver, Louis 12 | |
| 5) Bice, Kelvin III 11 | | |

| | | |
|-------------------------|------------------------|-----------|
| 8 Ogdensburg | A | 1:59.05 1 |
| 1) Beaulieu, Patrick 11 | 2) Bennett, Noah 10 | |
| 3) Wells, Dakota 9 | 4) Tyo, Tearmin 9 | |
| 9 Norwood-Norfolk | A | 2:00.93 |
| 1) Tharrett, Tate 11 | 2) Webster, Daniel 10 | |
| 3) Gates, Torin 9 | 4) Castle, Liam 10 | |
| 5) Hewitt, Clark 9 | 6) Sweeney, Earl 10 | |
| --- Potsdam | B | X1:59.21 |
| 1) Gilbert, Jack 12 | 2) Munoz, Jehovanie 11 | |
| 3) Malit, Jimmy 11 | 4) Hasan, Zayan 11 | |
| 5) Atkinson, Isaac 11 | 6) Frego, Kellan 10 | |

Event 10 Boys 1600 Meter Run
Section X: 4:14.00 R 1981 **Jim Tyler**

| Name | Yr | School | Finals |
|---------------------|----|-----------------|------------|
| Finals | | | |
| 1 Jones, William | 11 | Potsdam | 4:46.06 10 |
| 2 Gendebein, Noah | 12 | Canton | 4:51.42 8 |
| 3 Gauthier, Ryan | | Indian River | 4:53.18 6 |
| 4 Sweet, Riley | 10 | Norwood-Norfolk | 5:02.85 5 |
| 5 David, Logan | 9 | Massena | 5:05.61 4 |
| 6 Vink, Bailey | 11 | Potsdam | 5:08.04 3 |
| 7 Kendall, Jonah | | Tupper Lake | 5:11.69 2 |
| 8 Holmes, Christian | 10 | Brushton-Moira | 5:12.01 1 |
| 9 Laferriere, Danny | 10 | Norwood-Norfolk | 5:13.94 |
| 10 Johnson, Zachary | 9 | Massena | 5:16.01 |
| 11 Johnston, Carter | 12 | Malone | 5:23.50 |
| 12 Barse, Carson | 9 | Malone | 5:24.59 |
| 13 Greer, Jackson | 10 | Potsdam | 5:31.28 |
| 14 Harper, Duncan | 11 | Canton | 5:40.45 |
| 15 Merz, Payden | 10 | Ogdensburg | 6:05.20 |
| 16 Coe, Gabe | 9 | Massena | 6:12.49 |
| 17 Provost, Landon | | Indian River | 6:27.60 |

Event 11 Girls 600 Meter Run
Section X: 1:37.57 R 2014 **Rebekkah Bond**

| Name | Yr | School | Finals |
|-----------------------------|----|-----------------|------------|
| Finals | | | |
| 1 King, Ady | 11 | Malone | 1:39.31 10 |
| 2 Thorpe, Jaida | | Indian River | 1:42.90 8 |
| 3 Carista, Madison | 11 | Norwood-Norfolk | 1:42.98 6 |
| 4 Steinrotter, Emmie | 11 | Potsdam | 1:45.68 5 |
| 5 Gerow, Brexyss | 11 | Brushton-Moira | 1:47.49 4 |
| 6 Skiff, Rain | | Tupper Lake | 1:52.10 3 |
| 7 McClain, Grace | 12 | Malone | 1:52.58 2 |
| 8 Winters, Katrina | 12 | Malone | 1:55.63 1 |
| 9 Casserly, Aurora | 10 | Canton | 1:57.67 |
| 10 Rodrguez-Guerrero, Marta | 9 | Potsdam | 1:58.29 |
| 11 Colbert, Rebekah | 8 | Norwood-Norfolk | 1:59.09 |
| 12 Scott, Lily | 9 | Gouverneur | 2:01.48 |
| 13 Donahue, Caitlin | 10 | Norwood-Norfolk | 2:03.09 |
| 14 Jiang, Sabrina | 11 | Brushton-Moira | 2:09.19 |
| 15 Grainger, Jackie | 10 | Potsdam | 2:09.37 |
| 16 Oldenburgh, Mackenzie | 11 | Massena | 2:11.78 |
| 17 Verne, Savannah | | Indian River | 2:13.24 |
| 18 Ryan, Aubrey | 9 | Brushton-Moira | 2:16.05 |

Indoor meet 5 - 1/17/2025

St. Lawrence

Results - Full meet

Finals ... (Event 11 Girls 600 Meter Run)

| Name | Yr | School | Finals |
|--------------------------|----|-----------------|----------|
| 19 Gallagher, Kylie | 10 | Gouverneur | 2:17.32 |
| 20 Westmacott, Sophia | 10 | Massena | 2:21.29 |
| 21 Julian, Makayla | | Indian River | 2:23.26 |
| 22 Bujold, Eliza | | Tupper Lake | 2:26.41 |
| 23 Barber, Ash | | Tupper Lake | 2:27.40 |
| --- Welch, Presley | 9 | Malone | X1:57.67 |
| --- Beard, Isabel | 12 | Massena | X2:08.34 |
| --- Race, Kate | 10 | Malone | X2:09.21 |
| --- Tober, Ellie | 12 | Malone | X2:10.93 |
| --- Bansal, Anya | 9 | Potsdam | X2:13.82 |
| --- Whitman, Sarah | 9 | Norwood-Norfolk | X2:22.96 |
| --- Melnikova, Alexandra | 9 | Potsdam | X2:23.92 |
| --- Hans, Serena | 9 | Malone | X2:28.61 |

Event 12 Boys 600 Meter Run

Section X: 1:21.99 R 2/2/2019 Jeremiah vonBorstel

| Name | Yr | School | Finals |
|----------------------|----|-----------------|------------|
| Finals | | | |
| 1 Wood, Sean | | Tupper Lake | 1:31.50 10 |
| 2 Adams, Josiah | | Indian River | 1:31.52 8 |
| 3 David, Andrew | 9 | Massena | 1:31.68 6 |
| 4 Betts, Nikki | 10 | Norwood-Norfolk | 1:34.72 5 |
| 5 Thomas, Ajay | | Indian River | 1:37.10 4 |
| 6 Bush, Zachery | 11 | Gouverneur | 1:37.74 3 |
| 7 Attemann, Miles | 12 | Potsdam | 1:38.56 2 |
| 8 Shaw, Oscar | 10 | Potsdam | 1:38.93 1 |
| 9 Grainger, Nicholas | 12 | Potsdam | 1:39.08 |
| 10 Perry, Reece | 12 | Malone | 1:39.22 |
| 11 Moran, Aidan | 11 | Ogdensburg | 1:39.47 |
| 12 Curran, Colton | 11 | Brushton-Moira | 1:40.76 |
| 13 Dushane, Carter | | Tupper Lake | 1:42.86 |
| 14 LaBarge, Patrick | 9 | Massena | 1:43.93 |
| 15 Schroen, Chris | 12 | Brushton-Moira | 1:44.29 |
| 16 Reynolds, Blake | 10 | Malone | 1:47.14 |
| 17 Niles, Brennan | 8 | Salmon River | 1:47.24 |
| 18 Hewitt, Clark | 9 | Norwood-Norfolk | 1:48.86 |
| 19 Fiacco, Tony | 12 | Gouverneur | 1:50.35 |
| 20 Lyndaker, Zachary | 9 | Canton | 1:51.32 |
| 21 Gates, Torin | 9 | Norwood-Norfolk | 2:06.54 |
| 22 Tyo, Tearnin | 9 | Ogdensburg | 2:09.45 |
| --- Worthley, Kolten | 12 | Canton | X1:48.96 |
| --- Munoz, Jehovanic | 11 | Potsdam | X1:49.82 |
| --- Mayer, Colin | 11 | Massena | X2:16.01 |

Event 13 Girls 3000 Meter Run

Section X: 10:09.7h R 2014 Laura Pierce

| Name | Yr | School | Finals |
|------------------|----|-----------------|-------------|
| Finals | | | |
| 1 Kelson, Alison | 11 | Potsdam | 12:12.32 10 |
| 2 Scott, Brianna | 10 | Gouverneur | 12:28.60 8 |
| 3 Gates, Brielle | 11 | Norwood-Norfolk | 2:33.68 6 |
| 4 Snell, Addison | 11 | Norwood-Norfolk | 2:50.86 5 |
| 5 Foster, Violet | 12 | Canton | 13:01.01 4 |
| 6 Gray, Hailey | | Indian River | 13:40.51 3 |

| | | | |
|----------------------|----|-----------------|------------|
| 7 Ragan, Addison | 9 | Canton | 13:51.62 2 |
| 8 Plantz, Madison | 9 | Norwood-Norfolk | 13:58.17 1 |
| 9 Hinckley, Keira | 11 | Potsdam | 14:00.39 |
| 10 Colello, Beatrice | 10 | Canton | 14:11.85 |

Event 14 Girls 300 Meter Dash

Section X: 41.46 R 1982 Sue Hutchins

| Name | Yr | School | Finals |
|--------------------------|----|-----------------|----------|
| Finals | | | |
| 1 Baker, Ella | 12 | Potsdam | 42.61 10 |
| 2 King, Ady | 11 | Malone | 43.02 8 |
| 3 Sullivan, Jilliana | 10 | Potsdam | 43.75 6 |
| 4 Stinson, Laila | | Indian River | 46.89 5 |
| 5 Winters, Katrina | 12 | Malone | 47.10 4 |
| 6 Brothers, Ayzia | 10 | Norwood-Norfolk | 47.14 3 |
| 7 Thorpe, Jaida | | Indian River | 47.19 2 |
| 8 Spicer, Azlan | 9 | Gouverneur | 47.64 1 |
| 9 Abplanalp, Elena | 10 | Canton | 48.23 |
| 10 Cordwell, Zara | 12 | Canton | 48.66 |
| 11 Heer, Reilly | 9 | Potsdam | 49.08 |
| 12 Sunday-Oakes, Tommie | 8 | Massena | 49.81 |
| 13 Davis, Sunny | | Indian River | 50.02 |
| 14 Webster, Hanna | 11 | Gouverneur | 50.07 |
| 15 Snell, Allie | 11 | Norwood-Norfolk | 50.30 |
| 16 Wilson, Katharine | 10 | Ogdensburg | 51.08 |
| 17 Phillips, Joey | 12 | Massena | 51.53 |
| 18 LaPlant, Brooke | 10 | Malone | 51.63 |
| 19 Francis, Sophia | 10 | Ogdensburg | 51.79 |
| 20 Mashaw, Adrianna | 9 | Gouverneur | 52.62 |
| 21 Mittlestaedt, Lily | 10 | Norwood-Norfolk | 53.05 |
| 22 Bouchey, Ellah | 10 | Ogdensburg | 53.40 |
| 23 Preston, Rylee | | Tupper Lake | 53.42 |
| 24 Francia, Leah | 8 | Massena | 54.13 |
| 25 Arey, Maddie | | Tupper Lake | 56.41 |
| 26 Ryan, Aubrey | 9 | Brushton-Moira | 56.65 |
| 27 Horton, Jillian | | Brushton-Moira | 58.70 |
| --- Duffy, Daly | 12 | Potsdam | X49.66 |
| --- Baker, Aida | 11 | Canton | X50.43 |
| --- Verne, Olivia | | Indian River | X50.75 |
| --- Buffham, Breanna | 10 | Potsdam | X50.77 |
| --- Volgelpohl, Cara | | Indian River | X51.59 |
| --- Lunan, Carmen | 12 | Malone | X51.89 |
| --- Beard, Isabel | 12 | Massena | X52.24 |
| --- Lalone, Kiely | 11 | Ogdensburg | X52.36 |
| --- Lapierre, Daphne | 10 | Canton | X52.43 |
| --- Welch, Presley | 9 | Malone | X52.45 |
| --- Fay, Alexa | 9 | Canton | X54.00 |
| --- Robinson, Erika | 10 | Potsdam | X54.19 |
| --- McDermott, Peyton | 10 | Massena | X54.31 |
| --- Stewart, Katelynn | 9 | Malone | X54.60 |
| --- Planty, Raven | 10 | Ogdensburg | X56.39 |
| --- Smith, Arianna | 8 | Potsdam | X56.96 |
| --- Whitman, Sarah | 9 | Norwood-Norfolk | X58.52 |
| --- Faucher, Reese | 10 | Massena | X58.57 |
| --- Berry-Wilson, Ashley | 12 | Potsdam | X59.66 |
| --- Burnett, Kaylee | | Tupper Lake | X59.75 |

Indoor meet 5 - 1/17/2025

St. Lawrence

Results - Full meet

Finals ... (Event 14 Girls 300 Meter Dash)

| Name | Yr | School | Finals |
|-----------------------|----|----------------|----------|
| --- Thacker, Avery | 9 | Canton | X1:01.65 |
| --- TenEyck, Emmilyn | 9 | Ogdensburg | X1:02.22 |
| --- Hans, Serena | 9 | Malone | X1:02.38 |
| --- McDunnah, Lilyan | 9 | Brushton-Moira | X1:03.32 |
| --- Dilger, Keillor | 11 | Potsdam | X1:03.39 |
| --- Bujold, Heather | | Tupper Lake | X1:05.91 |
| --- Kelley, Josephine | 10 | Ogdensburg | X1:08.71 |
| --- Finnegan, Kate | 11 | Massena | X1:08.95 |

Event 15 Boys 300 Meter Dash

Section X: 35.40 R 2007 Gino Bisceglia

| Name | Yr | School | Finals |
|------------------------|----|-----------------|----------|
| Finals | | | |
| 1 Schrader, Luke | 10 | Malone | 38.61 10 |
| 2 Gerstenberger, Cohen | | Tupper Lake | 38.63 8 |
| 3 Deshane, Mason | 11 | Massena | 39.08 6 |
| 4 Hall, Caleb | 12 | Malone | 39.19 5 |
| 5 Miller-Lynch, Liam | 12 | Potsdam | 39.35 4 |
| 6 Premo, Ananda | 12 | Massena | 40.27 3 |
| 7 Wilhelm, Zander | 10 | Massena | 40.91 2 |
| 8 Button, Benjamin | 12 | Malone | 41.59 1 |
| 9 Ericksen, Kresten | 11 | Ogdensburg | 41.85 |
| 10 Sherbino, Javier | | Indian River | 41.89 |
| 11 Eggleston, Brian | 11 | Potsdam | 42.49 |
| 12 Curran, Colton | 11 | Brushton-Moira | 42.55 |
| 13 Cortwright, Tegan | 11 | Canton | 43.00 |
| 14 Terrell, Crosby | 10 | Canton | 43.01 |
| 15 Allen, Mason | 12 | Brushton-Moira | 45.62 |
| 16 Schiszler, Zackery | 11 | Gouverneur | 46.60 |
| 17 Tharrett, Tate | 11 | Norwood-Norfolk | 47.94 |
| 18 Kent, Lucas | 9 | Norwood-Norfolk | 48.06 |
| 19 Mitchell, Kyler | 10 | Salmon River | 48.09 |
| 20 Castle, Liam | 10 | Norwood-Norfolk | 48.81 |
| 21 Beaver, Louis | 12 | Gouverneur | 49.65 |
| 22 Back, Draiden | 11 | Salmon River | 52.88 |
| --- James, Dayshawn | 9 | Canton | X40.89 |
| --- Ledbetter, Colby | 11 | Massena | X42.21 |
| --- Corbett, Patrick | 12 | Potsdam | X43.38 |
| --- Aldous, Callen | 11 | Massena | X44.95 |
| --- Pierson, Landyn | 11 | Malone | X45.71 |
| --- Frego, Kellan | 10 | Potsdam | X46.88 |
| --- O'Brien, Finn | 3 | Canton | X47.64 |
| --- Tyo, Tearnin | 9 | Ogdensburg | X49.46 |
| --- Conant, Malachi | 9 | Canton | X50.63 |
| --- Keleher, Nate | 12 | Potsdam | X51.21 |
| --- Gilbert, Jack | 12 | Potsdam | X52.13 |
| --- Webster, Daniel | 10 | Norwood-Norfolk | X53.32 |
| --- Williams, Darvay | 12 | Canton | X55.78 |
| --- Bunker, Benjamin | 9 | Malone | X58.52 |

Event 16 Girls 1000 Meter Run

Section X: 3:00.00 R 2014 Rebecca Delrossi

| Name | Yr | School | Finals |
|---------------------------|----|-----------------|------------|
| Finals | | | |
| 1 Carista, Madison | 11 | Norwood-Norfolk | 3:08.37 10 |
| 2 Andrews-Perry, Johnny | 10 | Potsdam | 3:21.59 8 |
| 3 Gerow, Brexyss | 11 | Brushton-Moira | 3:21.68 6 |
| 4 Steinrotter, Emmie | 11 | Potsdam | 3:25.50 5 |
| 5 Moumen, Salma | 12 | Canton | 3:34.70 4 |
| 6 Snell, Allie | 11 | Norwood-Norfolk | 3:39.14 3 |
| 7 McClain, Grace | 12 | Malone | 3:41.39 2 |
| 8 Scott, Brianna | 10 | Gouverneur | 3:41.60 1 |
| 9 Skiff, Rain | | Tupper Lake | 3:42.50 |
| 10 Ames, Hannah | 10 | Canton | 3:47.60 |
| 11 Donahue, Caitlin | 10 | Norwood-Norfolk | 3:50.17 |
| 12 Denny, Kelly | 11 | Malone | 3:57.25 |
| 13 Kerr, Marissa | 10 | Gouverneur | 3:59.60 |
| 14 Allen-Holliday, Jaelah | | Indian River | 4:00.60 |
| 15 Gushlaw, Sophia | 8 | Massena | 4:01.02 |
| 16 Honeywell, Kendall | 11 | Ogdensburg | 4:01.23 |
| 17 Gallagher, Kylie | 10 | Gouverneur | 4:14.32 |
| 18 Barber, Ash | | Tupper Lake | 4:16.88 |
| 19 Hendricks, Madyson | 10 | Massena | 4:19.60 |
| --- Miller, Saloma | 11 | Gouverneur | X4:02.85 |
| --- White, Aubrey | 10 | Massena | X4:06.56 |
| --- Siebels, Lilah | 10 | Gouverneur | X4:13.94 |
| --- Tober, Ellie | 12 | Malone | X4:14.51 |
| --- Richardson, Jillian | 9 | Canton | X4:24.61 |
| --- Melnikova, Alexandra | 9 | Potsdam | X4:26.06 |
| --- Foster, Ashlan | 9 | Canton | X4:26.60 |
| --- Welch, Peyton | 11 | Malone | X4:28.04 |
| --- Westmacott, Sophia | 10 | Massena | X4:28.93 |

Event 17 Boys 1000 Meter Run

Section X: 2:32.90 R 1998 Ed Zysik

| Name | Yr | School | Finals |
|--------------------------|----|-----------------|------------|
| Finals | | | |
| 1 Lee-Powell, Rylan | 12 | Canton | 2:51.67 10 |
| 2 David, Andrew | 9 | Massena | 2:53.95 8 |
| 3 Rodriguez-Doyle, Aiden | 12 | Canton | 2:56.74 6 |
| 4 Betts, Nikki | 10 | Norwood-Norfolk | 2:59.27 5 |
| 5 Wood, Sean | | Tupper Lake | 3:02.63 4 |
| 6 David, Logan | 9 | Massena | 3:03.64 3 |
| 7 Vink, Bailey | 11 | Potsdam | 3:06.43 2 |
| 8 Holmes, Christian | 10 | Brushton-Moira | 3:08.40 1 |
| 9 Perry, Reece | 12 | Malone | 3:09.51 |
| 10 Johnson, Zachary | 9 | Massena | 3:10.43 |
| 11 Worthley, Kolten | 12 | Canton | 3:11.55 |
| 12 Johnston, Carter | 12 | Malone | 3:12.44 |
| 13 Wells, Kaden | 12 | Gouverneur | 3:14.35 |
| 14 Biondi, Nicholas | | Indian River | 3:14.66 |
| 15 LaChance, Brandon | 12 | Malone | 3:14.70 |
| 16 Merz, Payden | 10 | Ogdensburg | 3:16.76 |
| 17 Hewitt, Clark | 9 | Norwood-Norfolk | 3:17.09 |
| 18 Niles, Brennan | 8 | Salmon River | 3:17.45 |

Indoor meet 5 - 1/17/2025

St. Lawrence

Results - Full meet

Finals ... (Event 17 Boys 1000 Meter Run)

| Name | Yr | School | Finals |
|-----------------------|----|-----------------|----------|
| 19 Laferriere, Danny | 10 | Norwood-Norfolk | 3:18.43 |
| 20 Bishop, Evan | 11 | Gouverneur | 3:20.71 |
| 21 Dushane, Carter | | Tupper Lake | 3:22.26 |
| 22 Greer, Jackson | 10 | Potsdam | 3:22.71 |
| 23 Matott, Theo | 9 | Potsdam | 3:25.87 |
| 24 Thomas, Landon | | Indian River | 3:38.10 |
| 25 Provost, Landon | | Indian River | 3:42.16 |
| 26 Bennett, Noah | 10 | Ogdensburg | 4:27.14 |
| --- Menke, Ryan | 10 | Malone | X3:15.91 |
| --- Lyndaker, Zachary | 9 | Canton | X3:26.13 |
| --- Benardot, Max | 11 | Malone | X3:42.38 |

Event 18 Boys 3200 Meter Run
Section X: 9:18.66 R 2002 Jon Pierce

| Name | Yr | School | Finals |
|--------------------|----|-----------------|-------------|
| Finals | | | |
| 1 Worthley, Kaden | 12 | Canton | 10:23.76 10 |
| 2 Sweet, Riley | 10 | Norwood-Norfolk | 1:20.80 8 |
| 3 Kendall, Jonah | | Tupper Lake | 11:28.78 6 |
| 4 Oakes, Lucas | 12 | Brushton-Moira | 11:40.83 5 |
| 5 Wormuth, Garrett | | Tupper Lake | 11:43.83 4 |
| 6 LaBarge, Patrick | 9 | Massena | 11:47.01 3 |
| 7 Greene, Noah | 12 | Salmon River | 11:57.68 2 |

Event 19 Girls 4x400 Meter Relay
Section X: 4:12.15 R 2/6/2023 Potsdam
Grainger, Shatraw, Betrus, Rutledge

| Team | Relay | Finals |
|-----------------------------|---------------------------|------------|
| Finals | | |
| 1 Indian River | A | 4:26.71 10 |
| 1) DeLaCruz, Julia | 2) Solar, Mary | |
| 3) McCallum, Genna | 4) Thorpe, Jaida | |
| 5) Stinson, Laila | 6) Allen-Holliday, Jaelah | |
| 2 Potsdam | A | 4:26.90 8 |
| 1) Steinrotter, Emmie 11 | 2) Batich, Lyra 8 | |
| 3) Andrews-Perry, Johnny 10 | 4) Sullivan, Jilliana 10 | |
| 5) Heer, Reilly 9 | 6) Duffy, Daly 12 | |
| 3 Gouverneur | A | 4:47.83 6 |
| 1) Beck, Mattie 10 | 2) Scott, Lily 9 | |
| 3) Webster, Hanna 11 | 4) Scott, Brianna 10 | |
| 5) Kerr, Marissa 10 | 6) Mashaw, Adrianna 9 | |
| 4 Canton Central School | A | 4:49.25 5 |
| 1) Casserly, Aurora 10 | 2) Abplanalp, Elena 10 | |
| 3) Cordwell, Zara 12 | 4) Frank, Lena 10 | |
| 5) Ames, Hannah 10 | | |
| 5 Franklin Academy | A | 5:04.75 4 |
| 1) Battle, Carmen 9 | 2) Donahue, Ryleigh 10 | |
| 3) Race, Kate 10 | 4) Welch, Presley 9 | |
| 5) Denny, Kelly 11 | 6) Marlow, Rhyan 11 | |
| 6 Norwood-Norfolk | A | 5:07.40 3 |
| 1) Colbert, Rebekah 8 | 2) Brothers, Ayzia 10 | |
| 3) Masuk, Autumn 10 | 4) Snell, Addison 11 | |
| 5) Snell, Allie 11 | 6) Laferriere, Lundan 10 | |

| | | |
|---------------------------|-----------------------------|-----------|
| 7 Massena | A | 5:08.49 2 |
| 1) Phillips, Joey 12 | 2) Sunday-Oakes, Tommie 8 | |
| 3) Phillips, Avy 10 | 4) Francia, Leah 8 | |
| 5) Beard, Isabel 12 | 6) Oldenburgh, Mackenzie 11 | |
| --- Canton Central School | B | X5:05.57 |
| 1) Ames, Hannah 10 | 2) Fay, Alexa 9 | |
| 3) Olmstead, Shaylee 11 | 4) Lapierre, Daphne 10 | |
| 5) Harper, Lorelie 10 | 6) Larrabee, Jenna 11 | |
| --- Potsdam | B | X5:24.45 |
| 1) Heer, Reilly 9 | 2) Duffy, Daly 12 | |
| 3) Seitzer, Abigail 12 | 4) Smith, Arianna 8 | |
| 5) Grainger, Jackie 10 | 6) Dilger, Keillor 11 | |

Event 20 Boys 4x400 Meter Relay
Section X: 3:33.76 R 2000 Franklin Academy
Barnett, Honahan, Moulton, Seymour

| Team | Relay | Finals |
|------------------------------|--------------------------|------------|
| Finals | | |
| 1 Massena | A | 3:51.25 10 |
| 1) Deshane, Mason 11 | 2) Premo, Ananda 12 | |
| 3) Ashley, Jordan 10 | 4) Wilhelm, Zander 10 | |
| 5) David, Andrew 9 | 6) General, Tristan 8 | |
| 2 Potsdam | A | 3:51.41 8 |
| 1) Munoz, Jehovanie 11 | 2) Jones, William 11 | |
| 3) Eggleston, Brian 11 | 4) Grainger, Nicholas 12 | |
| 5) Shaw, Oscar 10 | 6) Draper, Benjamin 12 | |
| 3 Canton Central School | A | 3:51.46 6 |
| 1) Harper, Duncan 11 | 2) Lee-Powell, Rylan 12 | |
| 3) Rodriguez-Doyle, Aiden 12 | 4) Gendebein, Noah 12 | |
| 5) Terrell, Crosby 10 | | |
| 4 Franklin Academy | A | 3:59.98 5 |
| 1) Sims, Kyle 12 | 2) Schrader, Luke 10 | |
| 3) Johnston, Carter 12 | 4) Pierson, Landyn 11 | |
| 5 Tupper Lake | A | 4:22.10 4 |
| 1) Barkley, Nathan | 2) Bujold, Sean | |
| 3) Dushane, Carter | 4) Fleishman, Brock | |
| 6 Gouverneur | A | 4:22.71 3 |
| 1) Wells, Kaden 12 | 2) Bush, Zachery 11 | |
| 3) Schiszler, Zackery 11 | 4) Bishop, Evan 11 | |
| 5) Davis, Gavin 12 | 6) Bice, Kelvin III 11 | |
| 7 Norwood-Norfolk | A | 4:32.30 2 |
| 1) Sweet, Riley 10 | 2) Laferriere, Danny 10 | |
| 3) Kent, Lucas 9 | 4) Tharrett, Tate 11 | |
| 5) Hewitt, Clark 9 | 6) Gates, Torin 9 | |

Event 21 Boys Long Jump
Section X: 23-07 R 1989 Lucas Kerley

| Name | Yr | School | Finals |
|------------------------|----|-----------------|-------------|
| Finals | | | |
| 1 Debose, Ayden | 12 | Malone | 19-07.75 10 |
| 2 Ashley, Jordan | 10 | Massena | 18-09.25 8 |
| 3 Gerstenberger, Cohen | | Tupper Lake | 18-04.00 6 |
| 4 Garcia, Kevin | | Indian River | 17-09.25 5 |
| 5 Havens, Jace | 11 | Ogdensburg | 17-08.75 4 |
| 6 Waite, Mason | 11 | Norwood-Norfolk | 7-05.75 3 |
| 7 Corbett, Patrick | 12 | Potsdam | 17-05.25 2 |

Indoor meet 5 - 1/17/2025

St. Lawrence

Results - Full meet

Finals ... (Event 21 Boys Long Jump)

| Name | Yr | School | Finals | |
|--------------------|----|-----------------|----------|---|
| 8 Towle, Hayden | 11 | Canton | 16-11.75 | 1 |
| 9 Burkum, Thomas | 12 | Norwood-Norfolk | 6-06.00 | |
| 10 Schroen, Chris | 12 | Brushton-Moira | 16-05.25 | |
| 11 Attemann, Miles | 12 | Potsdam | 16-04.50 | |
| 12 Garcia, Messiah | | Indian River | 16-04.25 | |
| 13 Brooks, Zebulon | 12 | Malone | 16-03.00 | |
| 14 Moran, Aidan | 11 | Ogdensburg | 15-04.00 | |
| 15 Shaw, Oscar | 10 | Potsdam | 15-00.75 | |
| 16 Barse, Carson | 9 | Malone | 14-05.50 | |
| --- Mayer, Colin | 11 | Massena | FOUL | |

Event 22 Girls Long Jump

Section X: 18-05.50 R 1995 Leslie Revier

| Name | Yr | School | Finals | |
|-----------------------|----|-----------------|----------|----|
| Finals | | | | |
| 1 Solar, Mary | | Indian River | 15-02.25 | 10 |
| 2 Kalunda, Cleopatra | | Indian River | 15-01.00 | 8 |
| 3 Lacks, Ameillia | 11 | Gouverneur | 14-09.75 | 6 |
| 4 Davis, Sunny | | Indian River | 14-03.00 | 5 |
| 5 Colbert, Eliza | 11 | Norwood-Norfolk | 4-01.75 | 4 |
| 6 Miller-Lynch, Tessa | 9 | Potsdam | 13-08.75 | 3 |
| 7 Laferriere, Lundan | 10 | Norwood-Norfolk | 3-01.50 | 2 |
| 8 Schrader, Alexandra | 9 | Malone | 12-08.25 | 1 |
| 9 Mittlestaedt, Lily | 10 | Norwood-Norfolk | 2-07.25 | |
| 10 Duffy, Daly | 12 | Potsdam | 12-07.00 | |
| 11 Colon, Sarafina | 9 | Gouverneur | 12-02.50 | |
| 12 Barney, Olivia | 10 | Brushton-Moira | 11-09.75 | |
| 13 DuBray, Jordan | 11 | Massena | 11-05.75 | |
| 14 Francia, Leah | 8 | Massena | 11-02.50 | |
| 15 Metcalf, Elizabeth | 9 | Canton | 11-00.50 | |
| 16 Maurer, Makenzie | 11 | Massena | 10-07.00 | |
| 17 Baker, Lucy | 11 | Potsdam | 10-04.25 | |
| 18 Preston, Rylee | | Tupper Lake | 9-08.75 | |
| --- Planty, Raven | 10 | Ogdensburg | FOUL | |

Event 23 Boys Triple Jump

Section X: 46-11 R 3/7/2020 Troy Stephen

| Name | Yr | School | Finals | |
|------------------------|----|-----------------|----------|----|
| Finals | | | | |
| 1 Gerstenberger, Cohen | | Tupper Lake | 39-10.50 | 10 |
| 2 Ashley, Jordan | 10 | Massena | 39-07.75 | 8 |
| 3 Morey, Xaiden | 11 | Potsdam | 35-06.75 | 6 |
| 4 Wormuth, Garrett | | Tupper Lake | 34-07.00 | 5 |
| 5 Towle, Hayden | 11 | Canton | 34-06.25 | 4 |
| 6 Waite, Mason | 11 | Norwood-Norfolk | 34-03.75 | 3 |
| 7 Draper, Benjamin | 12 | Potsdam | 34-00.50 | 2 |
| 8 Barksdale, Joshua | 10 | Massena | 33-02.75 | 1 |
| 9 Corbett, Patrick | 12 | Potsdam | 32-02.75 | |
| 10 Oakes, Lucas | 12 | Brushton-Moira | 31-07.50 | |
| 11 LaChance, Brandon | 12 | Malone | 31-00.50 | |
| --- Garcia, Kevin | | Indian River | FOUL | |

Event 24 Girls Triple Jump

Section X: 39-02.75 R 1995 Leslie Revier

| Name | Yr | School | Finals | |
|-------------------------|----|-----------------|----------|----|
| Finals | | | | |
| 1 Solar, Mary | | Indian River | 32-06.75 | 10 |
| 2 Spicer, Azlan | 9 | Gouverneur | 30-10.25 | 8 |
| 3 Timmons, Madison | | Indian River | 30-00.25 | 6 |
| 4 Andrews-Perry, Johnny | 10 | Potsdam | 29-08.50 | 5 |
| 5 Ringuette, Avery | | Indian River | 28-04.25 | 4 |
| 6 Colbert, Eliza | 11 | Norwood-Norfolk | 28-02.25 | 3 |
| 7 Dhaniyala, Saadhika | 11 | Potsdam | 27-04.25 | 2 |
| 8 Perratta, Isabella | 11 | Canton | 27-02.00 | 1 |
| 9 Lu, Ziya | 9 | Potsdam | 26-06.50 | |
| 10 Donahue, Kyla | 10 | Massena | 26-02.25 | |
| 11 Boulais, Hailey | 11 | Massena | 24-10.25 | |
| 12 Bujold, Eliza | | Tupper Lake | 21-10.25 | |

Event 25 Girls Shot Put

Section X: 37-02 R 1983 Peggy Mariano

| Name | Yr | School | Finals | |
|-------------------------|----|-----------------|-----------|----|
| Finals | | | | |
| 1 Charles, Sydney | 12 | Norwood-Norfolk | 32-05.00 | 10 |
| 2 Becker, Mary | | Tupper Lake | 26-05.00 | 8 |
| 3 Luke, Emily | | Indian River | 25-11.00 | 6 |
| 4 Coles, Myaunna | | Indian River | 25-05.00 | 5 |
| 5 Ives, Julia | 11 | Ogdensburg | 24-10.50 | 4 |
| 6 Oliver, Lauren | 10 | Massena | 24-10.00 | 3 |
| 7 Russell, Cora | | Indian River | 24-09.00 | 2 |
| 8 Cook, Cloe | 12 | Salmon River | 24-03.00 | 1 |
| 9 Brannonier, Morgan | 12 | Malone | 23-11.00 | |
| 10 Skelly, Karley | 9 | Ogdensburg | 23-09.50 | |
| 11 Berry-Wilson, Ashley | 12 | Potsdam | 23-07.00 | |
| 11 Pratt, Amelia | | Tupper Lake | 23-07.00 | |
| 13 Rundquist, Vera | 12 | Malone | 23-02.00 | |
| 14 Kompan, Emma | 12 | Malone | 22-06.50 | |
| 15 Perry, Jordan | 11 | Norwood-Norfolk | 22-04.00 | |
| 16 Terrell, Harper | 10 | Canton | 22-01.50 | |
| 16 Finnegan, Kate | 11 | Massena | 22-01.50 | |
| 18 Tillman, Nylah | 11 | Massena | 22-00.00 | |
| 19 Thomas, Madyson | 9 | Ogdensburg | 21-08.00 | |
| 20 Zaiden, Sireea | | Tupper Lake | 21-05.00 | |
| 21 Ringuette, Theodore | | Indian River | x20-01.50 | |
| 22 Sharlow, Kaidence | 12 | Potsdam | 20-01.00 | |
| 23 Horton, Jillian | | Brushton-Moira | 19-05.00 | |
| 24 Sherman, Audrieanna | 12 | Norwood-Norfolk | 18-07.00 | |
| 25 Colon, Sarafina | 9 | Gouverneur | 15-09.00 | |
| 26 Ball, Layla | | Indian River | x15-05.50 | |
| 27 White, Hannah | 9 | Gouverneur | 14-03.00 | |
| --- Stamper, Kiraghan | 9 | Gouverneur | DNF | |
| --- Moore, Kenadi | 12 | Potsdam | DNF | |
| --- Bennett, Jorja | 11 | Malone | X18-11.50 | |
| --- Negron, Angelina | 10 | Ogdensburg | X18-06.00 | |
| --- Kroeger, Lily | 10 | Ogdensburg | X16-08.00 | |
| --- Colby, Myra | 11 | Massena | X12-11.50 | |

Indoor meet 5 - 1/17/2025

St. Lawrence

Results - Full meet

Event 26 Boys Shot Put

Section X: 53-03 R 1998 Frank Grand

| Name | Yr | School | Finals |
|------------------------|----|-----------------|-------------|
| Finals | | | |
| 1 Atkinson, Isaac | 11 | Potsdam | 41-08.00 10 |
| 2 Hasty, Oakley | 11 | Salmon River | 41-04.00 8 |
| 3 LaBella, Lucca | 11 | Ogdensburg | 38-10.00 6 |
| 4 Bormann, Zach | 12 | Malone | 37-05.00 5 |
| 5 Cuttaia, Cooper | | Tupper Lake | 35-09.50 4 |
| 6 Dewaine, Brycen | | Indian River | 35-03.00 3 |
| 7 Brooks, Zebulon | 12 | Malone | 34-05.00 2 |
| 8 Moots, William | 12 | Canton | 33-00.00 1 |
| 9 Stewart, Caeden | 11 | Norwood-Norfolk | 31-09.00 |
| 10 Sutton, Kellan | 10 | Ogdensburg | 31-05.00 |
| 10 Farley, Jed | 11 | Ogdensburg | 31-05.00 |
| 12 Sabatini, Adam | 11 | Canton | 30-09.00 |
| 13 Miller, Brody | 9 | Massena | 29-05.50 |
| 14 Webster, Daniel | 10 | Norwood-Norfolk | 29-01.00 |
| 14 Malit, Jimmy | 11 | Potsdam | 29-01.00 |
| 16 Fregoe, Kaleb | 11 | Norwood-Norfolk | 27-11.50 |
| 16 Costas, Cook | 12 | Salmon River | 27-11.50 |
| 18 Shipman, Placid | 11 | Canton | 27-09.00 |
| 19 DuBray, Jason | 9 | Massena | 25-10.00 |
| 20 Coe, Gabe | 9 | Massena | 25-07.00 |
| 21 Schiszler, Zackery | 11 | Gouverneur | 25-03.00 |
| 22 Beaulieu, Patrick | 11 | Ogdensburg | x25-01.00 |
| 23 Allen, Mason | 12 | Brushton-Moira | 24-06.50 |
| 24 Barkley, Nathan | | Tupper Lake | 23-09.00 |
| 25 Romans, Mitchell | 10 | Gouverneur | 22-01.00 |
| 26 Williams, Darvay | 12 | Canton | x21-09.50 |
| 27 Back, Draiden | 11 | Salmon River | 21-02.00 |
| 28 Matott, Theo | 9 | Potsdam | 20-08.00 |
| 29 Bunker, Benjamin | 9 | Malone | 20-00.50 |
| --- Hendricks, Max | 9 | Massena | X24-02.00 |
| --- Sweeney, Earl | 10 | Norwood-Norfolk | X23-05.00 |
| --- LaPlante, Nicholas | | Tupper Lake | X23-02.00 |
| --- Garrow, Jaren | 11 | Norwood-Norfolk | X23-02.00 |
| --- Dupra, Trent | 12 | Malone | X20-09.50 |
| --- Klught, Jordan | 9 | Massena | X15-08.00 |

Event 27 Girls High Jump

Section X: 53-03 R 1998 Frank Grand

| Name | Yr | School | Finals |
|---------------------|----|-----------------|--------------|
| Finals | | | |
| 1 Gaines, Audrey | 12 | Gouverneur | J5-02.00 10 |
| 2 Cordwell, Zara | 12 | Canton | J4-10.00 8 |
| 3 Finn, Ava | 10 | Malone | J4-08.00 6 |
| 4 Wilson, Katharine | 10 | Ogdensburg | J4-06.00 5 |
| 5 McCallum, Genna | | Indian River | J4-04.00 4 |
| 6 Green, Grace | 11 | Norwood-Norfolk | J4-04.00 3 |
| 7 Hinckley, Keira | 11 | Potsdam | J4-02.00 1.5 |
| 7 Nezezon, Claire | 9 | Norwood-Norfolk | J4-02.00 1.5 |
| 8 Donahue, Kyla | 10 | Massena | J4-02.00 |
| 9 Bullock, Alyssa | 9 | Massena | J4-00.00 |
| 9 Bates, Lexi | | Indian River | J4-00.00 |

| | | | |
|-------------------------|----|--------------|----------|
| 10 Stamper, Kiraghan | 9 | Gouverneur | J4-00.00 |
| 11 Melnikova, Alexandra | 9 | Potsdam | J3-10.00 |
| 12 Boulais, Hailey | 11 | Massena | J3-10.00 |
| --- Nustad, Ashlynn | | Indian River | NH |

Event 28 Boys High Jump

Section X: 6-09 R 1988 Tom Michaud

| Name | Yr | School | Finals |
|---------------------|----|-----------------|--------------|
| Finals | | | |
| 1 Morey, Xaiden | 11 | Potsdam | J5-08.00 9 |
| 1 Rush, Michael | | Indian River | J5-08.00 9 |
| 3 Atkinson, Isaac | 11 | Potsdam | J5-04.00 6 |
| 4 McClain, Liam | | Tupper Lake | J5-02.00 4.5 |
| 4 Benardot, Max | 11 | Malone | J5-02.00 4.5 |
| 6 Barksdale, Joshua | 10 | Massena | J5-00.00 3 |
| 7 Barse, Carson | 9 | Malone | J4-09.00 2 |
| 8 Burkum, Thomas | 12 | Norwood-Norfolk | J4-06.00 1 |
| 9 Draper, Benjamin | 12 | Potsdam | J4-06.00 |
| 10 Cuttaia, Cooper | | Tupper Lake | J4-06.00 |
| --- Sabatini, Adam | 11 | Canton | NH |

Event 29 Women Weight Throw

Section X: 23-05 R 1/10/2025 Kenadi Moore

| Name | Yr | School | Finals |
|-------------------|----|--------------|----------|
| Finals | | | |
| 1 Thomas, Madyson | 9 | Ogdensburg | 22-11.75 |
| 2 Cook, Cloe | 12 | Salmon River | 21-04.25 |

Event 30 Men Weight Throw

Section X: 42-09 R 1/10/2025 Zach Bromann

| Name | Yr | School | Finals |
|------------------|----|--------------|----------|
| Finals | | | |
| 1 Bormann, Zach | 12 | Malone | 41-08.75 |
| 2 Hasty, Oakley | 11 | Salmon River | 34-06.25 |
| 3 Sutton, Kellan | 10 | Ogdensburg | 30-06.25 |
| 4 Moots, William | 12 | Canton | 29-10.50 |
| 5 Miller, Brody | 9 | Massena | 25-06.00 |

Women - Team Rankings - 14 Events Scored

| | |
|-----------------------------------|-------|
| 1) Indian River Central School | 122 |
| 2) Potsdam Central School | 111.5 |
| 3) Norwood-Norfolk Central School | 100.5 |
| 4) Gouverneur Central School | 55 |
| 5) Canton Central School | 50 |
| 6) Franklin Academy | 47 |
| 7) Ogdensburg Free Academy | 24 |
| 8) Brushton-Moira | 13 |
| 9) Tupper Lake Central School | 12 |
| 10) Massena Central School | 9 |
| 11) Salmon River Central School | 1 |

Men - Team Rankings - 14 Events Scored

| | |
|-------------------------------|-------|
| 1) Potsdam Central School | 102.5 |
| 2) Massena Central School | 84 |
| 3) Tupper Lake Central School | 79.5 |
| 4) Franklin Academy | 77.5 |

Indoor meet 5 - 1/17/2025

St. Lawrence

Results - Full meet

| | |
|-----------------------------------|------|
| 5) Canton Central School | 60 |
| 6) Indian River Central School | 51.5 |
| 7) Norwood-Norfolk Central School | 41 |
| 8) Ogdensburg Free Academy | 16 |
| 9) Gouverneur Central School | 11 |
| 9) Brushton-Moira | 11 |
| 11) Salmon River Central School | 10 |